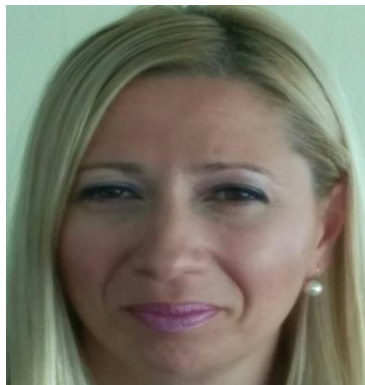


Curriculum Vitae

**Meropi D.A. Mpouzika, PhD (Intensive Care Nursing),
MSc (Intensive Care Nursing), RN**



**Associate Professor of Intensive Care Nursing
Department of Nursing
Cyprus University of Technology**

Limassol, January 2025

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A. PERSONAL DATA

Surname	Mpouzika
Name	Meropi
Father's name	Dimitrios
Mother's name	Aliki
Place of birth	Veria, Greece
Title	Ph.D. (Nursing/ Intensive Care), MSc (Nursing/ Intensive Care), Registered Nurse (BSc-Nursing)
Current position	Cyprus University of Technology, Department of Nursing, Faculty of Health Science, Clinical Education in Intensive Care Nursing (2014-)
Present post	Assistant Professor, Intensive Care Nursing, Cyprus University of Technology, Department of Nursing, Faculty of Health Science, (2020- present)
Address/ contact info	30, Archbishop Kyprianou str., 3036, Limassol, Cyprus office: 0035725002143, mobile.: 0035797798665 email: meropi.mpouzika@cut.ac.cy

B. ACADEMIC QUALIFICATIONS

<u>Institution</u>	<u>Degree</u>	<u>Dates</u>	<u>Field</u>
National & Kapodistrian University of Athens, Faculty of Nursing - Doctoral Program, Greece	Doctor of Philosophy	2002-2008	Nursing, Intensive Care Association between psychological and cellular stress factors in Multiple Organ Dysfunction Syndrome (MODS) in critical illness
National & Kapodistrian University of Athens, Faculty of Nursing - Master's Postgraduate Program, Greece	Master of Science	1997-2001	Nursing, Intensive Care Mechanisms of cellular stress in Multiple Organ Dysfunction Syndrome (MODS) in critically ill patients
National & Kapodistrian University of Athens, Faculty of Nursing, Greece	Bachelor	1993-1997	Nursing

C. PROFESSIONAL QUALIFICATIONS

1. Previous professional posts

<u>Title</u>	<u>Institution</u>	<u>Dates</u>
1. Staff Nurse - Cardiac Surgery & Surgical Intensive Care Unit (ICU)	EUROCLINIC, Athens, Greece	06/1998-07/2001
2. Staff Nurse - Surgical & Respiratory ICU	General Hospital of Athens, «THRIASIO», Greece	07/1999-08/2000
3. Staff Nurse – Dialysis Unit	General Hospital of Athens «G. GENNIMATAS», Greece	08/2000-04/2001
4. Staff Nurse - Surgical & Respiratory ICU	General Hospital of Athens «G. GENNIMATAS», Greece	04/2001-07/2010

5. Superintendent - Bureau of Nursing Administration - Head of Sector: Respiratory, Surgical & Cardiac Surgery ICU, Neurosurgical ICU & Emergency Department	METROPOLITAN HOSPITAL of Athens, Greece	08/2001-04/2014
6. Assistant Professor, Adult Medical-Surgical Nursing	Department of Nursing, Faculty of Health & Caring Professions, Technological Educational Institute (TEI) of Athens (University of West Attica since March 2018), Athens, Greece	07/2010-12/2014
7. Lecturer, Intensive Care Nursing Coordinator of MSc track 'Advanced Emergency & Intensive Care'	Department of Nursing, Faculty of Health Sciences, Cyprus University of Technology (CUT), Limassol, Cyprus	09/2014- 12/2019
8. Assistant Professor, Intensive Care Nursing Coordinator of MSc track 'Advanced Emergency & Intensive Care'	Department of Nursing, Faculty of Health Sciences, Cyprus University of Technology (CUT), Limassol, Cyprus	01/2020- present

2. Professional Licensure and Certification

- Bachelor Degree Nurse Practice License (Prefecture of Kilikis/ Registration # 4728/ 10-09-1997)
- Hellenic Nurses Association, Registered Nurse (Registration # 15799)
- Cypriot Council of Nursing & Midwifery Registered General Nurse (Registration # 7168)

3. Languages

Greek	Native language
English	First Certificate in English of Cambridge University

D. SCIENTIFIC PORTFOLIO

1. Publications

Summary of publications

- 43 papers published in international peer-reviewed journals
- 8 papers published in Greek peer-reviewed journals
- 12 abstracts published in international peer-reviewed journals' supplements
- 10 papers under review/ revision/ preparation in international and national journals
- 6 full papers published in national (Greek & Cypriot) peer-reviewed conference proceedings
- 2 theses (monographs)
- 1 chapter in university textbook
- Editing one book
- 6 abstracts published in peer reviewed national (Greek & Cypriot) and international conferences - Invited lectures
- 42 abstracts published in international conferences peer reviewed proceedings
- 67 abstracts published in national (Greek & Cypriot) conferences peer reviewed proceedings

Google Scholar Database Citations: 970, h-index: 13, i10-index: 15

Scopus Database Citations: 498, h-index: 11

I. International Peer Reviewed Journals - Papers in the English language

1. Papathanassoglou ED., Giannakopoulou M., **Mpouzika M.**, Bozas E., Karabinis A. (2010). Potential effects of stress in critical illness through the role of stress neuropeptides. *Nursing in Critical Care*, 15(4):204-216 doi:10.1111/j.1478-5153.2010.00363.x (**review paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 45 articles - Scopus: Cited by 29 articles)
2. Karanikola MN., Papathanassoglou ED., Kalafati M., Stathopoulou H., **Mpouzika M.**, Goutsikas CG. (2012). Exploration of the association between professional interactions and emotional distress of intensive care unit nursing personnel. *Dimensions of Critical Care Nursing*, 31(1):37-45 doi:10.1097/DCC.0b013e31823a55b8 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 63 articles - Scopus: Cited by 20 articles)
3. Papathanassoglou ED., **Mpouzika MD.** (2012). Interpersonal touch: physiological effects in critical care. *Biological Research for Nursing*, 14(4):431-443 doi:10.1177/1099800412451312 (**review paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 62 articles - Scopus: Cited by 33 articles)
4. Karanikola MN., Papathanassoglou ED., **Mpouzika M.**, Lemonidou C. (2012). Burnout syndrome indices in Greek intensive care nursing personnel. *Dimensions of Critical Care Nursing*, 31(2):94-101

doi:10.1097/DCC.0b013e3182445fd2 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 40 articles - Scopus: Cited by 16 articles)

5. Papathanassoglou ED., **Mpouzika MD.** (2012). Critical care in the era of global economic crisis: a nursing ethics perspective. *Nursing in Critical Care*, 17(6):275-278 doi:10.1111/j.1478-5153.2012.00536.x. (**editorial**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 14 articles - Scopus: Cited by 6 articles)

6. **Mpouzika MD.**, Papathanassoglou ED., Giannakopoulou M., Bozas E., Middleton N., Boti S., Patiraki EI., Karabinis A. (2013). Altered serum stress neuropeptide levels in critically ill individuals and associations with lymphocyte populations. *Neuropeptides*, 47(1):25-36 doi:10.1016/j.npep.2012.07.007 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 22 articles - Scopus: Cited by 15 articles)

7. Karanikola MN., Albarran JW., Drigo E., Giannakopoulou M., Kalafati M., **Mpouzika M.**, Tsiaousis GZ., Papathanassoglou ED. (2014). Moral distress, autonomy and nurse-physician collaboration among intensive care unit nurses in Italy. *Journal of Nursing Management*, 22(4):472-484 doi:10.1111/jonm.12046 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 194 articles - Scopus: Cited by 110 articles)

8. Papathanassoglou ED., **Mpouzika MD.**, Giannakopoulou M., Bozas E., Middleton N., Boti S., Karabinis A. (2015). Pilot investigation of the association between serum stress neuropeptide levels and lymphocyte expression of fas and fas ligand in critical illness. *Biological Research for Nursing* 17(3):285-294 doi:10.1177/1099800414542871 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 10 articles - Scopus: Cited by 7 article)

9. Karanikola M., Giannakopoulou M., **Mpouzika M.**, Kaite CP., Tsiaousis GZ., Papathanassoglou ED. (2015). Dysfunctional psychological responses among Intensive Care Unit nurses: a systematic review of the literature. *Revista da Escola de Enfermagem da USP*, 49(5):847-857 doi:10.1590/S0080-623420150000500020 (**systematic review paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 113 articles - Scopus: Cited by 46 articles)

10. Haikali S., Karanikola MNK., Giannakopoulou M., **Mpouzika MDA.**, Lemonidou C., Patiraki E., Papathanassoglou EDE. (2016). Validation of the Greek version of the revised Moral Distress Scale in critical care nurses. *CONNECT: The World of Critical Care Nursing*, 10(2):72-77 (**research paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 8 articles - Scopus: Cited by 0 articles)

11. Karanikola MN., Giannakopoulou M., Kalafati M., Kaite CP., Patiraki E., **Mpouzika M.**, Papathanassoglou EE., Middleton N. (2016). Anxiety symptoms and quality of interaction among oncology nurses: a correlational, cross-sectional study. *Revista da Escola de Enfermagem da USP*, 50(5):800-807 doi:10.1590/S0080-623420160000600013 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 24 articles - Scopus: Cited by 13 article)
12. Parissopoulos S., **Mpouzika MD.**, Timmins F. (2017). Optimal support techniques when providing mechanical ventilation to patients with acute respiratory distress syndrome. *Nursing in Critical Care*, 22(1):40-51 doi:10.1111/nicc.12205 (**review paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 9 articles - Scopus: Cited by 5 articles)
13. Papathanassoglou E., **Mpouzika MD.**, Giannakopoulou M., Bozas E., Middleton N., Tsiaousis G., Karabinis A. (2017). Association between lymphocyte expression of the apoptotic receptor Fas and pain in critically ill patients. *Journal of Pain Research*, 10:175-181 doi:10.2147/JPR.S118105 (**research paper**) ((indexed in PubMed, Scopus) (Google Scholar: Cited by 1 article - Scopus: Cited by 1 articles)
14. **Mpouzika MDA.**, Giannakopoulou M., Papathanassoglou EDE. (2017). Effects of critical care-related stressors on physiological stress response markers: a pilot study. *CONNECT: The World of Critical Care Nursing*, 11(1):13-17 (**research paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)
15. **Mpouzika MDA.**, Karabinis A., Tsiaousis G., Spirou P., Papadimitriou E., Tsironas K., Papathanassoglou EDE. (2017). Diagnostic radiation exposure of critically ill patients at the intensive care unit. *CONNECT: The World of Critical Care Nursing*, 11(2): 33-37 (**research paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)
16. **Mpouzika MDA.**, Haikali S., Giannakopoulou M., Karanikola MNK., Lemonidou C., Patiraki E., Papathanassoglou EDE. (2017). A descriptive correlational study of nurse-physician collaboration in adult critical care in Greece. *CONNECT: The World of Critical Care Nursing*, 11(3): 65-68 (**research paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 4 articles - Scopus: Cited by 0 articles)

17. Aliza Kozyakovsky A., **Mpouzika MDA.**, Lasiuk G., Norris CM. (2017). Blood glucose control in sepsis: a comprehensive narrative review. *CONNECT: The World of Critical Care Nursing*, 11(3): 59-64 (**research paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

18. Karanikola NKM., Giannakopoulou M., **Mpouzika M.**, Nicolaou C., Tsiaousis G., Vouzavali F., Koutrouba A., Papathanassoglou EDE. (2017). Perceptions of critical and emergency department nurses regarding changes in their professional role. *Revista da Escola de Enfermagem da USP*, 51:e03287 doi:10.1590/s1980-220x2017014403287 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 4 articles - Scopus: Cited by 1 articles)

19. **Mpouzika MDA.**, Mpouzika E., Papathanassoglou EDE. (2018). The effect of the Greek financial crisis on the operation of public ICUs. *CONNECT: The World of Critical Care Nursing*, 12(2): 48-51 (**narrative review paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 7 articles - Scopus: Cited by 0 articles)

20. Karanikola NKM., **Mpouzika M.** (2018). Time to create a healthy work environment in ICU: A review of current evidence and commentary. *CONNECT: The World of Critical Care Nursing*, 12(2): 44-47 (**narrative review paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 9 articles - Scopus: Cited by 0 articles)

21. Kapritsou M., Papathanassoglou ED., Konstantinou EA., Korkolis DP., **Mpouzika M.**, Kaklamanos I., Giannakopoulou M. (2020). Effects of the enhanced recovery program versus conventional care on the recovery and stress response in pancreatoduodenectomized cancer patients. *Gastroenterology Nursing* 43(2): 146-155 doi:10.1097/SGA.0000000000000417 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 9 articles - Scopus: Cited by 7 articles)

22. Aristidou L., **Mpouzika MDA.**, Karanikola M. (2020). Exploration of workplace bullying in emergency and critical care nurses in Cyprus. *CONNECT: The World of Critical Care Nursing*, 13(4): 162-174 (**research paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 6 articles)

23. Aristidou L., **Mpouzika M.**, Papathanassoglou E.D.E., Middleton N., Karanikola M.N.K. (2020). Association between workplace bullying occurrence and trauma symptoms among healthcare professionals in Cyprus. *Frontiers in Psychology* 11:575623 doi:10.3389/fpsyg.2020.575623 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 22 articles - Scopus: Cited by 11 articles)

24. **Mpouzika M.**, Karanikola M., Panayiotou E., Raftopoulos V., Middleton N., Papathanassoglou E. (2021). Nurses' attitudes and knowledge regarding patient rights: a systematic review. *Revista da Escola de Enfermagem da USP* 55:e03678 doi:10.1590/S1980-220X2019037603678 (**systematic review paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 9 articles - Scopus: Cited by 1 articles)

25. **Mpouzika M.**, Karanikola M., Papathanassoglou E. (2021). Critical care nurses facing trauma as 2020—the year of the Nurse—ends. *CONNECT: The World of Critical Care Nursing* 14(2): 46-49 (**research paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

26. Karanikola M., Alexandrou G., **Mpouzika M.**, Chatzittofis A., Kusi-Appiah E., Papathanassoglou E. (2021). Pilot exploration of post-traumatic stress symptoms in intensive care unit survivors in Cyprus. *Nursing in Critical Care* 26(2): 109-117 doi:10.1111/nicc.12574 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 3 articles - Scopus: Cited by 4 articles)

27. Labeau S.O., Afonso E., Benbenishty J., Blackwood B., Boulanger C., Brett S.J., Calvino-Gunther S., Chaboyer W., Coyer F., Deschepper M., François G., Honore P.M., Jankovic R., Khanna A.K., Llauro-Serra M., Lin F., Rose L., Rubulotta F., Saager L., Williams G., Blot S.I.; **DecubiCUs Study Team**; European Society of Intensive Care Medicine (ESICM) Trials Group Collaborators. (2021). Prevalence, associated factors and outcomes of pressure injuries in adult intensive care unit patients: the DecubiCUs study. *Intensive Care Medicine* 47(4): 503-520 doi:10.1007/s00134-020-06327-5 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 206 articles - Scopus: Cited by 123 articles)

28. Sokratous S., **Mpouzika M.D.A.**, Kaikoushi K., Hatzimilidonis L., Koutroubas V.S., Karanikola M.N.K. (2021). Medical cannabis attitudes, beliefs and knowledge among Greek-Cypriot University nursing students. *Complement Therapies in Medicine* 58: 102707 doi:10.1016/j.ctim.2021.102707 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 8 articles - Scopus: Cited by 0 articles)

29. Giannakopoulou M., Vouzavali F., Paikopoulou D., Paschali A., **Mpouzika M.D.A.**, Karanikola M.N.K. (2021). Attitudes, beliefs and knowledge towards medical cannabis of Greek undergraduate and postgraduate university nursing students. *Complement Therapies in Medicine* 58: 102703 doi:10.1016/j.ctim.2021.102703 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 6 articles - Scopus: Cited by 6 articles)

30. Deschepper M., Labeau S.O., Waegeman W., Blot S.I.; **DecubICUs study Team**; European Society of Intensive Care Medicine (ESICM) Trials Group collaborators. (2021). Pressure injury prediction models for critically-ill patients should consider both the case-mix and local factors. *Intensive and Critical Care Nursing* 65:103033. doi: 10.1016/j.iccn.2021.103033 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 16 articles - Scopus: Cited by 15 articles)

31. **Mpouzika M.**, Karanikola M., Rossis C., Papageorgiou G. (2022). Nursing initiatives in the emergency department during the COVID-19 pandemic: The COVID-19 update team. *International Journal of Critical Care* 16(1), 68-72 (**practice development paper**) (indexed in CINAHL, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

32. Sokratous S., Kaikoush K., **Mpouzika M.D.**, Alexandrou G., Karanikola N.M. (2022). Attitudes, beliefs and knowledge about medical cannabis among nurses and midwives in Cyprus: a cross-sectional descriptive correlational study. *BMC Nursing* 21(1): 120 doi:10.1186/s12912-022-00887-1 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 5 articles - Scopus: Cited by 2 articles)

33. Spronk P.E., Spronk L.E.J., Egerod I., McGaughey J., McRae J., Rose L., Brodsky M.B.; **DICE study investigators**. (2022). Dysphagia in Intensive Care Evaluation (DICE): An International Cross-Sectional Survey. *Dysphagia* doi:10.1007/s00455-021-10389-y (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 17 articles - Scopus: Cited by 12 articles)

34. Georganta A., Koreli A., Mantoudi A., **Mpouzika M.**, Androulakis E., Dokoutsidou E., Tsiou C., Adamakidou T. (2022). Translation and validation of Reflux-Qual Short-Form questionnaire in a Greek sample with gastroesophageal reflux disease. *Gastroenterology Nursing* doi:10.1097/SGA.0000000000000655 (**research paper**) (indexed in PubMed, Scopus) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

35. Karanikola M., **Mpouzika M.**, Papathanassoglou E., Kaikoushi K., Hatzioannou A., Leontiou I., Livadiotis

C., Christophorou N., Chatzittofis A. Work-related traumatic stress response in nurses employed in COVID-19 settings. (2022). *International Journal of Environmental Research and Public Health*. 19(17):11049. doi: 10.3390/ijerph191711049. **(research paper)** (indexed in PubMed, Scopus) (Google Scholar: Cited by 6 articles - Scopus: Cited by 2 articles)

36. Sokratous S., **Mpouzika M.**, Kaikoushi K., Alexandrou G., Karanikola M. Attitudes, beliefs, and knowledge regarding medical cannabis among healthcare students in the Republic of Cyprus: a cross-sectional descriptive correlational study. (2023). *Frontiers in Psychiatry* 14;14:1196915. doi: 10.3389/fpsyt.2023.1196915. **(research paper)** (indexed in PubMed, Scopus) (Google Scholar: Cited by 6 articles - Scopus: Cited by 0 articles)

37. Parissopoulos S., Timmins F., **Mpouzika M.**, Mantzorou M, Kapadochos T, Papagaroufali E. Intensive care nurses' experience of caring in Greece; A qualitative study. (2023). *Healthcare (Basel)* 5;11(2):164. doi: 10.3390/healthcare11020164. **(research paper)** (indexed in PubMed, Scopus) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

38. **Mpouzika M.**, Iordanou S., Kyranou M., Iliopoulou K., Parissopoulos S., Kalafati M., Karanikola M., Papathanassoglou E. (2023). Strategies of screening and treating post-extubation dysphagia: An overview of the situation in Greek-Cypriot ICUs. *Healthcare (Basel)* 11(16):2283. doi: 10.3390/healthcare11162283. **(research paper)** (indexed in PubMed, Scopus) (Google Scholar: Cited by 1 articles - Scopus: Cited by 0 articles)

39. Rossis C., Michail K.A., Middleton N., Karanikola M., Papathanassoglou E., **Mpouzika M.** (2023). Knowledge on stroke recognition and management among emergency department healthcare professionals in the Republic of Cyprus. *Healthcare (Basel)* 12(1):77. doi: 10.3390/healthcare12010077. **(research paper)** (indexed in PubMed, Scopus) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

40. **Mpouzika M.**, Rossis C., Tsiaousis G., Karanikola M., Chatzi M., Parissopoulos S., Papathanassoglou E.T (2023). The potential role of gender in the incidence, management, and outcomes of stroke in patients suffering from COVID-19: A brief review. *Cureus* 15(12): e50302. doi: 10.7759/cureus.50302 **(research paper)** (indexed in PubMed). (Google Scholar: Cited by 0 articles)

41. Christofi M.D., Giannakou K., **Mpouzika M.**, Merkouris A., Stylianide M.V., Charalambous A. (2024). The

effectiveness of oral bovine lactoferrin compared to iron supplementation in patients with a low hemoglobin profile: A systematic review and meta-analysis of randomized clinical trials. *BMC Nutrition* 10(1):20. doi: 10.1186/s40795-023-00818-6. **(research paper)** (indexed in PubMed, Scopus) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

42. **Mpouzika M.**, Karanikola M., Blot S.I. (2024). The conundrum of predicting neurological outcomes in non-traumatic coma patients: True prediction or “Flipping a Coin”? *Intensive and Critical Nursing* 17:83:103707. doi: 10.1016/j.iccn.2024.103707 **(editorial)**. (indexed in PubMed, Scopus).

43. Karanikola M., **Mpouzika M.**, Georgiou C. (2024) Association between self-assessed empathic skills, depressive symptoms and job satisfaction: A descriptive correlational study in Greek-speaking critical care nurses in Cyprus. *International Journal of Critical Care* **(research paper)** (indexed in CINAHL, Google Scholar).

44. **Mpouzika M.**, Van Mol Margo. (2024). Music as healing: The road ahead in seeking the right tone. *Intensive and Critical Nursing* **(editorial)**. (indexed in PubMed, Scopus).

45. Bellali T., Theodorou P., Psomiadi M., Konstantakopoulou O., Platis C., **Mpouzika M.**, Manomenidis G. (2024). Assessing the effect of transactional leadership and empowerment on nursing staff’s satisfaction: a cross-sectional study. *Florence Nightingale Journal of Nursing*. 32(3):277-283. doi: 10.5152/FNJN.2024.24140. **(research paper)** (indexed in Scopus, Google Scholar)

46. Constantinou D., Leontiou I., **Mpouzika M.**, Michail K.O., Middleton N., Merkouris A. (2024). Health Care Workers’ knowledge and perceptions on WHO hand hygiene guidelines, and the perceived barriers to compliance with hand hygiene in Cyprus. *BMC Nursing*. 23(1):681. doi: 10.1186/s12912-024-02359-0. Erratum for: *BMC Nursing*. 23(1):644. doi: 10.1186/s12912-024-02181-8. **(research paper)** (indexed in Scopus, Google Scholar)

47. **Mpouzika M.**, Karanikola M., Papathanassoglou E. (2025). Silent struggles: Persistent stress responses in sedated ICU patients. *Intensive and Critical Nursing* 87:103936. doi: 10.1016/j.iccn.2024.103936 **(editorial)**

48. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Skopeliti N., **Mpouzika M.** (2025). Chronic pain in ICU survivors: Potential risk factors and relationship with post-traumatic stress

disorder symptoms and health related quality of life. *Intensive and Critical Care Nursing*. 88:104003. doi: 10.1016/j.iccn.2025.104003. **(research paper)** (indexed in Scopus, Google Scholar)

II. International Peer Reviewed Journals – Papers in the Greek language

1. Papathanassoglou EDE., **Mpouzika M.** (2003). Psychoneuroimmunology in Oncology Nursing. Review of the Literature and Implications. *Nosileftiki* 43(3): 279-291 **(review paper)** (indexed in Scopus, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

2. Karanikola M., **Mpouzika M.** (2005). Spinal cord injuries: The role of the nurse in their management. *Nosileftiki* 44(4): 446-456 **(review paper)** (indexed in Scopus, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

3. **Mpouzika M.**, Papathanassoglou EDE. (2008). Pathophysiology and neuroendocrine response in the multiple organ dysfunction syndrome. *Nursing Care & Research*, 22: 43-52 **(review paper)** (indexed in CINAHL) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

4. **Mpouzika MDA.**, Kletsiou H., Papathanassoglou EDE., Petsa C. (2008). Validation of the Hellenic version of two behavioral pain scales in communicating and non-communicating critically ill patients. *Nosileftiki* 48(3): 308-316 **(research paper)** (indexed in Scopus, Google Scholar) (Google Scholar: Cited by 1 article - Scopus: Cited by 0 articles)

5. Karanikola MNK., Stathopoulou H., Kalafati M., Terzi A., **Bouzika M.**, Papathanassoglou EDE. (2009). Assessment of anxiety symptoms among intensive care nursing personnel in Greece. *Nosileftiki* 48(4): 447-457 **(research paper)** (indexed in Scopus, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

6. Koutsidou A., Kletsiou E., Karra V., **Mpouzika M.**, Papathanassoglou E., Matziou V., Elefsiniotis I., Giannakopoulou M. (2014). Pilot evaluation of the knowledge of emergency and intensive care nurses about pregnant trauma patient management. *Hellenic Journal of Nursing* 53(4): 359-368 **(research paper)** (indexed in Scopus, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

7. Kalafati M., Nieri A., Dede, M., Tziaferi S., Karanikola M. **Mpouzika M.**, Lemonidou C. (2019). Cultural adaptation and reliability of "Bullying in Nursing Education Questionnaire" in nursing university students. *Hellenic Journal of Nursing* 58(2): 139-149 (**research paper**) (indexed in Scopus, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

8. **Mpouzika M.** (2021). Clinical training of nursing students during the Covid-19 pandemic: Trainees, volunteers or workforce? *Hellenic Journal of Nursing* 60(1): 9-11 (**editorial**) (indexed in Scopus, Google Scholar) (Google Scholar: Cited by 0 articles - Scopus: Cited by 0 articles)

9. **Mpouzika M.**, Stamatakis A., Karanikola M., Giannelou E., Papathanasoglou E. (2024). Stress and consequences in sedated ICU patients. *Hellenic Journal of Nursing* 64 (Supplementary issue): 7-15 (**Continuing nursing education article**) (indexed in Scopus, Google Scholar)

10. Constantinou D., Leontiou I., **Mpouzika M.**, Middleton N., Merkouris A. (2025). Compliance of health professionals with the "5 moments" of hand hygiene. *Archives of Hellenic Medicine* 42(4): July-August 540-547 (**research paper**) (indexed in Scopus, Google Scholar)

III. International Peer Reviewed Journals - Abstracts in the English language published in Journals' supplements

1. Kletsiou E., **Mpouzika M.**, Papathanassoglou EDE. (2009). Use of behavioural pain scales in coronary and critical care patients. A comparative validation study. *European Journal of Cardiovascular Nursing*, April 2009, Vol. 8 Supp1, S23 (**research paper**) [9th Annual Spring Meeting on Cardiovascular Nursing 2009]

2. Karabinis A., Spirou P., Tsironas K., Petsa C., Koukoulitsios G., **Mpouzika M.**, Karakitsos D. (2010). Medical radiation exposure in critically ill patients at the intensive care unit. *Intensive Care Medicine*, September 2010, Vol.36, S2, S283 (**research paper**) [ESICM LIVES 2010]

3. **Mpouzika M.**, Giannakopoulou M., Bozas E., Tselios K., Kletsiou E., Tambaki E., Pateli I., Karabinis A., Papathanassoglou E. (2010). Suppressed neuropeptides levels and association with disease severity and pain levels in patients with multiple organ dysfunction syndrome (MODS). *Intensive Care Medicine*, September 2010, Vol.36, S2, S430 (**research paper**) [ESICM LIVES 2010]

4. Papathanassoglou E., **Mpouzika M.**, Giannakopoulou M., Bozas E., Boti S., Middleton N., Karabinis A. (2014). Lymphocyte expression of apoptotic markers associates with pain ratings in critically ill patients. *CONNECT: The World of Critical Care Nursing*, 9(2):48-49 (**research paper**) [WFSICCM/WFCCN World Congress, Durban, South Africa, 28 August - 01 September 2013]

5. Papathanassoglou E., Karanikola M., **Mpouzika M.**, Boti S. (2014). Pilot exploration of the association between lymphocyte counts, apoptotic markers and anxiety symptoms in critical care nurses. *CONNECT: The World of Critical Care Nursing*, 9(2):49 (**research paper**) [WFSICCM/WFCCN World Congress, Durban, South Africa, 28 August - 01 September 2013]

6. Papathanassoglou E., **Mpouzika M.**, Giannakopoulou M., Bozas E., Boti S., Middleton N., Karabinis A. (2014). Serum stress neuropeptide levels associate with lymphocyte expression of apoptotic markers in critical illness. *CONNECT: The World of Critical Care Nursing*, 9(2):49-50 (**research paper**) [WFSICCM/WFCCN World Congress, Durban, South Africa, 28 August - 01 September 2013]

7. Kalafati M., Tziaferi S., Nieri A.S., Dede M.N., Karanikola M., **Mpouzika M.**, Lemonidou C. (2019). Cultural adaptation in Greek language and validation of the instrument «Bullying in Nursing Education Questionnaire (BNEQ)» to university nursing students. *BMC Nursing* 2019, 18(Suppl 2):55 <https://doi.org/10.1186/s12912-019-0370-y> (**research paper**) [Conference Abstracts: European Academy of Nursing Science Summer Conference 2019. Lisbon, Portugal. 10-11 July 2019]. <https://link.springer.com/content/pdf/10.1186/s12912-019-0370-y.pdf>

8. Aristidou L., Karanikola M., **Mpouzika M.**, Papathanassoglou E. (2020). Workplace bullying-related trauma symptoms in emergency and critical care nurses. *Australian Critical Care* 33 (2020) S1eS48 [14th World Congress of Intensive Care, 14-18 October, Australia] (**research paper**)

9. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Middleton N., **Mpouzika M.** (2021). Pain measurement variation in critically ill patients throughout time of day in different admission groups in a general ICU. *Intensive Care Medicine Experimental* 2021, 9(Suppl1): 51/ 001061 [ESICM LIVES 2021: Part 1] <https://doi.org/10.1186/s40635-021-00413-8> (**research paper**)

10. Rossis C., Giannelou E., Karanikola M., Andreou C., Middleton N., Papageorgiou G., Papathanassoglou E., **Mpouzika M.** (2021). Assessing knowledge gap of emergency department nurses and physicians

regarding ischemic strokes. *Intensive Care Medicine Experimental* 2021, 9(Suppl 1): 50/ 001168 [ESICM LIVES 2021: Part 2] <https://doi.org/10.1186/s40635-021-00415-6> (research paper)

11. **Mpouzika M.**, Iordanou Σ., Kyranou M., Iliopoulou K., Parissopoulos S., Kalafati M., Karanikola M., Papathanassoglou E. (2023). Mapping the management of post-extubation dysphagia: An overview of practice in Greek-Cypriot ICUs. *Intensive Care Medicine Experimental* 2023, 11 (Suppl 1):72 <https://doi.org/10.1186/s40635-023-00546-y> (research paper)

12. Georgiou C., Middleton N., **Mpouzika M.**, Lambrinou E., Vakanas K., Karatzia A., Hajimbalassi M. (2024). Effect of an interdisciplinary sepsis team on the management of patients with sepsis and septic shock in the emergency department: A literature review. *Journal of Critical Care*. 81, 154666, <https://doi.org/10.1016/j.jcrc.2024.154666> [16th World Intensive and Critical Care Congress 2023] (research paper)

IV. International Peer Reviewed Journals - Articles in the English language under review/ preparation/ revision

1. Georgiou E., **Mpouzika M.**, Friganović A., Sabou A., Gutysz-Wojnicka A., Alfonso-Arias C., Curado-Santos E., Slijepčević J., Coțiu M.A., Llauro-Serra M., Penar-Zadarko B., Režić S., Dobrowolska B., Kyranou M., Intensive care unit nurses' perceptions of healthy work environments: a cross-sectional study from five European countries. *Journal of Advanced Nursing* (under review) (research paper)

2. **Mpouzika M.**, Kotanidi V. ICU nurses' knowledge and attitudes about fever in critically ill patients. (under preparation) (research paper)

3. Pitsillidou S., Papageorgiou G., Karanikola M., Rossis C., Athinis G., Giannelou E., **Mpouzika M.** Exploring the impact of cardiopulmonary resuscitation education on the proficiency and two-month retention of high-quality cardiopulmonary resuscitation skills in final year Greek Cypriots nursing students. (under preparation) (research paper)

4. Giannelou E, Papathanassoglou E, Karanikola M., Giannakopoulou M, , Bozas E., **Mpouzika M.** Presence of pain and associated factors in critically ill patients- a five days follow-up. (under preparation) (research paper)

V. International Peer Reviewed Journals - Articles in the Greek language under preparation/ review/ revision

VI. Full papers in Peer-Reviewed Conference Proceedings

VI.1. National (Greek & Cypriot) Peer-Reviewed Conference Proceedings/ Full papers

1. **Mpouzika M.** (1999). Epidemiology of hospital infections. *26th National Conference of the Hellenic National Association of Nurses*, 25-27 May, Corfu, Greece **(review paper)**
2. **Mpouzika M.** (1999). ICU nurses' specialty. *Post-graduate Education in Nursing Oncology and Psycho-oncology (10/1998 – 1/1999)*. *Hellenic anti-cancer Society and Hellenic Society of Nursing Studies*, Athens, Greece **(review paper)**
3. **Mpouzika M.** (1999). Nursing care in dialysis patient. *Post-graduate Education in Nursing Oncology and Psycho-oncology (3/1999 – 6/1999)*. *Hellenic anti-cancer Society and Department of Nursing Oncology*, Athens, Greece **(review paper)**
4. **Mpouzika M.** (1999). Fighting cancer – Nursing approach – Pain management. *Post-graduate Education in Nursing Oncology and Psycho-oncology (11/1999 – 2/2000)*. *Hellenic anti-cancer Society and Department of Nursing Oncology*, Athens, Greece **(review paper)**
5. **Mpouzika MDA.**, Papathanassoglou EDE., Boti S., Viglis V., Petsa Ch., Giannakopoulou M., Bozas E., Androulakis I. (2008). Association of stress neuropeptides with apoptosis and survival in critically ill patients. *4th Nursing Symposium of the Working Group of Emergency and Intensive Care of the Hellenic National Association of Nurses: Safety, Quality, Change*, 7-9 November, Thessaloniki, Greece **(research paper)**
6. Giannakopoulou M., **Mpouzika MDA.**, Bozas E., Androulakis I., Karabinis A., Viglis V., Papathanassoglou EDE. (2008). Detection of the levels of neuropeptidic and apoptotic indices in critically ill patients with head injury, and associations with pain indices. *4th Nursing Symposium of the Working Group of Emergency and Intensive Care of the Hellenic National Association of Nurses: Safety, Quality, Change*, 7-9 November, Thessaloniki, Greece **(research paper)**

VII. Theses (Monographs)

1. **Mpouzika D.A. Meropi** (2001). Mechanisms of cellular stress in Multiple Organ Dysfunction Syndrome (MODS) in critically ill patients. National & Kapodistrian University of Athens, Faculty of Nursing, Master's

Thesis, Athens, Greece

2. **Mpouzika D.A. Meropi** (2008). Association between psychological and cellular stress factors in Multiple Organ Dysfunction Syndrome (MODS) in critical illness. National & Kapodistrian University of Athens, Faculty of Nursing, PhD Thesis, Athens, Greece

VIII. Textbooks and book chapters

VIII.1 University textbooks, scientific notes and teaching manuals (written in Greek)

1. Papathanassoglou EDE., **Mpouzika M.** «Multiple organ dysfunction syndrome» pp.: 802-818 in: *Emergency & Critical Care Nursing*. Papathanassoglou EDE (2003). University of Athens, Faculty of Nursing, Athens, Greece

VIII.2 Editing in Books/ Proceedings (written in Greek)

1. **Wound**. *Hellenic Society of Nursing Studies, Department of Nursing, University of Athens and Hellenic anti-cancer Society, Athens (02/1997)*

IX. Papers presented at Peer Reviewed Conferences - Invited lectures

IX.1 National (Greek & Cypriot) conferences/ Invited lectures

1. **Mpouzika M.** (2012). Evaluation of nursing care. Is it possible? *8th International Annual Conference «Developments 2012 & Prospects 2013 in Cardiology»*. B' University affiliated Cardiology Unit, Attikon Hospital, 14-15 December, Athens, Greece **(review paper)**

2. **Mpouzika M.**, Papathanassoglou E., Hadjibalassi M., Karanikola M. (2016). Biological research in Emergency and Intensive Care Nursing. *8th Nursing Symposium of the Working Group of Emergency & Intensive Care of the Hellenic National Association of Nurses*, 21-23 October, Heraklion, Crete **(review paper)**

3. **Mpouzika M.** (2016). Association between biological stress markers and lymphocytes' sub-population in critically ill patients. *«New trends & developments in Emergency & Intensive Nursing Care in Cyprus»*. Working Group of Emergency & Intensive Nursing Care of Cyprus Nurses and Midwives Association, 4 November, Pafos, Cyprus **(research paper)**

4. **Mpouzika M.** (2022). The veiled fragility of critically ill patients. *49th National Conference of the Hellenic National Association of Nurses, 18-21 May, Chios, Greece (review paper)*

5. **Mpouzika M.** (2022). The impact of hidden aggravating factors of ICU environment on patient healing power. *29th National Conference of the Cyprus Nurses and Midwives Association. 11-12 November, Agros, Cyprus (review paper)*

IX.2. Invited lectures at international organizations

Mpouzika M. (2020). Multiple Organ Dysfunction Syndrome. Continulus: Learning platform for Continuing Professional Development

<https://www.continulus.com/library/multiple-organ-dysfunction-syndrome-part-1/>

<https://www.continulus.com/library/multiple-organ-dysfunction-syndrome-part-2/?collection=critical+care+nursing&chapter=resuscitation+%26+trauma>

X. Papers presented at Conferences Peer Reviewed Proceedings/ Abstracts

X.1. International Conferences Peer Reviewed Proceedings/ Abstracts

1. Papathanasoglou EDE., Giannakopoulou M., Kalafati M., **Mpouzika M.**, Tseroni M. (2003). Validation and modification of the critical care nursing situation index for assessing the safety of intensive care in Greece. *7th State of the Art. Interdisciplinary Review Course, 17-20 April, Athens, Greece (research paper, oral presentation)*

2. Papathanassoglou EDE., Tseroni M., **Mpouzika M.** (2003). Adequacy of pain assessment in the ICU: Meta-analysis and Conceptual Framework. *7th State of the Art. Interdisciplinary Review Course, 17-20 April, Athens, Greece (research paper, poster presentation)*

3. Karanikola M., Papathanassoglou E.D.E., **Mpouzika M.**, Tzovara A., Boules P. (2005). Association between professional satisfaction and self-esteem in Hellenic intensive care nurses. *2nd Congress of the European Federation of Critical Care Nursing Associations, 10-12 November, Amsterdam, Netherlands (research paper, oral presentation)*

4. **Mpouzika M.**, Papathanassoglou E.D.E., Mpoti S., Viglis V. (2006) Association of lymphocyte apoptotic markers to nursing care intensity, severity and patient stress in critical illness: A pilot study. *10th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care, 6-9 April, Athens, Greece (research paper, oral presentation)*

5. Karanikola M., Papathanasoglou E.D.E., **Mpouzika M.**, Tzovara A., Kostaki D., Boules P. (2006). Professional satisfaction and burnout syndrome: findings in intensive care and emergency department Hellenic nurses. Nursing Symposium, *10th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care, 6-9 April, Athens, Greece (research paper, poster presentation)*

6. **Mpouzika MDA.**, Giannakopoulou M., Bozas E., Androulakis J., Patiraki E., Papathanassoglou EDE. (2008). Association between stress neuropeptide levels, pain and nursing interventions in critically ill patients. *3rd EfCCNa & 27th Aniarti Congress, 9-11 October, Florence, Italy (research paper, oral presentation)*

7. Kletsiou E., **Mpouzika MDA.**, Papathanassoglou EDE. (2008). Validation of behavioral pain scales in verbal and non-verbal patients. *3rd EfCCNa & 27th Aniarti Congress, 9-11 October, Florence, Italy (research paper, poster presentation)*

8. Giannakopoulou M., **Mpouzika M.**, Bozas E., Androulakis J., Papathanassoglou EDE. (2008). Stress hormone levels and cellular apoptotic markers in critically ill individuals with traumatic brain injury. *22nd Conference of the Hellenic Society for Neuroscience, Eugenides Foundation, 16-19 October, Athens, Greece (research paper, poster presentation)*

9. **Mpouzika MDA.**, Papathanassoglou EDE., Giannakopoulou M., Bozas E., Petsa Ch., Karakitsos D. (2009). Association between peripheral blood lymphocyte subsets and expression of apoptotic markers with multiple organ dysfunction severity and estimated psychological stress. *13th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care, 2-4 April, Athens, Greece (research paper, oral presentation)*

10. Kletsiou E., **Mpouzika MDA.**, Papathanassoglou EDE. (2009). Psychometric properties of behavioral pain scales in coronary and trauma critical care patients. *13th State of the Art Interdisciplinary Review Course on*

Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care, 2-4 April, Athens, Greece (research paper, poster presentation)

11. Kletsiou E., **Mpouzika MDA.**, Papathanassoglou EDE. (2009). Use of behavioral pain scales in coronary and critical care patients. A comparative validation study. *9th Annual Spring Meeting on Cardiovascular Nursing, 23-26 April, Dublin, Ireland (research paper, oral presentation)*

12. **Mpouzika MDA.**, Papathanassoglou EDE., Giannakopoulou M., Bozas E., Mpoti S., Karabinis A. (2009). Stress peptide levels and lymphocyte apoptosis in critical illness. *10th Congress of the World Federation of Societies of Intensive & Critical Care Medicine, 28 August–1 September, Florence, Italy (research paper, poster presentation)*

13. Karabinis A., Spirou P., Tsironas K., Petsa Ch., Koukoulitsios G., **Mpouzika M.**, Karakitsos D. (2010). Medical radiation exposure in critically ill patients at the intensive care unit. *23rd Annual Congress of European Society of Intensive Care Medicine, 9–13 October, Barcelona, Spain (research paper, poster presentation)*

14. **Mpouzika M.**, Giannakopoulou M., Bozas E., Tselios K., Kletsiou E., Tambaki E., Pateli I., Karabinis A., Papathanassoglou E. (2010). Suppressed neuropeptides levels and association with disease severity and pain levels in patients with multiple organ dysfunction syndrome (MODS). *23rd Annual Congress of European Society of Intensive Care Medicine. 9–13 October, Barcelona, Spain (research paper, poster presentation)*

15. **Mpouzika M.**, Giannakopoulou M., Bozas E., Mpoti S., Kletsiou E., Tamvaki E., Pateli I., Karabinis A., Fouka G., Papathanassoglou E. (2011). Multiple Organ Dysfunction Syndrome (MODS): A State of Decreased Stress Hormone Levels and Association with Survival and Pain. *4th EfCCNa Congress & FSAIO Spring Congress, 24-26 March, Copenhagen, Denmark (research paper, oral presentation)*

16. Karanikola M., Papathanassoglou E., Kalafati M., Stathopoulou X., **Mpouzika M.**, Boules P., Terzi BA. (2011). Associations between quality interactions among health professionals in ICU and nurses' psychological well-being in Hellas. *4th EfCCNa Congress & FSAIO Spring Congress, 24-26 March, Copenhagen, Denmark (research paper, poster presentation)*

17. Giannakopoulou M., **Mpouzika M.**, Tambaki E., Bozas E., Tsoumakas K., Papathanassoglou E. (2011). Pain assessment in patients with traumatic brain injury and association with neuropeptide levels

immunological and stress hormone patterns. *9th Quadrennial European Association of Neuroscience Nurses Congress, The North sea Conference, 4–7 May, Blankenberge, Belgium* (**research paper, oral presentation**)

18. Giannakopoulou M., **Mpouzika M.**, Tambaki E., Bozas E., Dedoussis G., Papathanassoglou E. (2012). Neuropeptide Y levels assessment in traumatic brain injury patients and association with pain levels, apoptotic markers and stress hormone patterns. *8th Federation of European Neuroscience Societies (FENS) 8th FENS Forum of Neuroscience, 14–18 July, Barcelona, Spain* (**research paper, poster presentation**)

19. Karanikola M., Papathanassoglou EDE., **Mpouzika M.**, Giannakopoulou M., Drigo E., Albarran J., Kalafati M. (2013). Moral distress and association with autonomy and nurse-physician collaboration among emergency care nurses in Italy. *5th EfCCNa Congress & UINARS Congress, 23-25 May Belgrade, Serbia* (**research paper, poster presentation**)

20. Papathanassoglou E., Karanikola M., **Mpouzika M.**, Mpoti S. (2013). Pilot exploration of the association between lymphocyte counts, apoptotic markers and anxiety symptoms in critical care nurses. *11th Congress of the World Federation of Societies of Intensive & Critical Care Medicine (WFSICCM), 28 Aug–1 Sep, Durban, S. Africa* (**research paper, oral presentation**)

21. Papathanassoglou E., **Mpouzika M.**, Giannakopoulou M., Bozas E., Mpoti S., Middleton N., Karabinis A. (2013). Serum stress neuropeptide levels associate with lymphocyte expression of apoptotic markers in critical illness. *11th Congress of the World Federation of Societies of Intensive & Critical Care Medicine (WFSICCM), 28 Aug–1 Sep, Durban, S. Africa* (**research paper, poster presentation**)

22. Papathanassoglou E., **Mpouzika M.**, Giannakopoulou M., Bozas E., Mpoti S., Middleton N., Karabinis A. (2013). Lymphocyte expression of apoptotic markers associates with pain ratings in critically ill patients. *11th Congress of the World Federation of Societies of Intensive & Critical Care Medicine (WFSICCM), 28 Aug–1 Sep, Durban, S. Africa* (**research paper, poster presentation**)

23. Papathanassoglou E., **Mpouzika M.**, Giannakopoulou M., Hegadoren K. (2015). Gender may mediate the association between pain intensity and immune cell death in critical illness. *6th EfCCNa Congress, 29-31 January, Valencia, Spain* (**research paper, oral presentation**)

24. Giannelou E., Karanikola M., Giannakopoulou M., Bozas E., Papathanassoglou E., **Mpouzika M.** (2019). Chronic pain predictors in intensive care unit survivors: Study protocol. *18th European Doctoral Conference in Nursing Science, 19-21 September, Graz, Austria (protocol paper, oral presentation)*

25. Georgiou C., **Mpouzika M.**, Karanikola M. (2019). Association among professional satisfaction, empathy and depressive symptoms in emergency and intensive care nursing personnel in Cyprus. *13th CNMF Europe Region Conference, 8-9 March, Malta (research paper, oral presentation)*

26. Kalafati M., Tziaferi S., Nieri A.S., Dede M.N., Karanikola M., **Mpouzika M.**, Lemonidou C. (2019). Cultural adaptation in Greek language and validation of the instrument «Bullying in Nursing Education Questionnaire (BNEQ)» to university nursing students. The European Academy of Nursing Science - The EANS Summer Conference 10th and 11th July, Lisboa, Portugal **(research paper, oral presentation)**

27. Aristidou L., **Mpouzika M.**, Papathanassoglou E., Karanikola M. (2020). Workplace bullying-related trauma symptoms in Greek-Cypriot healthcare professionals. *WELL-Med Conference, 13-17 May, Kassandra Peninsula, Halkidiki, Greece (research paper, poster presentation)*

28. Aristidou L., Karanikola M., **Mpouzika M.**, Papathanassoglou E. (2020). Workplace bullying-related trauma symptoms in emergency and critical care nurses. *14th World Congress of Intensive Care, 14-18 October, Australia (research paper, poster presentation)*

29. Papathanassoglou E., **Mpouzika M.**, Hadjibalassi M. (2021). Tackling critical illness stress: From theory to empirical data and integrative interventions. *Canadian Stress Research Summit (CSRS), 6-8 May, Virtual conference (research paper, poster presentation)*

30. Georgiou C., **Mpouzika M.**, Papathanassoglou E., Karanikola M. (2021). Association between empathy and job satisfaction: A descriptive correlational study in Greek-speaking critical care nurses in Cyprus. *17th ECCO & 16th WFCCN World Congress, 18 -19 June, Dubai, United Arab Emirates (research paper, oral presentation)*

31. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Middleton N., **Mpouzika M.** (2021). Impact of time of day and admission diagnosis on pain CPOT scores in

uncommunicative critically ill patients. *17th ECCO & 16th WFCCN World Congress, 18 -19 June, Dubai, United Arab Emirates (research paper, poster presentation)*

32. Kotanidi V., Middleton N., Giannelou E., Papathanassoglou E., **Mpouzika M.** (2021). Cypriot intensive care nurses' knowledge and attitudes regarding fever and antipyresis. *17th ECCO & 16th WFCCN World Congress, 18 -19 June, Dubai, United Arab Emirates (research paper, poster presentation)*

33. Papageorgiou G., Middleton N., Papathanassoglou E., **Mpouzika M.** (2021). Knowledge of Greek-speaking Cypriot emergency care nurses on early recognition and management of sepsis. *17th ECCO & 16th WFCCN World Congress, 18 -19 June, Dubai, United Arab Emirates (research paper, poster presentation)*

34. Rossis C., Giannelou E., Middleton N., Karanikola M., Andreou C., Papageorgiou G., Papathanassoglou E., **Mpouzika M.** (2021). Knowledge of Greek-speaking emergency health care professionals in Cyprus regarding ischemic stroke. *17th ECCO & 16th WFCCN World Congress, 18 -19 June, Dubai, United Arab Emirates (research paper, oral presentation)*

35. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Middleton N., **Mpouzika M.** (2021). Pain measurement variation in critically ill patients throughout time of day in different admission groups in Greek general ICU. *ESICM LIVES Digital 2021, 34th Annual Congress, 3-6 October (research paper, pre-recorded presentation)*

36. Rossis C., Giannelou E., Karanikola M., Andreou C., Middleton N., Papageorgiou G., Papathanassoglou E., **Mpouzika M.** (2021). Assessing knowledge gap of emergency department nurses and doctors regarding ischemic strokes. *ESICM LIVES Digital 2021, 34th Annual Congress, 3-6 October (research paper, pre-recorded presentation)*

37. Kalafati M., Tziaferi S., Nieri A.S., Dede M.N., **Mpouzika M.**, Karanikola M. (2021). Nursing students believes of bullying behavior by nursing faculty. *11th Hong Kong International Nursing Forum (Virtual), 8-9 December (research paper, poster presentation)*

38. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Middleton N., **Mpouzika M.** (2022). The effect of turning on pain scores in critically ill mechanically ventilated adult patients. *17th World Federation of Critical Care Nurses (WFCCN), 2nd Southeast Asian Federation of Critical Care*

Nurses (SEAFCCN), 2022 Critical Care Nurses Association of the Philippines Annual Convention, 16-18 June
(research paper, pre-recorded presentation)

39. Georgiou C., Midletton N., **Mpouzika M.**, Lambrinou E., Vakanas K., Karatzia A., Hajimbalassi M. (2023). Effect of an interdisciplinary sepsis team on the management of patients with sepsis and septic shock in the emergency department: A literature review. *16th World Intensive and Critical Care Congress. 26-30 August 2023, Istanbul, Turkey* **(review paper, oral presentation)**

40. Leontiou S., Nicolaou C., **Mpouzika M.**, Karanikola M. (2023). Experiences of parents of premature infants hospitalized in neonatal intensive care unit before and during the pandemic. *32nd Annual Meeting of the European Society of Paediatric and Neonatal Intensive Care (ESPNIC), 20-23 June 2023, Athens, Greece.*
(research paper, poster presentation)

41. **Mpouzika M.**, Iordanou S., Kyranou M., Iliopoulou K., Parissopoulos S., Kalafati M., Karanikola M., Papathanassoglou E. (2023). Mapping the management of post-extubation dysphagia: An overview of practice in Greek-Cypriot ICUs. *ESICM LIVES 2023, 21 - 25 October 2023, Milan, Italy.* **(research paper, poster presentation)**

42. Christofi M.D., Giannakou K., **Mpouzika M.**, Merkouris A., Stylianide M.V., Charalambous A. (2023). The effectiveness of oral bovine lactoferrin compared to iron supplementation in patients with a low hemoglobin profile: A systematic review and meta-analysis of randomized clinical trials. *XVI International Conference on Lactoferrin Structure, Function & Applications, 6-10 November 2023, Rome, Italy.* **(review paper, poster presentation)**

43. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., **Mpouzika M.** (2025). Chronic pain risk factors and potential associations with PTSD and HRQoL in ICU survivors. *International Council of Nurses Congress, 9-13 June 2025, Helsinki, Finland.* **(research paper, poster presentation, Accepted)**

44. Kusi-Appiah E., Giannelou E., **Mpouzika M.**, Papathanassoglou E. Psychological distress in critical care: An evolutionary concept analysis. *International Council of Nurses Congress, 9-13 June 2025, Helsinki, Finland.* **(review paper, poster presentation, Accepted)**

45. Papathanassoglou E., Giannelou E., Pant U., Mpouzika M., Taha M., and Safo Ofori M. Integrative therapy approaches in critical care: A survey of canadian critical care nurses' practices, knowledge, and views. *International Council of Nurses Congress, 9-13 June 2025, Helsinki, Finland. (research paper, poster presentation, Accepted)*

X.2. National (Greek & Cypriot) Conferences Peer Reviewed Proceedings/ Abstracts

1. **Mpozika M.** (1998). Prevention and treatment of pressure ulcers. *25th National Conference of the Hellenic National Association of Nurses, 19-21 May, Crete, Greece (review paper, oral presentation)*

2. **Mpozika M.** (1999). Epidemiology of hospital infections. *26th National Conference of the Hellenic National Association of Nurses, 25-27 May, Corfu, Greece (review paper, oral presentation)*

3. Filippatos G., Anthopoulos P., Karabinos H., Polichronopoulou O., **Mpozika M.**, Adamakidou Th., Anthopoulos L. (1999). Current therapeutic strategies among cardiologists in Athens for the treatment of hyperlipidaemia in the female population. *25th National Conference of the Hellenic National Association of Nurses, 4-8 May, Athens, Greece (research paper, poster presentation)*

4. **Mpozika M.** (2001). Ethics in health care. *3th Hellenic Nursing Students' Conference, 7-9 December, Athens, Greece (review paper, oral presentation)*

5. **Mpozika M.** (2002). Prevention of pressure ulcers. *Scientific Meeting of the B' Peripheral Health System of Athens & General Hospital of Athens "G. GENNIMATAS", 25 January, Athens, Greece (review paper, oral presentation)*

6. Papathanassoglou EDE., Giannakopoulou M., Venetsanou K., **Mpozika M.**, Baltopoulos G. (2003). Serum Substance P levels in critically ill individuals with inferred pain. *30th National Conference of the Hellenic National Association of Nurses, 19-22 May, Alexandroupoli, Greece (research paper, poster presentation)*

7. Papathanassoglou EDE., Giannakopoulou M., **Mpozika M.** (2003). Effectiveness of pain assessment in the ICU and proposal of a theoretical framework. *30th National Conference of the Hellenic National Association of Nurses, 19-22 May, Alexandroupoli, Greece (review paper, oral presentation)*

8. **Mpouzika M.**, Papathanassoglou EDE. (2003). Mechanisms of cellular stress in critically ill individuals with multiple organ dysfunction. *30th National Conference of the Hellenic National Association of Nurses*, 19-22 May, Alexandroupoli, Greece (**review paper, poster presentation**)

9. **Mpouzika M.**, Papathanassoglou EDE. (2003). The role of apoptosis and heat shock proteins in critical illness. *5th Hellenic Nursing Students' Conference*, 12-14 December, Athens, Greece (**research paper, oral presentation**)

10. **Mpouzika M.**, Papathanassoglou EDE. (2004). Brain neuropeptides in critical illness: Implications for Nursing. *31st National Conference of the Hellenic National Association of Nurses*, 3-6 May, Athens, Greece (**review paper, oral presentation**)

11. Karanikola M., **Mpouzika M.** (2005). Round Table: Nursing management of CNS injuries. Caring of patients with spinal cord injury. *9th State of the Art. Interdisciplinary Review Course of Thoracic, Critical Care & Emergency Medicine*, 22-24 April, Athens, Greece (**review paper, oral presentation**)

12. Kalafati M., Karanikola M., Stathopoulou H., **Mpouzika M.**, Terzi AB. (2008). Comparison of emergency and critical care nurses' anxiety levels working in the area of Attica. *4th Scientific One-day conference of the Working Group of Emergency and Intensive Care Nurses of the Cyprus Nurses & Midwives Association*, 1st of November, Limassol, Cyprus (**research paper, poster presentation**)

13. **Mpouzika MDA.**, Papathanassoglou EDE., Boti S., Viglis V., Petsa Ch., Giannakopoulou M., Bozas E., Androulakis I. (2008). Association of stress neuropeptides with apoptosis and survival in critically ill patients. *4th Nursing Symposium of the Working Group of Emergency and Intensive Care of the Hellenic National Association of Nurses: Safety, Quality, Change*, 7-9 November, Thessaloniki, Greece (**research paper, oral presentation**)

14. **Mpouzika MDA.**, Papathanassoglou EDE., Giannakopoulou M., Petsa Ch., Karabinis A., Boti S., Bozas E., Androulakis I., Viglis V. (2008). Exploration of the association between stress neurohormones, pain intensity and nursing interventions in critically ill individuals. *4th Nursing Symposium of the Working Group of Emergency and Intensive Care of the Hellenic National Association of Nurses: Safety, Quality, Change*, 7-9 November, Thessaloniki, Greece (**research paper, oral presentation**)

15. Giannakopoulou M., **Mpouzika MDA.**, Bozas E., Androulakis I., Karabinis A., Viglis V., Papathanassoglou EDE. (2008). Detection of the levels of neuropeptidic and apoptotic indices in critically ill patients with head injury, and associations with pain indices. *4th Nursing Symposium of the Working Group of Emergency and Intensive Care of the Hellenic National Association of Nurses: Safety, Quality, Change, 7-9 November, Thessaloniki, Hellas* (**research study, poster presentation**)
16. Stathopoulou H., **Mpouzika MDA.**, Karanikola M. (2008). Mental health disorders among Hellenic nurses working in emergency department. *4th Nursing Symposium of the Working Group of Emergency & Intensive Care Nurses of the Hellenic National Association of Nurses: Safety, Quality, Change, 7-9 November, Thessaloniki, Greece* (**review paper, poster presentation**)
17. **Mpouzika M.** (2009). Exploration of the association between nursing interventions, biochemical stress markers and pain indices in critically ill patients. Intensive Care Forum Cyprus, *4th Intensive Care Units National Conference, General Hospital of Nicosia, 21-22 March, Cyprus* (**research paper, oral presentation**)
18. Kletsiou E., **Mpouzika MDA.**, Papathanassoglou EDE. (2009). Validation of Puntillo and Payen pain scales in critically ill patients. *36th National Conference of the Hellenic National Association of Nurses, 4-7 May, Mykonos, Greece* (**research paper, oral presentation**)
19. Pateli I., **Mpouzika M.**, Papathanassoglou E. (2009). Neuropeptide markers in critical illness. *12th Hellenic Intensive Care Conference, 6-8 November, Athens, Greece* (**review paper, poster presentation**)
20. Tamvaki H., Giannakopoulou M., **Mpouzika M.**, Papathanassoglou E. (2009). Neuropeptides and traumatic head injury in adult and pediatric critically ill patients. *12th Hellenic Intensive Care Conference, 6-8 November, Athens, Greece* (**review paper, oral presentation**)
21. **Mpouzika M.**, Papathanassoglou E., Giannakopoulou M., Bozas E., Petsa Ch., Karabinis A. (2009). Exploration of the association between stress hormones and cellular death in critically ill individuals. *12th Hellenic Intensive Care Conference, 6-8 November, Athens, Greece* (**research paper, oral presentation**)
22. Pateli I., **Mpouzika M.** (2010). Neuropeptide markers and critical illness. *37th National Conference of the Hellenic National Association of Nurses, 3-6 May, Ghalkidiki, Greece* (**review paper, poster presentation**)

23. **Mpouzika M.**, Giannakopoulou M., Pateli I., Tamvaki E., Karabinis A., Papathanassoglou EDE. (2010). Suppressed stress neuropeptide levels in critical illness and association with disease severity. *37th National Conference of the Hellenic National Association of Nurses, 3-6 May, Ghalkidiki, Greece (research paper, oral presentation)*

24. Kletsiou E., Spirou P., Tsoulou V., Petsa Ch., Tsironas K., **Mpouzika M.** (2010). Traumatic brain injury: State of the art nursing care. *14th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care, 18-19 June, Athens, Greece (review paper, poster presentation)*

25. Pateli I., Tamvaki H., Kontou I., Xatzoudi S., **Mpouzika M.**, Giannakopoulou M. (2010). Hypothermia and traumatic brain injury. *13th Hellenic Intensive Care Conference, 5-7 November, Athens, Greece (review paper, oral presentation)*

26. **Mpouzika M.**, Tsironas K., Spirou P., Papadimitriou E., Tamvaki H., Petsa Ch., Cardozo Ocampo A., Koutsopoulou V., Karabinis A. (2010). Study of cumulative radiation dose in intensive care unit patients. *13th Hellenic Intensive Care Conference, 5-7 November, Athens, Greece (research paper, oral presentation)*

27. Spirou P., Tsironas K., Papadimitriou E., Tamvaki H., Tselios K., Fouka G., **Mpouzika M.** (2011). Radiation from imaging procedures in intensive care unit. *38th National Conference of the Hellenic National Association of Nurses, 10-13 May, Chios, Greece (research paper, poster presentation)*

28. Koutsidou A., Kletsiou E., Karra V., **Mpouzika M.**, Papathanassoglou E., Matziou V., Elefsiniotis I. (2011). Assessing intensive care and emergency department nurses' knowledge on the management of pregnant trauma victims. *38th National Conference of the Hellenic National Association of Nurses, 10-13 May, Chios, Greece (research paper, oral presentation)*

29. **Mpouzika M.**, Koutsoumpa S., Chalil Z., Fouka G., Parissopoulos S., Stroubouki T., Katsoulas T., Pentilas N. (2013). Learning curve of nursing students during training for securing endotracheal access using two types of laryngoscope. *40th National Conference of the Hellenic National Association of Nurses, 14-16 May, Athens, Greece (research paper, poster presentation)*

30. **Mpouzika M.**, Karanikola M., Papathanassoglou E. (2013). The Power of caring. Evidenced-based cardiology care. *40th National Conference of the Hellenic National Association of Nurses, 14-16 May, Athens, Greece (review paper, oral presentation)*

31. Kaite CP., Karanikola M., Vouzavali F., Zafiropoulou-Koutrouba A., **Mpouzika M.**, Papathanassoglou E. (2013). Phenomenological exploration of the lived experience of mentally ill patients in Cyprus. *40th National Conference of the Hellenic National Association of Nurses, 14-16 May, Athens, Greece (research paper, oral presentation)*

32. Kaite C., Karanikola M., Vouzavali F., Koutrouba A., **Mpouzika M.**, Papathanassoglou E.D.E. (2013). “Cry for life”: A phenomenological exploration of the lived experience of mentally ill patients in Cyprus. *20th National Conference of the Cyprus Nurses and Midwives Association. 29-30 November 2013, Nicosia, Cyprus (research paper, oral presentation)*

33. Karanikola M., Spirou Cr., **Mpouzika M.**, Kaite CP., Hadjiioannou A., Kaikoushi A. (2015). Exploration of the association between professional satisfaction and mild depression symptoms among nursing personnel in W. Macedonia. *43th National Conference of the Hellenic National Association of Nurses, 11-14 May, Syros, Greece (research paper, oral presentation)*

34. **Mpouzika M.**, Papathanassoglou E., Giannakopoulou M., Bozas E., Papageorgiou G., Spirou P. (2016). Exploration of the association between pain and lymphocyte expression of the apoptotic receptor Fas in critically ill patients. *23th National Conference of the Cyprus Nurses & Midwives Association, 25-26 November, Pafos, Cyprus (research paper, oral presentation)*

35. **Mpouzika M.** (2017). Biological markers and research in Intensive and Emergency Care Nursing. *44th National Conference of the Hellenic National Association of Nurses, 10-13 May, Naxos, Greece (review paper, oral presentation)*

36. Giannelou E., Papathanassoglou E., **Mpouzika MDA.** (2018). Risk factors for the transition from acute to chronic pain in survivors of critical illness. *45th National Conference of the Hellenic National Association of Nurses, 9-12 May, Kos, Greece (review paper, oral presentation)*

37. Giannelou E., Dandolos D., **Mpouzika MDA.** (2018). Mechanical thrombectomy for acute ischemic stroke: Three years of experience in a stroke unit in Athens. *45th National Conference of the Hellenic National Association of Nurses, 9-12 May, Kos, Greece (research paper, oral presentation)*

38. **Mpouzika M.** (2018). Implementation of the ABCDE bundle care to enhance quality and safety in ICU. *9th Symposium of the Working Group of Emergency and Intensive Care Nurses of the Hellenic Nurses Association, 9-11 November, Ioannina, Greece (review paper, oral presentation)*

39. Georgiou C., **Mpouzika M.**, Karanikola M. Exploration of the association among empathy, professional satisfaction and depressive-like symptoms in critical and emergency care nurses. *25th National Conference of the Cyprus Nurses and Midwives Association, 23-24 November 2018, Nicosia, Cyprus (review paper, poster presentation)*

40. Karanikola M, **Mpouzika M.**, Christodoulou M, Middleton N, Sokratous S. Papathanassoglou EDE. (2018). Exploration of the association between self-reported general health status and quality of sleep in healthcare professionals. *Hellenic Inter-professional Congress on Sleep- Awareness: Health-Functioning-Safety. 23- 25 November, Nafplio, Greece (research paper, poster presentation)*

41. Giannelou E., Papathanassoglou E., **Mpouzika M.** (2019). Transition from acute to chronic pain after hospitalization in the Intensive Care Unit. *1st National Conference of Institute for Nursing Research and Health Policy, 7-9 March, National Institution of Research, Athens, Greece (review paper, e-poster presentation)*

42. Kalafati M., Nieri A.S., Dede M.N., Kapritsou M., Karanikola M., Tziaferi S., **Mpouzika M.**, Lemonidou C. (2019). Cultural adaptation in Greek language and validation of the instrument «Bullying in Nursing Education Questionnaire (BNEQ)» to university nursing students. *46th National Conference of the Hellenic National Association of Nurses, 8-11 May, Milos, Greece (research paper, oral presentation)*

43. Aristidou L., Karanikola M., **Mpouzika M.** (2019). Exploration of workplace bullying in emergency and critical care nurses. *46th National Conference of the Hellenic National Association of Nurses, 8-11 May, Milos, Greece (research paper, oral presentation)*

44. Rossis C., Papageorgiou G., **Mpouzika M.** (2019). Knowledge of healthcare professionals about cerebrovascular ischemic strokes. *46th National Conference of the Hellenic National Association of Nurses, 8-11 May, Milos, Greece (research paper, poster presentation)*
45. Rossis C., Papageorgiou G., **Mpouzika M.** (2019). Heart Score as a reliable tool for triage. *26th National Conference of the Cyprus Nurses & Midwives Association, 29-30 November, Limassol, Cyprus (review paper, oral presentation)*
46. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Middleton N., **Mpouzika M.** (2020). Pilot investigation of pain in uncommunicative critically ill patients. *47th National Conference (Virtual) of the Hellenic National Association of Nurses, 7-10 October (research paper, oral presentation)*
47. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Middleton N., **Mpouzika M.** (2020). Pain assessment in turning procedure in ICU patients: data from a Greek ICU. *27th National Conference (Virtual) of the Cyprus Nurses & Midwives Association, 26-28 November (research paper, oral presentation)*
48. Athinis G., **Mpouzika M.** (2020). Pulmonary embolism. *27th National Conference (Virtual) of the Cyprus Nurses & Midwives Association, 26-28 November (review paper, oral presentation)*
49. Papageorgiou G., **Mpouzika M.** (2020). The Covid-19 and sepsis saga. *27th National Conference (Virtual) of the Cyprus Nurses & Midwives Association, 26-28 November (review paper, oral presentation)*
50. Pitsillidou S., Athinis G., **Mpouzika M.** (2020). Similarities and differences between H1N1, SARS, MERS, SARS-CoV2. *27th National Conference (Virtual) of the Cyprus Nurses & Midwives Association, 26-28 November (review paper, oral presentation)*
51. Rossis C., Papageorgiou G., Athinis G., Pitsillidou S., **Mpouzika M.** (2020). Nursing initiatives in the emergency department during the COVID-19 pandemic. *27th National Conference (Virtual) of the Cyprus Nurses & Midwives Association, 26-28 November (practice development paper, oral presentation)*

52. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., **Mpouzika M.** (2021). Pain experienced variation in non-communicable critically ill patients throughout time of day in different admission groups. *14o National Conference of the Hellenic Nurses' Association, 30 September–3 October Thessaloniki, Greece (research paper, oral presentation)*
53. Sokratous S., **Mpouzika M.**, Kaikoushi K., Alexandrou G., Karanikola M. (2021). Medical cannabis attitudes, beliefs and knowledge among nurses and midwives in Cyprus. *8th Psychopharmacology Congress, 26-28 November, Athens, Greece (research paper, poster presentation)*
54. Sokratous S., Kaikoushi K., **Mpouzika M.**, Hatzimilidonis L., Karanikola M. (2022). Medical cannabis: attitudes, beliefs and knowledge among Greek-Cypriot university nursing students. *49th National Conference of the Hellenic National Association of Nurses, 18-21 May 2022, Chios, Greece (research paper, poster presentation)*
55. **Mpouzika M.** (2022). The veiled fragility of critically ill patients. *49th National Conference of the Hellenic National Association of Nurses, 18-21 May, Chios, Greece (review paper, invited lecture)*
56. Giannelou E., Papathanassoglou E., Karanikola M., Giannakopoulou M., Bozas E., Hatzi M., **Mpouzika M.** (2022). Integrating routine pain assessment of critically ill patients using the CPOT into everyday clinical practice: a pilot study. *22nd Panhellenic Nursing Congress, 8-11 December, Meteora, Greece (research paper, oral presentation)*
57. Pitsillidou S., Karanikola M., Middleton N., Papageorgiou G., Rossis C., **Mpouzika M.** (2022). Cardiopulmonary resuscitation skills of senior nursing students before and after educational intervention. *29th National Conference of the Cyprus Nurses and Midwives Association. 11-12 November, Agros, Cyprus (research paper, oral presentation)*
58. Rossis C., Leontiou I., Papageorgiou G., Athinis G., Mpouzika M. (2022). Investing in the present and changing the future: implementation of a structured training programme for nurses at Nicosia General Hospital. *29th National Conference of the Cyprus Nurses and Midwives Association. 11-12 November, Agros, Cyprus (practice development paper, oral presentation)*

59. Kalafati M., **Mpouzika M.**, Giakis N., Iordanous S., Karanikola M., Kyranou M., Papathanassoglou E. (2023). Exploration of screening and management process of post-extubation dysphagia in Greek Intensive Care Units. *19o Congress of Critical Care Medicine, 13-16 December 2023, Athens, Greece* (**research paper, poster presentation**)
60. Xithalis D., Kalafati M., **Mpouzika M.**, Michopoulos A., Ioannidis A., Saita M., Tziaferi S. (2023) Evaluation of qsofa as a predictor of discharge of patients with suspected infection to the department emergency department. *19o Congress of Critical Care Medicine, 13-16 December 2023, Athens, Greece* (**research paper, poster presentation**)
61. Kosta P., **Mpouzika M.** (2023). ABCDEF bundle care in ICU. *30th National Conference of the Cyprus Nurses and Midwives Association. 3-4 November, Ag. Napa, Cyprus* (**review paper, oral presentation**)
62. Koutsofta C., **Mpouzika M.** (2023). Management of pregnant women at the emergency department. *30th National Conference of the Cyprus Nurses and Midwives Association. 3-4 November, Ag. Napa, Cyprus* (**review paper, oral presentation**)
63. Pari L., **Mpouzika M.** (2023). Sleep and circadian rhythm in the ICU. *30th National Conference of the Cyprus Nurses and Midwives Association. 3-4 November, Ag. Napa, Cyprus* (**review paper, oral presentation**)
64. **Mpouzika M.**, Rossis C., Tsiaousis G., Karanikola M., Hatzi M., Parissopoulos S., Papathanassoglou E. (2024). Effect of gender on the incidence, management and outcome of stroke in patients with COVID-19: a narrative review. *1st National Scientific Conference of the Pancyprian Nurses Guild (PA.SY.NO), 19-20 April, Limassol, Cyprus* (**review paper, oral presentation**)
65. Papageorgiou G., **Mpouzika M.**, Iordanou S., Kyranou M., Iliopoulou K., Kalafati M., Karanikola M., (2023). Post-extubation dysphagia: An overview of the situation in Greek-Cypriot ICUs. *1st National Scientific Conference of the Pancyprian Nurses Guild (PA.SY.NO), 19-20 April, Limassol, Cyprus* (**review paper, oral presentation**)
66. Athinis G., Karanikola M., Papageorgiou G., Rossis C., Pitsillidou S., **Mpouzika M.** (2024) Implementation of the Focused Assessment with Sonography for Trauma (FAST) protocol in trauma patients in an Emergency

Department in Cyprus: Nurse-Physician agreement. *51st National Conference of the Hellenic National Association of Nurses, 15-18 May, Naxos, Greece (research paper, oral presentation)*

67. **Mpouzika M.**, Papageorgiou G., Iordanou S., Kyranou M., Iliopoulou K., Parissopoulos S., Karanikola M. (2024). Management and treatment of dysphagia in intubated patients in the Greek-Cypriot ICUs. *51st National Conference of the Hellenic National Association of Nurses, 15-18 May, Naxos, Greece (research paper, oral presentation)*

2. Workshops presented at Peer Reviewed Conferences

I. National (Greek & Cypriot) conferences

1. Papageorgiou G., Rossis C., **Mpouzika M.** (2018). Sepsis: Time zero in the Emergency Department. *9th Symposium of the Working Group of Emergency and Intensive Care Nurses of the Hellenic Nurses Association, 9-11 November, Ioannina, Greece*

2. **Mpouzika M.**, Giannelou E., Papageorgiou G. (2019). Sepsis is a medical emergency. *46th National Conference of the Hellenic National Association of Nurses, 8-11 May 2019, Milos, Greece*

3. Rossis C., Giannelou E., Papageorgiou G., **Mpouzika M.** (2019). The golden hour of cerebrovascular ischemic strokes. *26th National Conference of the Cyprus Nurses & Midwives Association, 29-30 November, Limassol, Cyprus*

4. Papageorgiou G., Rossis C., Giannelou E., **Mpouzika M.** (2019). Algorithm for identification and management of sepsis. *26th National Conference of the Cyprus Nurses & Midwives Association, 29-30 November, Limassol, Cyprus*

5. Rossis C., Giannelou E., Papageorgiou G., Athinis G., **Mpouzika M.** (2022). Training in the management of a patient with ischemic stroke at the ICU. *29th National Conference of the Cyprus Nurses and Midwives Association. 11-12 November, Agros, Cyprus*

6. Theophanous M., **Mpouzika M.** (2023). Pressure injuries: Make the change for a better result. *30th National Conference of the Cyprus Nurses and Midwives Association. 3-4 November, Ag. Napa, Cyprus*

3. Conference chair

I. National (Greek & Cypriot) meetings

1. Round Table «Intensive Care Units – Fundamentals of Organization and management». *«Ischemic Heart Disease – Heart Failure», Hellenic Society of Nursing Studies, School of Nursing, University of Athens and Society of Study and Research Heart Failure, 15-16 May 1998, Athens, Greece*
2. Intensive Care Forum Cyprus, *4th Intensive Care Units National Conference, General Hospital of Nicosia, 21-22 March 2008, Cyprus*
3. Round Table. «Current approaches in nursing monitoring of patients with traumatic brain injury». *14th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care. 18-19 June 2010, Athens, Greece*
4. Clinical tutorial: «Weaning after a long term stay in ICU». *32th Hellenic Intensive Care Conference, 5-7 November 2010, Athens, Greece*
5. Lecture: «GR-DRGs in ICU: Problems, challenges, perspectives». *6th Nursing Symposium of the Working Group of Emergency & Intensive Care of the Hellenic National Association of Nurses, 28-30 September 2012, Athens, Greece*
6. Round Table. «Surgical Nursing». *40th National Conference of the Hellenic National Association of Nurses, 14-16 May 2013, Athens, Greece*
7. Clinical tutorial: «How to write a paper». *40th National Conference of the Hellenic National Association of Nurses, 14-16 May 2013, Athens, Greece*
8. Clinical tutorial: «Guidelines in every day hospital's practice». *8th Nursing Symposium of the Working Group of Emergency & Intensive Care of the Hellenic National Association of Nurses, 21-23 October 2016, Heraklion, Crete*
9. Lecture: «The basic principles of our professional ethics as the daily assistant in providing nursing care». *8th Nursing Symposium of the Working Group of Emergency & Intensive Care of the Hellenic National Association*

of Nurses, 21-23 October, Heraklion, Crete

10. Clinical tutorial: Nursing assessment scales and patient management protocols in ICU. *9th Symposium of the Working Group of Emergency and Intensive Care Nurses of the Hellenic Nurses Association, 9-11 November, Ioannina, Greece*

11. Workshop: Sepsis: Time zero in the Emergency Department. *9th Symposium of the Working Group of Emergency and Intensive Care Nurses of the Hellenic Nurses Association, 9-11 November, Ioannina, Greece*

12. Free announcements: Medical Nursing. *49th National Conference of the Hellenic National Association of Nurses, 18-21 May 2022, Chios, Greece*

13. ICU is... Evolution. *One-day nursing conference titled 'ICU is...'. Cyprus University of Technology, 23rd April, 2024, Limassol, Cyprus*

4. Conference organization and committees

I. Member of scientific committees of conferences

Ia. National (Greek and Cypriot) meetings

1. 5th Scientific Symposium of the Working Group of Emergency & Intensive Care of the Hellenic National Association of Nurses: "Emergency and Critical Care: Innovative practice development", 15-17 October 2010, Kastoria, Greece

2. Medical and Nursing Symposium: "Advances in renal dysfunction and renal replacement approaches in critical care", 5 July 2011, Athens, Greece

3. 6th Scientific Symposium of the Working Group of Emergency & Intensive Care of the Hellenic National Association of Nurses: « Proposals to address the economic crisis in health», 28-30 September 2012, Athens, Greece

4. 40th National Conference of the Hellenic National Association of Nurses, 14-16 May 2013, Athens, Greece

5. 8th Scientific Symposium of the Working Group of Emergency & Intensive Care of the Hellenic National Association of Nurses, 21-23 October 2016, Heraklion, Crete

- 6 9th Symposium of the Working Group of Emergency and Intensive Care Nurses of the Hellenic Nurses Association, 9-11 November, Ioannina, Greece
7. 46th National Conference of the Hellenic National Association of Nurses, 8-11 May 2019, Milos, Greece
8. 47th National Conference (Virtual) of the Hellenic National Association of Nurses, 7-10 October 2020
9. 14^o National Conference of the Hellenic Nurses' Association, 30 September–3 October 2021, Thessaloniki, Greece
10. 49th National Conference of the Hellenic National Association of Nurses, 18-21 May 2022, Chios, Greece
11. 50th National Conference of the Hellenic National Association of Nurses, 15-18 May 2022, Naxos, Greece
12. One-day nursing conference titled 'ICU is...'. Cyprus University of Technology, 23rd April, 2024, Limassol, Cyprus

II. Member of organizing committees of conferences

Ila. National (Greek and Cypriot) meetings

1. Participation to the organization of the seminar: «*Ischemic Heart Disease – Heart Failure*». *Hellenic Society of Nursing Studies, School of Nursing, University of Athens & Society of Study and Research Heart Failure, 15-18 May 1998, Athens, Greece*
2. Participation to the organization of the seminar: «*Mental Health Nursing: Current Issues – New Approaches*». *Hellenic Society of Nursing Studies, 6-7 November 1998, Athens, Greece*
3. Head of the organization of the One-day nursing conference titled 'ICU is...'. Cyprus University of Technology, 23rd April, 2024, Limassol, Cyprus

5. Research grants and projects

I. External funding

Project title: Critical care nurses' autonomy, moral distress & collaboration with physicians

Aims/Objectives: The primary aim of this project was the exploration of ICUNs moral distress and associations with nurse-physician collaboration & nurses' autonomy in a convenience sample of 255 European ICU nurses, from 12 different countries.

Funding body: European Federation of Critical Care Nurses.

Amount: € 3, 000

Period: 2008-2010

Team: E. Papathanassoglou (Principal investigator). Other members of team: M. Karanikola, M. Kalafati, J. Albaran, E. Drigo, M. Giannakopoulou, **M. Mpouzika**

II. Internal funding

Project title: A study of changes in the stress response using self-reports and biomarkers among first-year nursing students.

Aims/Objectives: The aim of the project is to investigate the changes in the students' stress throughout their studies in the 1st year.

Funding body: Cyprus University of Technology (Pump Priming)

Amount: € 5,000

Period: 2021- on going

Team: **M. Mpouzika** (Principal investigator). Other members of the team: M. Karanikola, P. Miltiadous, A. Stamatakis, G. Papageorgiou (Doctoral study)

Project title: Pilot investigation of chronic pain and associated factors in critical illness survivors.

Aims/Objectives: The aim of the project is to describe the intensity and characteristics of pain in a sample of critically ill patients within one year after leaving the ICU and investigate correlations with treatment parameters and demographic characteristics.

Funding body: Cyprus University of Technology (Start up grants)

Amount: € 40,000

Period: 2017-2021

Team: **M. Mpouzika** (Principal investigator). Other members of the team: E.

Papathanassoglou, M. Karanikola, E. Giannelou (Doctoral study; two papers under preparation)

Project title: **The effectiveness of lactoferrin as a complementary management intervention for chemotherapy-induced anemia: a feasibility randomized control trial.**

Aims/Objectives: The aim of the project is the exploration of the lactoferrin's effectiveness as a complementary management intervention for chemotherapy-induced anemia in a sample of cancer patient.

Funding body: Cyprus University of Technology (research activity grants)

Amount: € 5,000

Period: 2017- ongoing

Team: A. Charalambous (Principal investigator). Other members of the team: **M. Mpouzika**, F. Melanthiou, P. Miltiadous, A. Christou. G. Toubis, M. Christofi (Doctoral study; one paper published)

Project title: **Professional interactions and mild psychiatric symptoms in critical & oncology care nurses.**

Aims/Objectives: The primary aim of this project was the exploration of the association between mild psychiatric symptoms and nurse-to-nurse & nurse-to-physician quality of interactions. This was a descriptive correlational design, involving a random sample of 229 Greek ICU nurses, 78 oncology and 187 emergency care nurses.

Funding body: Cyprus University of Technology (research activity grants)

Amount: € 1,500

Period: 2008-2010

Team: M. Karanikola (Principal investigator). Other members of the team: M Kalafati (post-doctoral fellows), H. Stathopoulou (research fellow), E. Papathanassoglou, **M. Mpouzika**

Project title: **Anxiety symptoms and immunity.**

Aims/Objectives: The aim of this project was the exploration of the associations between anxiety symptoms and i) lymphocyte counts, ii) lymphocyte expression of Fas & Fas ligand

(FasL). A descriptive correlational single measurement design was applied in a convenience sample of 39 ICU nurses.

Funding body: Cyprus University of Technology (start up grants)

Amount: € 25,000

Period: 2009-2011

Team: E. Papathanassoglou (Principal investigator). Other members of the team: M. Karanikola, **M. Mpouzika**

6. Collaborations

I. International collaborations

I.1. Research-related collaborations

- **National and Kapodistrian University of Athens, Department of Nursing, Greece:** Stress research in acute illness. Research collaboration: 2014- ongoing, Prof. M. Giannakopoulou
- **National and Kapodistrian University of Athens, Department of Nursing, Greece:** Exploration of bullying victimization among university nursing students in Greece and Cyprus. Research collaboration: 2016-2019, Prof. C. Lemonidou & Dr. M. Kalafati
- **University of Alberta, Faculty of Nursing, Canada:** Pilot investigation of chronic pain and associated factors in critical illness survivors. Research collaboration: 2016- ongoing, Prof. E Papathanassoglou
- **DecubICUs (Decubitus in Intensive Care Units). A Multicenter International One-Day Prevalence Study**. Head Investigators: Prof Stijn Blot, Ghent University, Belgium & Dr. Sonia Labeau, University College Ghent, Belgium. **National Investigator for Cyprus: M. Mpouzika**
- **Management of oropharyngeal dysphagia in the intensive care unit: an international survey**. Head investigator: Peter Erwin Spronk, Director of Research of Intensive Care Medicine, Genre Hospitals, Apeldoorn, The Netherlands. **National Investigator for Cyprus: M. Mpouzika**
- **Hellenic Open University, Nursing Department, Greece:** Factors associated with emergency department health professionals' attitudes toward family presence during adult resuscitation in Cyprus hospitals. Research collaboration: 2024- ongoing, Prof. Thalia Belali
- Dr. Katerina Iliopoulou, Honorary Research Fellow, City University of London, UK. Research collaboration on critically ill patients' safety: 2023- ongoing

II. National collaborations

In line with the extrovert culture cultivated in the Department of Nursing in CUT, I have established strong links with institutions of the public sector, through active collaborations with national health authorities and non-profit organizations. The aforementioned collaborations include educational and research-related activities.

II.1. Educational and research-related collaborations

- Ministry of Health of the Republic of Cyprus, Division of Nursing, Nicosia, Cyprus
- Cyprus Nurses and Midwives Association

7. Scholarships - Honors

1. Scholarship during Master's degree graduate program. Department of Scholarships and Awards, National and Kapodistrian University of Athens. (2000 – 2002)
2. Scholarship during doctoral studies. Department of Scholarships and Awards, National and Kapodistrian University of Athens. (2002 – 2003)
3. Scholarship during doctoral studies. Department of Scholarships and Awards, National and Kapodistrian University of Athens. (2003 – 2004)
4. "Eleni Patrinely" Scholarship and Award for Best Research Protocol: **Association between psychological and cellular stress factors in the multiple organ dysfunction syndrome (MODS) in critical illness.** *Hellenic National Association of Nurses, 9th of September 2002, Athens, Greece*
5. Award for Best Oral Presentation: **Assessing intensive care and emergency department nurses' knowledge on the management of pregnant trauma victims.** Koutsidou A., Kletsiou E., Karra V., **Mpouzika M.**, Papathanassoglou E., Matziou V., Elefsiniotis I. *38th National Conference of the Hellenic National Association of Nurses, 10-13 May 2011, Chios, Greece*
6. Award for best research study: **Validation and cultural adaptation in Greek of the "Bullying in Nursing Education Questionnaire (BNEQ)" in university nursing students.** Kalafati M., Nieri A., Dede M., Kapritsiou M., Karanikola M., Tziaferi S., **Mpouzika M.**, Lemonidou M. *46th National Conference of the Hellenic Nurses Association, 8-11 May 2019, Milos Island, Greece*

7. Genevieve Spik Award: **The effectiveness of oral bovine lactoferrin compared to iron supplementation in patients with a low hemoglobin profile: A systematic review and meta-analysis of randomized clinical trials.** Christofi M.D., Giannakou K., **Mpouzika M.**, Merkouris A., Stylianide M.V., Charalambous A. *XVI International Conference on Lactoferrin Structure, Function & Applications, 6-10 November 2023, Rome, Italy* <https://www.cut.ac.cy/news/article/?languageId=100&contentId=539790>

8. Postgraduate research supervision

I. PhD student supervisor

Student's name	Date	Thesis topic & details
Giannelou Evangelia	2017-ongoing	Pilot investigation of chronic pain and associated factors in critical illness survivors. Cyprus University of Technology Main supervisor: M. Mpouzika Supervisory team: M. Karanikola, EDE Papathanassoglou.
Papageorgiou George	2020-ongoing	Study of changes in stress response through self-report and biomarkers in first-year nursing students. Cyprus University of Technology Main supervisor: M. Mpouzika Supervisory team: M. Karanikola, A. Stamatakis, P. Miltiadous

II. Member of PhD advisory committee

Student's name	Date	Thesis topic & details
Konstantinou D.	2015-ongoing	Compliance, knowledge and perceptions of health professionals in the implementation of the Clinical Guidelines on Hand Hygiene Main supervisor: A. Merkouris Supervisory team: N. Middleton, M. Mpouzika
Chochou M.	2017-ongoing	The effect of music on postoperative pain and anxiety in thoracic surgery patients with lung cancer. Main supervisor: P. Sarafis Supervisory team: M. Karanikola, M. Mpouzika

Christou I.	2018-ongoing	Exploration of the experience of traumatic symptoms in midwives in Cyprus Main supervisor: M. Karanikola Supervisory team: S. Socratous, M. Mpouzika
Christofi M.D	2019-ongoing	Testing the efficacy of Lactoferrin (Lactotransferrin) and protogallate in the control of chemotherapy-associated anaemia in patients with malignancies Main supervisor: A. Charalampous Supervisory team: A. Merkouris, M. Mpouzika
Georgiou C.	2020-ongoing	Effect of an interdisciplinary sepsis team on the management of patients with sepsis and septic shock in the emergency department. Main supervisor: M. Hajimbalassi Supervisory team: E. Lamprinou, M. Mpouzika

III. Supervisor at master dissertations

Student's name	Date	Thesis topic & details
Papageorgiou G.	2016-2018	Exploration of knowledge and recognition of sepsis in Cypriot emergency room nurses & doctors using the new guidelines of March 2016. Cyprus University of Technology
Milordou M.	2016-2018	Exploration of knowledge and attitudes in Cypriot ICU nurses regarding infections associated with central lines catheters. Cyprus University of Technology
Georgiou C.	2016-2018	Association among professional satisfaction, empathy and depressive symptoms in emergency and intensive care nursing personnel in Cyprus Cyprus University of Technology
Karatzia D.	2016-2018	Effects of a composite psycho-cognitive nursing intervention on critical care patients' b-endorphin levels. Cyprus University of Technology
Ioannou S.	2018-2022	Exploration of knowledge and attitudes in Cypriot ICU nurses regarding prevention of ventilator associated pneumonia (VAP). Cyprus University of Technology
Kotanidi V.	2018-2022	Exploration of knowledge in Cypriot emergency nurses regarding fever management in critical ill patients. Cyprus University of Technology

Rossis C.	2018-2022	Exploration of knowledge and attitudes in Emergency Room Doctors & Nurses of Cyprus Hospitals regarding early management of patients with acute ischemic stroke. Cyprus University of Technology
Pitsillidou S.	2019-2023	Cardiopulmonary resuscitation skills of senior nursing students before and after educational intervention Cyprus University of Technology
Athinis G.	2019-2023	Implementation of the Focused Assessment with Sonography for Trauma (FAST) protocol in trauma patients in an Emergency Department in Cyprus Cyprus University of Technology
Parasxou G.	2022-ongoing	Investigation of level of nurses' knowledge in Cyprus Emergency Departments (EDs) and Ambulance Departments regarding capnography
Vrionidis S.	2022-ongoing	Radiation exposure of ICU patients
Giorka V.	2022-ongoing	Validation of the Perceived Stress Scale in nursing students
Theodorou S.	2022-ongoing	Barriers to the implementation of sepsis prevention measures in the ICU

IV. Co-supervisor at master dissertations:

Student's name	Date	Thesis topic & details
Charalampous I.	2016-2018	Exploration of knowledge in Cypriot ICU and Emergency unit nurses regarding pulse oximeter. Cyprus University of Technology Main supervisor: E. Lamprinou
Dimitriou C.	2016-2018	Exploration of the association between professional attitudes and quality of sleep in healthcare professionals. Cyprus University of Technology Main supervisor: M. Karanikola
Christofi A.	2018-2022	Factors influencing continuing professional development of nurses.

Cyprus University of Technology

Main supervisor: A. Merkouris

Koutsofta C.	2022-ongoing	Exploration of the experience of exposure to violence by healthcare service users in emergency care nurses: a qualitative study Main supervisor: M. Karanikola
Athanasίου D.	2022-ongoing	Use of the Critical Care Pain Observation tool during interventional and non-interventional interventions in ICU patients in Cyprus Main supervisor: M. Kyranou

9. Evaluation of other's research work

I. International Advisory Board

1. Member of the International Advisory Board and Reviewer: **Intensive and Critical Care Nursing (I.F.: 4,235)** <https://www.journals.elsevier.com/intensive-and-critical-care-nursing/editorial-board>, 2017- ongoing
2. Member of the International Advisory Board: **CONNECT: The World of Critical Care Nursing**, 2018-2021
3. Member of the International Advisory Board: **International Journal of Critical Care**, 2021- ongoing
4. Member of the International Editorial Board and Reviewer: **Hellenic Journal of Nursing** <https://www.hjn.gr/index.php/en/journal/editorial-board> 2021- ongoing

II. Reviewer for peer-reviewed, scientific journals

Reviewer: Nursing Care & Research, 2009: 1 manuscript

Reviewer: Intensive and Critical Care Nursing, 2017-2024: 16 manuscripts,

Reviewer: International Archives of Nursing and Health Care, 2017: 1 manuscript

Reviewer: Trends in Anaesthesia and Critical Care, 2017: 1 manuscript

Reviewer: CONNECT: The World of Critical Care Nursing, 2017-2020: 4 manuscripts

Reviewer: Australian Critical Care, 2019-2022: 5 manuscripts

Reviewer: Cureus Journal of Medical Science, 2021: 1 manuscript

Reviewer: International Journal of Critical Care, 2021-2024: 3 manuscripts

Reviewer: Advances in Medical Education and Practice, 2022: 1 manuscript

III. External evaluator

1. Project 'Metadidaktor', Cyprus University of Technology, 2022
2. Master dissertations at Cyprus University of Technology: (14)

10. Academic consultant & relevant assessments:

- 2016- Academic consultant for the task force on nursing protocols development. In collaboration with
2017 Nursing Services, General Hospital "G. Gennimatas", Athens, Greece.
- 2017- Academic consultant for an intensive care educational program covering adults, children, and
ongoing neonates for Continuing Professional Development. In collaboration with Ministry of Health of the
Republic of Cyprus, Division of Nursing, Nicosia, Cyprus
- November Academic consultant for an educational program aimed at enhancing emergency nurses'
2020 understanding and abilities relevant to Cypriot emergency department practices. In collaboration
with Cyprus Nurses and Midwives Association.
<https://www.cut.ac.cy/news/article/?contentId=406710>
- March Academic consultant for a fast-paced online training program in Intensive Care Nursing titled 'Basic
2021 principles of intensive care nursing during COVID 19'. In collaboration with Ministry of Health of the
Republic of Cyprus, Division of Nursing, Nicosia, Cyprus
<https://www.cut.ac.cy/news/article/?languageId=100&contentId=246200>
- November Academic consultant and coordinator of a training program in triage in the emergency department.
2023 In collaboration with Cyprus Nurses and Midwives Association
<https://www.cut.ac.cy/faculties/hsc/nur/announcements/article/?languageId=100&contentId=543370>

11. Member of scientific societies

- Cyprus Nurses and Midwives Association
- Hellenic Nurses Association (ENE)
- Hellenic National Association of Nurses (ESNE)
- Hellenic Critical Care Nursing Association
- Working Group of Emergency & Intensive Care of the Hellenic National Association of Nurses

E. PEDAGOGICAL PORTFOLIO

1. Teaching activities (Cyprus & Greece)/ Undergraduate and Master's programs

I. As faculty member at the Cyprus University of Technology, Department of Nursing

I.1. Undergraduate program

<u>Course (duration of courses: 13 weeks)</u>	<u>Total hours/semester</u>	<u>Academic Year</u>
Critical Care Nursing (NUR 452) (co-teaching and course coordinator)	39 hrs	Fall semester (2014- 2016)
Critical Care Nursing((NUR 452) (teaching and course coordinator)	39 hrs	Fall semester (2017- present)
Nursing Specialties (pre-hospital care, emergency nursing, surgical specialties) (NUR 459) (co-teaching and course coordinator)	78 hrs	Spring semester (2015- 2016)
Nursing Specialties (pre-hospital care, emergency nursing, surgical specialties) (NUR 459) (teaching and course coordinator)	78 hrs	Spring semester (2017- present)

Co-teaching: half of course modules are taught by another colleague.

Course co-ordination: In charge of syllabus, reading materials, on-line content and student assessment

I.2. Master's program entitled Advanced Clinical Nursing & Healthcare: Coordinator of the track 'Advanced Emergency & Intensive Care'

<u>Course (duration of courses: 13 weeks)</u>	<u>Total hours/semester</u>	<u>Academic Year</u>
Advanced Pathophysiology in Critical Care (NUR 510) (teaching and course coordinator)	30 hrs	Fall semester (2015, 2017, 2019, 2023)
Advanced Intensive Care Nursing and Health Care (NUR 517) (teaching and course coordinator)	30 hrs	Spring semester (2016, 2018, 2020, 2024)
Continuous Clinical Evaluation and Therapeutic	24 hrs	Spring semester (2016,

Decision Making (NUR 518) (teaching and course coordinator)		2018, 2020, 2024)
Advanced Emergency Care (NUR 520) (teaching and course coordinator)	36 hrs	Spring semester (2016, 2018, 2020, 2024)
Theory and Practice of Advanced Life Support – ALS (with certification) (NUR 526) (course coordinator)	24 hrs	Spring semester (2016, 2018, 2020, 2024)
Advanced Clinical Practices- NUR 570 (Coordination)	280 hrs	Fall and spring semester (2024)

Course co-ordination: In charge of syllabus, reading materials, on-line content and student assessment

II. As Special Scientist at the Cyprus University of Technology, Department of Nursing

Under-Graduate program

<u>Course (duration of courses: 13 weeks)</u>	<u>Total hours/semester</u>	<u>Academic Year</u>
Nursing Specialties (pre-hospital care, emergency nursing, surgical specialties) (NUR 459)	59 hrs of theory	Spring semester 2011, 2012, 2013

III. As faculty member at the Technological Educational Institute (TEI) of Athens (University of West Attica since March 2018), Department of Nursing, Athens, Greece

Undergraduate program

<u>Course (duration of courses: 13 weeks)</u>	<u>Hours/week</u>	<u>Academic Year</u>
Adult Medical Surgical Nursing I	Clinical instructor, 16 hrs	Fall semester 2010-2014
Adult Medical Surgical Nursing II	Clinical instructor, 16 hrs	Spring semester 2011-2014

IV. As teaching assistant at the University of Athens, Faculty of Nursing

Undergraduate program

<u>Course (duration of courses: 13 weeks)</u>	<u>Hours/week</u>	<u>Academic Year</u>
Introduction to Nursing	2 hrs/ week	Fall semester (2000-2009)
Emergency & Critical Care Nursing	6-10 hrs/ week	Fall semester (2003-2009)
Evidence-Based Nursing	3-4 hrs/ week	Spring semester (2005-

2009)

V. As clinical instructor at the University of Athens, Faculty of Nursing

Undergraduate program: 549 hrs, 5 courses

<u>Course</u>	<u>Hours in total</u>	<u>Academic Year</u>
Nursing Practice	52 hrs	1997-1998
Medical Nursing	104 hrs	1997-1999
Basic Nursing Skills II	81 hrs	2002-2003, 2008-2009
Systems of Nursing Care Delivery	24 hrs	2002-2003
Emergency and Critical Care Nursing	288 hrs	2003-2009

VI. Teaching at seminars/ continuing education programs / Nursing Specialty Curriculum

<u>Course</u>	<u>Hours in total</u>	<u>Academic Year</u>
1. Basic Nursing Skills. Continuing education seminars (EUROCLINIC HOSPITAL)	176	05/1998 – 06/1998
2. ICU Nurses Specialty. Post-graduate education in nursing oncology and psycho-oncology of the Hellenic Anticancer Society and Hellenic Society of Nursing Studies, Athens, Greece	80	10/1998 – 01/1999
3. Nursing Care in Dialysis Patient. Post-graduate education in nursing oncology and psycho-oncology of the Hellenic Anticancer Society and Department of Nursing Oncology, Athens, Greece	80	03/1999 – 06/1999
4. Fighting Cancer – Nursing Approach – Pain Management. Post-graduate education in nursing oncology and psycho-oncology of the Hellenic Anticancer Society and Department of Nursing Oncology, Athens, Greece	80	11/1999–02/2000
5. Management of pressure ulcers/ Urinary catheterization/ Nursing management of endocrine alterations. Post-graduate education at “Sotiria” Hospital	7	03/2000
6. Cardiac Surgery Nursing. Surgical nursing specialty: Post-graduate program	4	06/2002
7. Cardiac Surgery Nursing. Surgical nursing specialty: Post-graduate	4	07/2003

program

8. **Cardiac Surgery Nursing.** Surgical nursing specialty: Post-graduate 2 09/2004

program

9. **Weaning and the use of related medications in the ICU.** Seminars 6 10/2013

of the Working Group of Emergency & Intensive Care of the Hellenic
National Association of Nurses, Athens, Greece

10. **Adult and pediatric critical care nursing.** Post-graduate program. 36 2015-2016, 2017-2018

Ministry of Health, Nursing Services, Nicosia, Cyprus (18 hrs/ academic
year)

F. ADMINISTRATIVE PORTFOLIO

1. Administrative bodies/ committees at the Cyprus University of Technology

Administrative body	Academic Years
Master's program entitled Advanced Clinical Nursing & Healthcare: Coordinator of the track 'Advanced Emergency & Intensive Care', Department of Nursing, Cyprus University of Technology	2015- present
Department of Nursing Council, Member	2014- present
Selection committees for Department of Nursing Special Scientists, Member	2015- present
University's Under-Graduate and Graduate Curriculum Committee, Member	2016- present
Postgraduate candidate selection committees for nursing specialties, Member	2016- present
Interview committees for critical care nursing postgraduate candidates, Coordination, and conduction roles	2017- present
Senate, Elected Member	09.2017-03.2018
Faculty of Health Sciences Council, Elected Member	01.2019-12.2020
Senate Committee of Studies, Library and Student Life, Elected Member	01.2019-06.2023
Senate Strategic Planning and Development, Elected Member	09.2020-06.2021

2. Participation in Administrative bodies/ committees at the Technological Educational Institute (TEI) of Athens (University of West Attica since March 2018), Department of Nursing, Athens, Greece

Administrative body	Academic Years
Surgical Nursing Section Council, TEI, Member	2010-2014
Department of Nursing Council, TEI, Member	2010-2014