



Phoenix

Project Newsletter

#1, August 2026

Welcome to the PHOENIX Project

We are pleased to share the first update from the PHOENIX project.

PHOENIX is an Erasmus+ project running from March 2026 to February 2028. It focuses on strengthening the resilience skills of pre-service teachers and supporting inclusive teaching practices in Higher Education. Through practical resources such as a Resilience Handbook, a MOOC and immersive VR workshops, PHOENIX will help future teachers prepare for real classroom challenges.

The PHOENIX Consortium

The project brings together six partner organisations from across Europe:

- UNIVERSITY OF PELOPONNESE, Greece
- Spectrum Research Centre CLG, Ireland
- SEMwell a Motion Digital s.r.o., Czechia
- UNIVERSIDAD DEL PAIS VASCO/EUSKAL HERRIKO UNIBERTSITATEA, Spain
- TECHNOLOGIKO PANEPISTIMIO KYPROU, Cyprus
- OULUN YLIOPISTO, Finland

Kick-off Meeting in Kalamata

The project was officially launched with a hybrid kick-off meeting in Kalamata, Greece, in April 2026, where partners met to discuss the project goals, work packages, responsibilities and next steps. The meeting provided a valuable opportunity to align our shared vision and plan the first stages of the project.



Work in Progress: Handbook and MOOC

The consortium is now actively working on the content for the PHOENIX Handbook and MOOC. These resources will provide future teachers with practical knowledge, reflection tools and strategies related to topics such as resilience, wellbeing, communication, adaptability and emotional regulation.

Project Website Is Now Live

We are also happy to share that the [PHOENIX project website](https://www.phoenix-project.eu/) is now live. It will serve as the main space for project updates, resources and future outputs. The website is currently available in English and will soon be available in all partner languages.

Project Social Media

Follow us on:

Instagram: <https://www.instagram.com/phoenix.erasmus/>

LinkedIn: <https://www.linkedin.com/showcase/phoenix-erasmus-project/about/>

Contact

On behalf of the Cyprus University of Technology, the project is being implemented by Prof. Andreas Lanitis and Dr. Kalliopi-Evangelia Stavroulia, who are responsible for coordinating and carrying out the relevant project activities.

For more information about the PHOENIX project, please contact them via email:

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University of the Peloponnese

SEM *well* ↑

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