

# **ANASTASIOS MERKOURIS, RN, MS, PhD**

**Associate Professor in Nursing Management  
School of Health Sciences  
Cyprus University of Technology**

## **CURRICULUM VITAE**

## I. EDUCATION

- 1992 Bachelor degree in Nursing from the University of Athens, grade excellent (8,75)
- 1993 Completion of one-year post-graduate course “**Methodology of research**” at the University of Athens, Department of Nursing
- 1995 Master of science in **Nursing Administration** from the University of California, San Francisco, U.S.A. (Rank 2<sup>nd</sup> in the US, GPA=4.0)
- 1996 Doctoral degree from the University of Athens in **Nursing Administration** with subject “**Patient satisfaction, criterion of quality of nursing services**”. Grade excellent
- 1997 Pedagogic degree (postgraduate one year course) grade 8,5.

## SCHOLARSHIPS

- 1989, 1990, 1991 Scholarships from the National Institute of Scholarships (NIS)
- 1993
- 1993 Scholarship from the University of California, San Francisco, U.S.A. (Constantine Rasis Scholarship) for the MS program.

## II. WORK EXPERIENCE

- Jan 1993 Nursing National License (RN)
- Feb.1993 - Sep. 1993 Staff nurse, CICU, Onasis Cardiac Surgery Hospital
- Dec.1994 – Mar.1995 Participation in research projects related to quality improvement of nursing services and supportive to the Quality Assessment and Improvement program in the Department of Nursing at the Medical Center at University of California San Francisco (UCSF) Medical Center (Residency for MS program)
- Feb. 1995 - Feb. 1997 Nurse in charge, Director of nursing services office, Laiko General Hospital of Athens
- Feb. 1997 - Jan. 1999 Staff nurse, CICU, Evagelismos General Hospital of Athens
- Feb. 1999 - Mar. 2002 Manager, Training Department, Evagelismos General Hospital of Athens



Mar 2008 - today **Associate Professor of Nursing, Cyprus University of Technology**

**Special positions:**

**From Mar 2009 – July 2010 Vice-Chair of the Department of Nursing**

**From August 2010 – November 2012 Chair of the Department of Nursing**

**From February 2012 – February 2015 member of the Governing Board of the Cyprus University of Technology**

**From February 2012 – February 2015 Acting Dean of the School of Health Sciences and member of the Governing Board of the University**

Sep 2012 - today

**Member of the Academic board of the Msc program “Health Policy and Planning”, Open University of Cyprus.**

**Member of the Electoral Board for the selection of tutors.**

**Coordinator and member of KYSATS for recognition of programs related to health studies**

### **III. EDUCATIONAL WORK**

#### **UNDERGRADUATE LEVEL**

Academic years  
2001 - 2005

**Organization and Administration of Nursing Services**, Adjunct – Professor for the graduate course Military School of Nursing Officers, MSN.

MSN is a higher education institution (as universities and TEI) in which highly referenced academic professors and military trainers are offering to the cadets the required knowledge and skills, in order to be properly equipped, as Nursing Officers, to accomplish their highly demanding mission: From the academic year of 2004-2005 the academic training is provided from the Department of Nursing at the University of Athens. (4 academic years)

Academic year 2005  
(spring semester) –2007  
(winter semester)

**Administration of Nursing Services**, and **Methodology of Nursing Research**, Technological Institute of Crete (TEI), Department of Nursing.

Supervision of student thesis (over 15)

Academic year  
2008 – today

**Nursing Management, Methodology of Nursing Research and Principles of Teaching and Learning in Nursing** (undergraduate level), Cyprus University of Technology.

Academic year 2009 - 2012 **Leadership and Nursing Management, and Methodology of Research** in the upgrade program for nurses (3100 students completed this program), Cyprus University of Technology.

Academic year 2016 - today **Methodology of Research for Rehabilitation Sciences** (SLP undergraduate program). Department of Rehabilitation, Cyprus University of Technology.

## GRADUATE LEVEL

Academic years 1995 - 1998 **Nursing Administration and Personnel Education**, Coadjutant (assistant lecturer) in post graduate courses at the School of Nursing University of Athens

Academic year 1997 - 1998 **Management Issues** in the specialty **“Organization and Administration of Nursing Services”**, Adjunct – Professor, Department of Nursing, University of Athens.

Academic year 1997 - 1998 **“Quality Control”** in the specialty **“Organization and Administration of Nursing Services”**, Adjunct – Professor, Department of Nursing, University of Athens.

Academic year 2008 - today **Organization and Administration of Health Services** for Mental, Mindwifery and other training programs (post-graduate diploma) in association with the Ministry of Health, Cyprus University of Technology.

Academic year 2012 - today **Methodological Approaches in Health Care Research**, MS program for Advanced Nursing, Cyprus University of Technology.

Academic year 2014 - today **Leadership and Quality Management of Health Services**, MS program for Advanced Nursing, Cyprus University of Technology.

Academic year 2016 - today **Methodology of Midwifery Research and Organization and Management of Maternity Units / Services**, MS program for Midwives, Cyprus University of Technology

## CONTINUING EDUCATION - TRAINING

**1996-2000** Teaching in various Greek hospital training programs of health care professionals (> 300 hours) on issues of **Organization and Administration of Nursing Services, Quality Management, Evaluation and improvement of quality of health services of health.**

Teaching (over 345 hours) in programs that organized by Greek National Center of Public Administration in hospitals of the Greek National Health System all over the country, in Military hospitals, in superior employees of Ministry of Health, Health Inspectors etc. on the subjects "Total Quality Management" and "Patient Satisfaction".

## IV. PUBLICATIONS

### A. BOOKS

1. Leino-Kilpi H., Valimaki M., Gausull M., Lemonidou C., Scott A., Zipter U., Arndt M., Cabrera E., **Merkouris A.**, Shopp A., Suhonen, R. (2003). **Ethics in everyday nursing interventions: Autonomy, Privacy and Informed Consent in Five European Countries.** Published in Spain: Association De Bioetica Fundamental Y Clinica. **ISBN: 84-923165-7-8.**
2. **Merkouris A.** (2008) **.Methodology of Nursing Research.** Athens: Ellin (pages 263)  
ISBN 978-960-697-005-4
3. **Merkouris A.** (2008). **Nursing Management. Athens: Ellin (pages 430)**  
ISBN 978-960-697-005-4

### B. RESEARCH MONOGRAPHS

1. **Merkouris A,** Apostolakis E. (2004). **Coronary artery bypass grafting and Quality of life.** Pages 194. ISBN: 960-92389-0-4

### C. ARTICLES IN INTERNATIONAL REFEREED JOURNALS (47)

1. **Merkouris A.** Computer-based documentation and bedside terminals. *Journal of Nursing Management* 1995, 3: 81-85.
2. **Merkouris A,** Ifantopoulos J, Lanara V, Lemonidou C. Patient satisfaction: a key concept for evaluating and improving nursing services. *Journal of Nursing Management* 1999, 7: 19-29.
3. **Merkouris A,** Ifantopoulos J, Lanara V, and Lemonidou C. Patient satisfaction: Developing an instrument to measure patient satisfaction with nursing care in Greece. *Journal of Nursing Management* 1999, 7: 91-100.
4. Lemonidou C, Priami M, **Merkouris A,** Kalafati M, Tafas C, Plati, C. Nurses' perceptions toward seclusion and use of restraints for psychiatric patients in Greece. *Journal of European Psychiatry* 2002, 16(2): 81-90.
5. Lemonidou C, **Merkouris A.,** Leino-Kilpi, H, Välimäki M, Dassen T, Gasull M, Scott A, Papathanasoglou E, Arndt M. Nurses' and elderly patients' perceptions regarding autonomy, privacy and informed consent in nursing interventions in Greece. *Reviews in Clinical Gerontology* 2002, 12: 191-204.
6. **Merkouris A,** Papathanasoglou E, Pistolas D, Papagiannaki V, Floros J, Lemonidou C. Staffing and organisation of nursing care in cardiac intensive care units in Greece. *European Journal of Cardiovascular Nursing* 2003, 2: 123-129. (Available online: Science Direct – Elsevier). **Special article in the newspaper "THE NEWS" on 9 December 2003 under the title "Intensive care in Intensive care"**
7. Lemonidou C., **Merkouris A.,** Leino-Kilpi, H., Välimäki M., Dassen T., Gasull M., Scott A., Arndt M. A comparison of surgical patients' and nurses' perceptions of patient autonomy, informed consent and privacy in nursing interventions. *Clinical Effectiveness* 2003, 7: 73-83.
8. Lemonidou C, Leino-Kilpi H, Välimäki M, Dassen T, Gasull M, Scott PA, **Merkouris A,** Arndt M & Kaljonen A. (2003). Privacy in surgical nursing care: a comparative study of patients' and nurses' perceptions. *Journal of Advanced Perioperative Care* 1 (4), 113-121. **Special article in the newspaper "THE NEWS" in 1 June 2004 under the title "impingement of patients' rights"**
9. **Merkouris A,** Papathanasoglou E, Lemonidou C. Evaluation of Patient Satisfaction with Nursing Care: Quantitative or Qualitative Approach? *International Journal of Nursing Studies* 2004, 41(4), 355-67.

10. Adali E, **Merkouris A**, Priami M. The attitudes of general and oncological hospital personnel to euthanasia. *Nursing World* 2004 (ISSN 1108-7366), Jan-Mar, (17).
11. Patiraki E, Karlou CH, Papadopoulou D, Spyridou A, Kouloukoura CH, Bare E, **Merkouris A**. Barriers in implementing research findings in cancer care. The Hellenic registered nurses' perceptions. *European Journal of Oncology Nurses* 2004, 8(3), 245-56.
12. Androulaki A, **Merkouris A**, Tsouras C, Androulakis M. Knowledge towards voluntary blood donation among a sample of students in TEI of Crete. *ICUs and Nursing Web Journal* 2005 Jul-Sep (ISSN 1108-7366), (23).
13. Apostolakis E, **Merkouris A.**, Pistolas D., Papagiannaki V, Diakomopoulou E., Patirakiaki E. Quality of life after coronary artery bypass surgery in male patients: 1 year follow-up. *ICUs and Nursing Web Journal* 2006 Aug-Okt (ISSN 1108-7366), (27).
14. Androulaki, Z. et al., 2008. The phenomenon of women abuse: attitudes and perceptions of health professionals working in health care centers in the prefecture of Lasithi, Crete, Greece. *Health Science Journal*, 2(1), pp.33–40.
15. Matziou V, Perdikaris P, Feloni D, Moschovi M, Tsoumakas K, **Merkouris A**. Cancer in childhood: children's and parents' aspects for quality of life. *Eur J Oncol Nurs*. 2008 Jul;12(3):209-16.
16. Brokalaki H, Matziou V, Brokalaki E, **Merkouris A**, Fildissis G, Myrianthefts P. Antibiotic and O2 omissions and errors in hospitalized patients. *J Nurs Care Qual*. 2008 Jan-Mar;23(1):86-91. Newspaper *Vima* March 23, 2008.
17. Matziou V, Brokalaki H, Kyritsi H, Perdikaris P, Gymnopoulou E, **Merkouris A**. What Greek mothers know about evaluation and treatment of fever in children: an interview study. *Int J Nurs Stud*. 2008 Jun;45(6):829-36.
18. Apostolakis E, **Merkouris A**, Koniari I. eComment: Even the elderly post-CABG patients have a better HRQoL postoperatively. *Interact Cardiovasc Thorac Surg*. 2008 Aug;7(4):568.
19. Perdikaris P, **Merkouris A**, Patiraki E, Papadatou D, Vasilatou-Kosmidis H, Matziou V. Changes in children's fatigue during the course of treatment for paediatric cancer. *Int Nurs Rev*. 2008 Dec;55(4):412-9.
20. **Merkouris A**, Apostolakis E, Pistolas D, Papagiannaki V, Diakomopoulou E, Patiraki E. Quality of life after coronary artery bypass graft surgery in the elderly. *Eur J Cardiovasc Nurs*. 2009 Mar;8(1):74-81.
21. Perdikaris P, **Merkouris A**, Patiraki E, Tsoumakas K, Vasilatou-Kosmidis E, Matziou V. Evaluating cancer related fatigue during treatment according to children's, adolescents' and parents' perspectives in a sample of Greek young patients. *Eur J Oncol Nurs*. 2009 Dec;13(5):399-408.

22. Efstathiou, G., Papastavrou, E., Raftopoulos, V., & **Merkouris, A.** (2011a). Compliance of Cypriot nurses with Standard Precautions to avoid exposure to pathogens. *Nursing and Health Sciences*, 13, 53–59.
23. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A.** Factors influencing nurses' compliance with Standard Precautions in order to avoid occupational exposure to microorganisms: A focus group study. *BMC Nurs.* 2011 Jan 21;10:1.
24. Palese, A., Tomietto, M., Suhonen, R., Efstathiou, G., Tsangari, H., **Merkouris, A.**, Papastavrou, E. Surgical patient satisfaction as an outcome of nurses' caring behaviors: A descriptive and correlational study in six European countries. *Journal of Nursing Scholarship* 2011, 43: 341–350.
25. Papastavrou E, Karlou C, Tsangari H, Efstathiou G, Sousa VD, **Merkouris A**, Patiraki E. Cross-cultural validation and psychometric properties of the Greek version of the Caring Behaviors Inventory: a methodological study. *J Eval Clin Pract.* 2011 Jun;17(3):435-43.
26. Papastavrou, E., Efstathiou, G., Tsangari, H., Suhonen, R., Leino-Kilpi, H., Patiraki, E., **Merkouris, A.** Patients' and nurses' perceptions of respect and human presence through caring behaviours: A comparative study. *Nursing Ethics*, 2012.
27. Papastavrou, E., Efstathiou, G., Tsangari, H., Suhonen, R., Leino-Kilpi, H., Patiraki, E., **Merkouris, A.** A cross-cultural study of the concept of caring through behaviours: Patients' and nurses' perspectives in six different EU countries. *Journal of Advanced Nursing* 2012, 68, 1026–1037. Publication selected as Editor's choice.
28. Suhonen R, Papastavrou E, Efstathiou G, Tsangari H, Jarosova D, Leino-Kilpi H, Patiraki E, Karlou C, Balogh Z, **Merkouris A.** Patient satisfaction as an outcome of individualised nursing care. *Scand J Caring Sci.* 2012 Jun; 26(2):372-80. Publication selected as Editor's choice.
29. Hadjibalassi M, Papastavrou E, Lambrinou E, Tsangari H, Athini E, Georgiou E, Nicolaou E, **Merkouris A.** Development of an instrument to determine competencies of postgraduate ICU nurses in Cyprus. *Nurs Crit Care.* 2012 Sep-Oct;17(5):255-64.
30. Efstathiou, G., Papastavrou, E., Raftopoulos, V., & **Merkouris, A.** Prevalence of Occupational Exposure to Pathogens and Reporting Behaviour among Cypriot Nurses. *International Journal of Caring Sciences* 2013; 6(3): 420-430.
31. Sokratous S, **Merkouris A**, Middleton N, Karanikola, M. (2013). The association between stressful life events and depressive symptoms among Cypriot university students: a cross-sectional descriptive correlational study, *BMC Public Health.* 2013 Dec 5; 13:1121. doi: 10.1186/1471-2458-13-1121.
32. Patiraki E, Karlou C, Efstathiou G, Tsangari H, **Merkouris A**, Jarosova D, Leino-Kilpi H, Suhonen R, Balogh Z, Palese A, Tomietto M, Papastavrou E. The Relationship Between

- Surgical Patients and Nurses Characteristics With Their Perceptions of Caring Behaviors: A European Survey. *Clin Nurs Res.* 2014, Apr; 23(2):132-52.
33. Andreou, C., Papastavrou, E., & **Merkouris, A.** (2014). Learning styles and critical thinking relationship in baccalaureate nursing education: A systematic review. *Nurse Educ Today.* 2014 Mar;34(3):362-71. doi: 10.1016/j.nedt.2013.06.004. Epub 2013 Jul 3.
  34. Papastavrou E, Andreou P, Tsangari H, **Merkouris A.** Linking patient satisfaction with nursing care: the case of care rationing - a correlational study. *BMC Nurs.* 2014 Sep 3;13:26. doi: 10.1186/1472-6955-13-26. eCollection 2014.
  35. Sokratous S, **Merkouris, A,** Middleton, Karanikola, M. (2014). The prevalence and socio-demographic correlates of clinically significant depressive symptoms among Cypriot university students: a cross-sectional descriptive co-relational study. *BMC Psychiatry.* 2014 Aug 20;14:235. doi: 10.1186/s12888-014-0235-6.
  36. Vryonides S, Papastavrou E, Charalambous A, Andreou P, **Merkouris A.** The ethical dimension of nursing care rationing: A thematic synthesis of qualitative studies. *Nurs Ethics.* 2014 2015 Dec;22(8):881-900.
  37. Lambrou P, Papastavrou E, **Merkouris A,** Middleton N. Professional environment and patient safety in emergency departments. *Int Emerg Nurs.* 2015 Apr; 23(2):150-5.
  38. Andreou C, Papastavrou E, Lemonidou C, Mattheou K, **Merkouris A.** Adaptation and Validation of the Learning Style Inventory Version 3.1 in Greek Language: A Methodological Study. *Journal Of Nursing Measurement* 2015, 23 (2): 88-111.
  39. Papastavrou E, Andreou P, Middleton N, **Merkouris A,** Lambrou P, Lemonidou C. (2015), Translation and Validation of the Revised Professional Practice Environment Questionnaire in the Greek Language. *J Nurs Meas.* 2015; 23(3):112-27.
  40. Papastavrou E, Efstathiou G, Tsangari H, Karlou C, Patiraki E, Jarosova D, Balogh Z, **Merkouris A,** Suhonen R. Patients' decisional control over care: a cross-national comparison from both the patients' and nurses' points of view. *Scand J Caring Sci.* 2015, 30: 26-36 .
  41. Kaite, C., Karanikola M, **Merkouris, A,** Papatthanassoglou, E. An Ongoing Struggle With the Self and Illness”: A Meta-Synthesis of the Studies of the Lived Experience of Severe Mental Illness. *Archives of Psychiatric Nursing* 2015 Dec; 29(6):458-73.
  42. Papastavrou E, Charalambous A, Vryonides S, Eleftheriou C, **Merkouris A.** To what extent are patients’ needs met on oncology units? The phenomenon of care rationing. *European Journal of Oncology Nursing* 2016, 21:48–56.
  43. Christou, A., Papastavrou, E., **Merkouris, A.,** Frangos, S., Tamana, P., & Charalambous, A. Clinical Studies of Nonpharmacological Methods to Minimize Salivary Gland Damage after Radioiodine Therapy of Differentiated Thyroid Carcinoma: Systematic Review.

Evidence-Based Complementary and Alternative Medicine 2016: eCAM, 2016, 6795076.  
<http://doi.org/10.1155/2016/6795076>

44. Rovithis, M., Linardakis, M., Rikos, N., **Merkouris, A.**, Patiraki, E., & Philalithis, A. Organizational culture among nurses working in the public health sector on the island of Crete – Greece. *Health Science Journal* 2016, 10(2): 14.
45. Vryonides S, Papastavrou E, Charalambous A, Andreou P, Eleftheriou C, **Merkouris A.** Ethical climate and missed nursing care in cancer care units. *Nursing Ethics*. 2016 Sep 27. pii: 0969733016664979. [Epub ahead of print] PubMed PMID:27679538.
46. Kaite, C., Karanikola M, Vouzavali F, Koutroubas A, **Merkouris A.**, Papathanassoglou, E. The experience of Greek-Cypriot individuals living with mental illness: preliminary results of a phenomenological study. *BMC Psychiatry*. 2016 Oct 6;16(1):343
47. Rovithis, M., Linardakis, M., **Merkouris, A.**, Patiraki, E., Vassilaki, M., & Philalithis, A. Organizational culture among levels of health care services in Crete (Greece). *Iranian Journal of Public Health*. Accepted 9/3/2016.

#### **D. PUBLICATIONS IN GREEK REFEREED JOURNALS (45)**

1. Lemonidou C, **Merkouris A**. Patient classification systems in nursing. *Nosileftiki* 1996, 4:244-253.
2. **Merkouris A**, Lemonidou C. Patient satisfaction with nursing services. *Nosileftiki* 1998, 1: 4-26.
3. Lemonidou C, **Merkouris A**. The role of the nurse in the formation of health policy. *Nosileftiki* 1998, 2: 106-113.
4. **Merkouris A**, Lemonidou C. Evaluation of the quality of nursing care. *Nosileftiki* 1999, 1: 6-15.
5. Lemonidou C, **Merkouris A**, Kapela M, Panagiotou A, Arndt M, Dassen T, Gasull M, Scott A, Valimaki M, Leino-Kilpi H. The concepts of autonomy, privacy and informed consent in nursing. *Nosileftiki* 1999, 3: 209-215.
6. **Merkouris A**, Vastardis L, Diakomopoulou E, Kalogianni A, Pistolas D, Argiriou M, Apostolakis E. Information and perioperative education of cardiac surgery patients. *Nosileftiki* 2001, 1: 67-74.
7. **Merkouris A**, Kalafati M, Kalograna D, Lemonidou C. Infection control practices among nursing staff in ICUs. *Nosileftiki* 2001, 2: 49-57. *Nosileftiki* 2001, 1: 67-74.
8. Lemonidou C, **Merkouris A**, Kiranou M, Leino-Kilpi H, Valimaki M, Dassen T, Gasull M, Scott A, Arndt M, Παναγιώτου Α. Ethical issues in nursing: a pilot study. *Nosileftiki* 2001, 2: 92-101.
9. **Merkouris A**, Ouzounidou A, Moudieridou D, Roumbi M, Sougris P, Lemonidou C. Assessment of medical and surgical patients' satisfaction with nursing care in a general hospital. *Nosileftiki* 2001, 3: 74-84.
10. Priami M, **Merkouris A**, Adali E, Tourouki G. Nursing personnel opinions for euthanasia. *Nosileftiki* 2001, 4: 43-50.
11. **Merkouris A**, Papagiannaki V, Ouzounidou A. Computers: are nurses ready to adapt the new technology. *Nosileftiki* 2001, 4: 51-59.
12. Stathopoulos T, **Merkouris A**. Nursing process and classifications schemes of nursing data. *Nosileftiki* 2002, 2: 147-155.
13. **Merkouris A**, Dimitrouli A, Georganta A, Ouzounidou A. Assessment of pressure sores: prevalence and identification of patients in high risk. *Nosileftiki* 2002, 2: 197-205.

14. **Merkouris A**, Diakomopoulou E, Pistolas D, Papagiannaki V, Argiriou M, Apostolakis E, Ouzounidou A. Quality of life after coronary artery bypass surgery: a pilot study. *Nosileftiki* 2002, 3: 337-349.
15. **Merkouris A**, Pistolas D, Papagiannaki V, Diakomopoulou E, Argiriou M, Ouzounidou A, Apostolakis E. Quality of life after coronary artery bypass grafting: a comparative study. *Vema of Asklipios* 2003, 2(3):147-158.
16. **Merkouris A**, Lemonidou C, Panagiotou A, Leino-Kilpi H, Valimaki M, Dassen T, Gasull M, Scott A, Arndt M. Patients' and nurses' perceptions for the protection of privacy in hospitals: a comparative study. *Nosileftiki* 2003, 42(1): 110-122.
17. Papathanasoglou E, **Merkouris A**, Pistolas D, Papagiannaki V, Tziallas D, Lemonidou C. Coronary care units in Greece: exploration of the organization of nursing care. *Nosileftiki* 2003, 42(2): 206-218.
18. Lemonidou C, **Merkouris A**, Panagiotou A, Leino-Kilpi H, Valimaki M, Dassen T, Gasull M, Scott A, Arndt M. Investigation of patients' and nurses' perceptions on the realization of informed consent in nursing care. *Nosileftiki* 2003, 42(3): 334-346.
19. **Merkouris A**. Coronary artery bypass grafting and health-related quality of life. *Nosileftiki* 2003, 43(1): 34-36.
20. Lemonidou C, **Merkouris A**, Panagiotou A, Leino-Kilpi H, Valimaki M, Dassen T, Gasull M, Scott A, Arndt M. Patients' and nurses' perceptions on autonomy in nursing interventions. *Nosileftiki* 2003, 43(1): 84-99.
21. Giakis N, **Merkouris A**, Polichronopoulou E, Adali E. Intensive care units: nursing staff's attitudes towards euthanasia. *Nosileftiki* 2005, 44(1):84-91.
22. Zacharopoulos P, Prelorentzou C, **Merkouris A**. Assessment of nurses' knowledge on Basic Cardio Pulmonary Resuscitation (B-CPR). *Nosileftiki* 2007 46(3): 381-389.
23. Androulaki Z, **Merkouris A**, Rovithis M, Zidianakis Z, Tsirakos D, Kakavelakis K, Adnroulakis E. Attitudes and perceptions of nursing personnel against the abuse of women in Crete. *Nosileftiki* 2007, 46(4):545-553
24. Perdikaris P, Papadatou D, Patiraki E, **Merkouris A**, Kosmidis-Vasilatou E, Matziou V. Assessment of cancer related fatigue in children and adolescents. *Nosileftiki* 2008: 47(1): 112-21.
25. Katsimigas G, Spiliopoulou C, Hatzilaou I, Gika M, Kiritsi H, **Merkouris A**. Attitude and opinion of volunteer blood donors regarding in vitro fertilization. *Nosileftiki* 2008, 47(3):396-405.
26. **Merkouris A**, Apostolakis E, Pistolas D, Papagiannaki V, Diakomopoulou E, Patiraki E. Quality of life after coronary artery bypass surgery: *Nursing and Research* 2008, 20: 29-40.

27. Katsimigas G, Spiliopoulou C, Hatzilaou I, Gika M, **Merkouris A**, Karavas A. Attitude and opinion of volunteer blood donors regarding access to genetic data and genetic examinations. *Nursing and Research* 2009, 23 28-36.
28. Papastavrou E, Efstathiou G, Nikitara M, Tsangari X, **Merkouris A**, Karlou C, Palese A, Tomietto M, Balogh Z, Suhonen R, Leino-Kilpi H, Jarošová D, Patiraki E. The Concept of Caring in Nursing: Results from a Pilot Research Study. *Nosileftiki* 2010, 49 (4): 406-417.
29. **Merkouris A**, Andreadou A, Papastavrou E, Athini E, Hadjibalassi M, Rovithis M, Lemonidou C, Patiraki E. Medical patients' satisfaction with nursing care in public hospitals in Cyprus. *Nursing and Research* 2011, 29: 11-16. **Utilisation of the questionnaire from the Ministry of Health in Cyprus.**
30. Demetriou M, **Merkouris A**. The Quality of Life of Elderly Cardiac Patients. *Cyprus Nursing Chronicles*, 2011 Jun; 12 (2): 18-30. Efstathiou G, Papastavrou E, Raftopoulos V. **Merkouris A**. Health-care associated infections: A look at their history [Greek]. *Cyprus Nursing Chronicles*, 2011 Sep; 12 (3): 7-16.
31. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A**. Equipment and procedures that protect from occupational exposure to microorganisms [Greek]. *Nursing Care & Research / Nosileia kai Ereuna*, 2011 Sep-Dec; (31): 31-40.
32. **Merkouris, A.**, Andreadou, A., Papastavrou, E., Athini, E., Hadjibalassi, M., Rovithis, M., Patiraki, E., Lemonidou, C. Surgical patients' satisfaction with nursing care in public hospitals in Cyprus. *Nursing & Research* 2011, 31, 11-16. **Utilisation of the questionnaire from the Ministry of Health in Cyprus.**
33. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A**. Health – care associated infections: a look at their history. *Cyprus Nursing Chronicles* 2011, 12(3): 7-16.
34. Andreadou A. & **Merkouris A**. Patient satisfaction with nursing care in medical wards: a systematic literature review. *Nursing & Research* 2011, 31, 24-30.
35. **Merkouris, A.**, Andreadou, A., Athini, E., Hadjibalassi, M., Rovithis, M., Papastavrou, E. Assessment of patient satisfaction in public hospitals in cyprus: a descriptive study. *Health Science Journal* 2013, 1, 28-40.
36. Lambrou P, Papastavrou E, Middleton N, **Merkouris A**. The perceptions of nurses and physicians working in Cyprus public accident emergency rooms of their professional practice environment. *Cyprus Nursing Chronicles* 2013, 14(2): 33-41.
37. Papastavrou E, Andreou P, **Merkouris A**. Rationing of Nursing Care and Professional Environment: Exploration of Nurses' Views. *Nosileftiki* 2013, 52 (4).
38. Lambraki M, Konstantinidis T, Koutsipetsidis V, Vogiatzaki I, Stavropoulou A, **Merkouris A**. Comparing nurses' and patients' views on the quality of the provided nursing care in surgical departments of public hospitals in the island of Greece. *Vima tou Asklipiou*, 2013 Apr-Jun; 12 (2): 1-17.

39. Lambrou P, **Merkouris A**, Middleton N, Papastavrou, E. Nurses' perceptions of their professional practice environment in relation to job satisfaction: a review of quantitative studies. *Health Science Journal*, 2014 Jul-Sep; 8 (3): 298-317.
40. Prodromou M, Efstathiou G, Andreou C, Athini E, Charitou A, Vryonides S, Constantinou D, Demetriadou M, **Merkouris A**, Papastavrou E. Nurse forecasting in Cyprus (RN4CAST): Rationale, design and methodology. *Cyprus Nursing Chronicles* 2014, 15(1): 33-41.
41. Gabriel E, **Merkouris A**, Middleton N, Papastavrou E. Organizational Culture of Nursing Staff in the Hospital Setting: A Systematic Literature Review. *Nosileftiki* 2015, 54 (1): 25-37.
42. Papastavrou E, Andreou C, Prodromou M, Efstathiou G, , Athini E, Charitou A, Vryonides S, Constantinou D, Demetriadou M, **Merkouris A**. RN4CAST-CYPRUS: The pilot study. *Cyprus Nursing Chronicles* 2014, 15(1): 17-24.
43. Gabriel E, **Merkouris A**. Exploring nursing culture through sociological and symbolic theoretical approach. *Nursing and Research* 2016, 43:227-233.
44. Rovithis M., Linardakis M, **Merkouris A**, Philalithis A. Organizational culture of Physicians on the island of Crete. *Archives of Hellenic Medicine* 2016, 33(2):207-216.
45. Sokratous S, **Merkouris, A**, Middleton, Karanikola, M. (2014). The prevalence and socio-demographic correlates of clinically significant depressive symptoms among Cypriot university students. *Nosileftiki* 2017 (To be printed).

## **Z. ABSTRACTS – PRESENTATIONS IN INTERNATIONAL CONGRESSES**

### **(Indicative)**

Plati C, Priami M, Brokalaki H, **Merkouris A**, Baltzi H, and Lemonidou C. **The problem of pressure sores: frequency, severity and cost**. Proceedings, First European ulcer advisory panel open meeting, Academic Centre, John Radcliffe Hospital, Oxford, England, 21-23 September 1997.

Plati C, Priami M, **Merkouris A**, Brokalaki Hero, Lemonidou C. **Pressure Sores in Long Term Patients**. Second European Pressure Ulcer Advisory Panel Open Meeting, 20-22 February 1998, Academic Centre, John Radcliffe Hospital, Oxford, England.

Priami M, Lemonidou C, **Merkouris A**, Plati M. **Nursing research related to psychiatric patient's restraints: Ethical Dimensions**. Forth European Mental Health Conference, 19 – 21 Feb 1999, Jersey, Channel Islands, Netherlands.

Leino-Kilpi H, Valimaki M, Arndt M, Dassen T, Gausull M, Lemonidou C, Scott A, Bansemir G, Cabrera E, McParland J, **Merkouris A**. (2000). **Privacy in nursing interventions in elderly care**. 2<sup>nd</sup> International Health Care Conference, 14-17 Aug 2000, Unisa, South Africa.

Gygtakis O, **Merkouris A**, Somarakis D. **Implementation to a hospital wide training system at Evagelismos Hospital**. 8th International Conference on Health Promoting Hospitals» 15 -16 June 2000, Ministry of Health and WHO, Caravel Hotel, Athens.

Lemonidou C, **Merkouris A**, Kyranou M, Valimaki M, Scott A, Arndt M, Gasull M, Bansemir G, Leino-Kilpi H. **Developing an instrument to measure autonomy, privacy and informed consent**. International Nursing Congress, 29 Okt – 2 Nov 2000, Antalya, Turkey.

Lemonidou C, **Merkouris A**, Leino-Kilpi H, Valimaki M, Dassen T, Gasull M, Scott A, Arndt M. **Nurses' and patients' perceptions on the application of informed consent**. International Council of Nurses, 27-29 June 2003, Building Excellence Through Evidence, Geneva.

Gramelis V, Antoniadou A, Kanellakopoulou K, Lazanas M, Tsvira M, Karaskelis A, Orlandou K, Gika M, **Merkouris A**, Giamarellou H. **Microbiologic survey of Long-Term Care Facilities (LTCF) in Greece**. 41<sup>st</sup> Annual Meeting of IDSA, October 9-12, San Diego, USA.

Pistolas D, Papagianaki V, Balaska A, Stamatopoulou E, Ouzounidou A, Chatzina I, **Merkouris A**. **Quality of life after coronary artery bypass grafting: comparative study**. 4th Annual Spring Meeting of the ESC Working Group on Cardiovascular Nursing: "Cardiovascular Nursing - from science to practice" Amsterdam, Netherlands, 2-3 April 2004.

Papastavrou E, Efstathiou G, Tsangari H, Leino-Kilpi H, Suhonen R, Patiraki E, Karlou C, Jarosova D, Tomietto M, Balogh Z, **Merkouris A**. **The concept of care in Nursing: results from an international pilot research study** (poster presentation), 10th Annual interdisciplinary research conference «Transforming Health through Research and Education», 2009, Dublin, Ireland

Papastavrou E., Efstathiou G., Tsangari H., ValmiSousa, Patiraki E., Karlou C., **Merkouris A**. **The validation of the caring behaviors inventory in the Greek language**, 13th International Nursing Research Conference, Alicante Spain November 2009.

M Hadjibalassi, E Papastavrou, **A Merkouris**, E Lambrinou, E Athini, E Georgiou, E Nicolaou Presentation of Research findings “Development of postgraduate level competencies for Critical care nurses” 6th Annual Congress of the World Federation of Critical Care Nurses (WFCCN) 31st August 2009

Papastavrou E., Tsangari H., Jarosova, D., Suhonen R., Patiraki E., Balogh Z., Efstathiou G., **Merkouris A.**, Karlou C., Leino Kilpi H. (2010). **The convergence of opinion as an ethical issue in the nurse-patient relationship: A comparative study.** ICNE Conference, University of Turku, September 2010.

Tomietto M., Palese A., Treppo S., Barberi S., Efstathiou G., Tsangari H., Nikitara M., **Merkouris A.**, Jarosova D., Suhonen R., Patiraki E., Karlou C., Balogh Z., Leino-Kilpi H., Papastavrou E. (2010). IL caring e la soddisfazione del paziente in Italia e in Europa. Studio multicentrico di correlazione (Poster Presentation) Human Caring Congress, Torino, Italy 17-18 of June 2010

Papastavrou E., Efstathiou G., Tsangari H., Nikitara M., **Merkouris A.** (2010). Do patients and nurses share the same ideas on what nursing care is? A comparative study. 11th European Doctoral Conference in Nursing Science Berlin, Germany, 17 - 18th September 2010.

Efstathiou G., Papastavrou E., Raftopoulos V., **Merkouris A.** (2010).. Factors influencing nurses' compliance with Standard Precautions: A focus group experience. 11th European Doctoral Conference in Nursing Science Berlin, Germany, 17 - 18th September 2010

Papastavrou E., Tsangari, H., Jarosova, D., Suhonen, R., Patiraki E., Balogh Z., Efstathiou G., **Merkouris A.**, Karlou C., Leino Kilpi H. (2010). The concept of caring in Nursing, 8th European Regional Conference of the Commonwealth Nurse's Federation, 12 -13 March 2010, Cyprus

Hadjibalassi M., Papastavrou E., Lambrinou A., Athini E., Nicolaou E., Georgiou E., **Merkouris A.** (2010). 8th European Regional Conference of the Commonwealth Nurse's Federation 12 -13 March 2010, Cyprus.

Papastavrou E., Efstathiou G., Tsangari H., Nikitara M., **Merkouris A.**, Jarosova D., Suhonen R., Patiraki E., Karlou C., Balogh Z., Palese A., Tommieto M., Leino-Kilpi H. (2010). **The convergence of opinion as an ethical issue in the nurse-patient relationship: A comparative study.** 11th Anniversary Conference: Nursing Ethics: Clinical Ethics Across the Lifespan. The International Centre for Nursing Ethics, 13th-14th September 2010, Turku, Finland.

Balogh Z., Borjan E., Kormos A., Efstathiou G., Haritini T., Nikitara M., **Merkouris A.**, Jarosova D., Patiraki E., Karlou C., Suhonen R., Leino-Kilpi H., Tomietto M., Palese A., Papastavrou E. (2010) **Caring and patient satisfaction in Hungary and in Europe.** International Symposium "Azapolas 100 évvel Florence Nightingale Után", 9th-10th September 2010, Nyíregyháza, Hungary

Efstathiou G., Papastavrou E., Raftopoulos V., **Merkouris A.** **Cypriot nurses' compliance with Standard Precautions to avoid exposure to pathogens.** 4th Efccna Congress, Copenhagen Denmark, 24-26 March 2011

Hadjibalassi M., Papastavrou E., Lambrinou E., Georgiou E., Athini E., Nicolaou E., **Merkouris A.** **Competencies for postgraduate critical care nurses: Developing a tool for the evaluation of nurses' perceptions.** 4th EfCCNa Congress and the FSAIO Spring Congress, Copenhagen, Denmark from 24-26 March 2011.

Efstathiou G., Papastavrou E., Raftopoulos V., **Merkouris A.** **Cypriot nurses' compliance with Standard Precautions in order to avoid exposure to pathogens.** ICN Conference and CNR, 2-8 May 2011, Malta.

Balogh Z, Borjan E, Kormos A, Efstathiou G, Tsangari H, Nikitara M, **Merkouris A**, Jarosova D, Patiraki E, Karlou C, Suhonen R, Leino-Kilpi H, Tomietto M, Palese A, Papastavrou E. **Transcultural aspects of caring and patient satisfaction in Hungary and in Europe.** 2nd European Transcultural Nursing Association International Conference, 30th June-1st July 2011, Limerick, Ireland.

Efstathiou G., Papastavrou E., Raftopoulos V., **Merkouris A.** Nurses' compliance with Standard Precautions: a systematic literature review. 11th Congress of the International Federation of Infection Control, 12th-15th October 2011, Venice, Italy

Efstathiou G., Papastavrou E., Raftopoulos V., **Merkouris A.** Factors influencing nurses' compliance with Standard Precautions to avoid exposure to pathogens: A qualitative study. Twelfth Congress of the International Federation of Infection Control, 10th-13th October 2012, Zagreb, Croatia (2nd place poster award given in recognition of poster quality and educational merit)

Papastavrou E., Andreou, P., **Merkouris A.** **Care compromise through rationing: a focus group study.** Oral Presentation at The 25th International Council of Nurses International Congress – Melbourne, 18-23 May 2013

Papastavrou E., Vryonides S., Charalambous A., **Merkouris A.** **Missed Nursing care as related to ethical climate: a pilot study.** Oral presentation at the 1st International Care Ethics and 16th Nursing Ethics ICE Conference, 2015, University of Surrey UK.

## **Z. ABSTRACTS – PRESENTATIONS IN GREEK CONGRESSES (Indicative)**

Lemonidou C, **Merkouris A**, Kapella M, Panagiotou A, Arndt M, Gasull M, Valimaki M, Leino-Kilpi, H. **Patients' autonomy, privacy and the informed consent in nursing interventions.** Presentation, 25<sup>o</sup> Pan-Hellenic Nursing Congress, 19-21 May, 1998, Heraklion, Crete.

**Merkouris A**, Diakomopoulou E, Kalogianni A, Bastardia L, Pistolas D, Argiriou M, Apostolakis E. **Knowledge of cardiac surgery patients for their self-care during hospital discharge.** Presentation, 27<sup>o</sup> Pan-Hellenic Nursing Congress, Eretria, 2000.

**Merkouris A**, Kalogianni A, Kalafati M, Kalograna D, Lemonidou C. **«Attitude and compliance of nursing personnel with the preventive measures against the biological liquids of patients».** Presentation, 27<sup>o</sup> Pan-Hellenic Nursing Congress που έγινε στην Ερέτρια, 2000.

Lemonidou C, **Merkouris A**, Kapella M, Panagiotou A, Arndt M, Gasull M, Valimaki M, Leino-Kilpi H. **Patients' and nurses' perception of the importance of autonomy, individuality and informed consent – development of an instrument**. Presentation, 27<sup>o</sup> Pan-Hellenic Nursing Congress, Eretria 2000.

Lemonidou C, **Merkouris A**, Välimäki M, Leino-Kilpi H, Dassen T, Gasull M, Scott A, Arndt M, Tafas C. **Ethical issues in the care of surgical patients**. Presentation, 28<sup>o</sup> Pan-Hellenic Nursing Congress, Limnos, 3-5 May 2001.

**Merkouris A**, Moudoukidou D, Roumpi M, Zougris P, Ouzounidou A. **Evaluation of patients' satisfaction with nursing care in medical and surgical departments**. Presentation, 28<sup>o</sup> Pan-Hellenic Nursing Congress, Limnos, 3-5 May.

Priami M, **Merkouris A**, Adali E, Tourouki G, Petraki D. **Opinions of nursing personnel for the decision for euthanasia in terminal patients**. Presentation, 28<sup>o</sup> Pan-Hellenic Nursing Congress, Limnos, 3-5 May.

Lemonidou C, **Merkouris A**, Välimäki M, Leino-Kilpi H, Dassen T, Gasull M, Scott A, Arndt M. **Investigation of the application of ethical principles in midwifery**. Presentation, 28<sup>o</sup> Pan-Hellenic Nursing Congress, Limnos, 3-5 May.

**Merkouris A**, Pistolas D, Papagiannaki B, Τζιάλλας Δ. **Organisation of cardiac units – quantitative and qualitative characteristics**. Presentation, seminar of Hellenic Cardiac Society work teams, Hotel Caravel, Athens, 20-23 February 2002.

**Merkouris A**, Diakomopoulou E, Pistolas D, Papagiannaki B, Argiriou M, Apostolakis E. **Evaluation of the quality of life in patients after CABG**. Presentation, 29<sup>o</sup> Pan-Hellenic Nursing Congress, Ioannina, 13-16 May 2002.

**Merkouris A**, Pistolas D, Diakomopoulou E, Papagiannaki B, Apostolakis E, Ouzounidou A. **Quality of life before and after CABG: comparative study**. Presentation, 30<sup>o</sup> Pan-Hellenic Nursing Congress, Alexandroupolis, 19-22 May 2003.

**Merkouris A**, Lemonidou C, Panagiotou A, Välimäki M, Leino-Kilpi H, Dassen T, Gasull M, Scott A, Arndt M. **The concept of privacy in surgical, midwifery and long term care departments: comparative study**. Presentation, 30<sup>o</sup> Pan-Hellenic Nursing Congress, Alexandroupolis, 19-22 May 2003.

**Merkouris A**, Andreadou A. **Patient satisfaction with nursing care: critical research review**. Presentation, 16<sup>th</sup> Pan-Cyprus Nursing Congress, Nicosia, 27-28 November 2009.

**Merkouris A**, Andreadou A, Athini E, Hadjibalassi M, Papastavrou E. **Satisfaction of medical and surgical patients in the Cyprus governmental hospitals.** Presentation, 17<sup>th</sup> an-Cyprus Nursing Congress, Limassol, 12 November 2010.

**Merkouris A**, Demetriou M. **Quality of life of patients with cardiac disease.** Presentation, 17<sup>th</sup> an-Cyprus Nursing Congress, Limassol, 12 November 2010.

Papastavrou E., Efstathiou G., Tsangari H., Suhonen R., Leino-Kilpi H., Patiraki E., Karlou C., Balogh Z., Tomietto M., Palese A., Jarosova D., **Merkouris A.** (2010). **International study of the patient satisfaction as an outcome of nurse caring.** 17<sup>th</sup> Pancyprian Nursing and Midwifery Conference, 11th-12th November, 2010, Limassol, Cyprus

Papastavrou E., Tsangari H., Jarosova, D., Suhonen R., Patiraki E., Balogh Z., Efstathiou G., **Merkouris A.**, Karlou C., Leino-Kilpi H. (2010). **The concept of caring in Nursing**, 8<sup>th</sup> European Regional Conference of the Commonwealth Nurse's Federation, 12 -13 March 2010, Cyprus

G. Efstathiou, E. Papastavrou, V. Raftopoulos, **A. Merkouris.** **Construction of a questionnaire that examines the factors which influence nurses' compliance with Standard Precautions: A focus group experience.** 8<sup>th</sup> European Regional Conference of the Commonwealth Nurses' Federation, 12-13 March 2010, Paphos, Cyprus

Papastavrou E., Efstathiou G., Tsangari H., Suhonen R., Leino-Kilpi H., Patiraki E., Karlou Ch., Balogh Z., Tomietto M., Paleze A., Jarosova D., **Merkouris A.** **What do patients want from nurses? Results from an international comparative study:** 2<sup>nd</sup> International Conference RAHMS:Recent Advances in Health and Medical Sciences.Paphos, Cyprus: 8-12th July, 2010

Hadjibalassi M, Papastavrou E, Lambrinou A, Athini E, Nicolaou E, Georghiou E, **Merkouris A.** 8<sup>th</sup> European Regional Conference of the Commonwealth Nurse's Federation 12 -13 March 2010, Cyprus

Βρυωνίδης Σ., Παπασταύρου Ε., Χαραλάμπους Α., **Μερκούρης Α.**, Ανδρέου Π., (2013) **Η Ηθική διάσταση της κατανομής της νοσηλευτικής φροντίδας: Βιβλιογραφική ανασκόπηση ποιοτικών ερευνών.** Ομιλία στο 20ο Παγκύπριο Συνέδριο Νοσηλευτικής και Μαιευτικής ΠΑΣΥΝΜ, 29-30 Νοεμβρίου, Ξενοδοχείο Hilton Park, Λευκωσία.

Βρυωνίδης Σ., Παπασταύρου Ε., Χαραλάμπους Α., **Μερκούρης Α.**, Ανδρέου Π (2014) **Το Ηθικό Πλαίσιο της Κατανομής της Φροντίδας στην Νοσηλευτική: Μια Θεματική Σύνοψη Ποιοτικών Ερευνών.** Ομιλία στο 21ο Παγκύπριο Συνέδριο Νοσηλευτικής και Μαιευτικής ΠΑΣΥΝΜ, Ξενοδοχείο ADAMS, Αγία Νάπα 14 – 15 Νοεμβρίου 2014.

Βρυωνίδης Σ., Παπασταύρου Ε., Χαραλάμπους Α., **Μερκούρης Α.**, Ανδρέου Π., (2015). **Η Ιεράρχηση προτεραιοτήτων και κατανομή στην νοσηλευτική φροντίδα: Η Ηθική τους διάσταση.** Ομιλία στην 2η Πολυθεματική Νοσηλευτική ημερίδα του Γενικού Νοσοκομείου Λάρνακας και επαρχιακής επιτροπής του ΠΑΣΥΝΜ. Ξενοδοχείο SUN HALL, Λάρνακα, 23 Μαΐου 2015

## **V. REVIEWER IN SCIENTIFIC JOURNALS (member of associations, scientific committees, reviewer in scientific journals etc.)**

- 2002 **Editorial Board and Reviewer in the referred scientific journal “Nosileftiki” (indexed in CINAHL)**
- 2004 - **Editorial Board and Reviewer in the referred scientific journal “Health and Science Journal former “Vema of Asclipios” (indexed in CINAHL) (**
- 2007 - **Reviewer in the referred scientific international journal “International Nursing Review”**
- 2007 - **Reviewer in the referred scientific journal “International Journal of Nursing Studies”**
- 2007 - **Editorial Board and Reviewer in the referred scientific journal “Nursing and Research” (chief editor Prof. Crhryssoula Lemonidou, Department of Nursing, University of Athens).**
- 2010 - **Reviewer in the referred scientific journal Int. J. Environ. Res. Public Health.**
- 2010 - **Reviewer in the referred scientific journal of Diabetes.**
- 2015 - **Reviewer in the referred scientific journal “BMC Nursing”**
- 2016 - **Reviewer in the referred scientific journal “Applied Nursing Research”**
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## **VI. RESEARCH ACTIVITIES**

### **A. FINANCED - INTERNATIONAL RESEARCH PROJECTS (1)**

**Data manager –researcher** , in the international project "**Autonomy, privacy and informed consent of patients in nursing interventions**" (financed by the European Union - Biomed 2 program, 1998-2001) in collaboration with 4 European countries (Finland, Spain, Great Britain, Germany). Principal investigator : Professor Chryssoula Lemonidou, Departement of Nursing, University of Athens.

## **B. FINANCED - NATIONAL RESEARCH PROJECTS (6)**

**Researcher in the project EPEAEK II\* - ARCHIMEDES II: Attitudes and perceptions of health care professionals for women abuse in the prefecture of Crete.** Principal investigator: Asc. Professor Androulaki Zacharenia, TEI of Crete (2005-2006). \* Operational Programme for education, one of the Third Community Support Framework's 24 Operational Programmes in Greece, co-financed by the European Social Fund, the European Regional Development Fund and national resources.

**Researcher in the project EPEAEK II\* – Reformation of the curriculum in the nursing department** (2006-2008). Principal investigator: Asc. Professor Androulaki Zacharenia, TEI of Crete.

**Principal investigator** in the project "**Evaluation of the clinical learning environment in the university nursing education**" (2007-2008) in the frames of work "Research in education" **EPEAEK II**. The research team includes professors from the nursing departments of TEI and University of Athens. It is expected to be financed by the European Union and begin in July 2007.

**Principal investigator** in the project "**Development of an instrument to measure patient satisfaction with hospital care in Cyprus**" (2008-2011). Aim of the project was to develop a valid, reliable and standardized instrument as well as methodology to measure patient satisfaction with hospital care in Cyprus. Funding Body: Cyprus University of Technology. Amount: € 75.000 Team: A. Merkouris (Principal Investigator). Other members of the team: A. Andreadou (special scientist), E. Athini (CUT), M. Hatzimbalasi (CUT), M. Rovithis (TEI of Crete), E. Papastavrou (CUT), E. Patiraki (UoA), C. Lemonidou (UoA).

**Partner** in the Care project "**The concept of care giving behaviours as perceived by nurses and patients.**" (2008-2011) (<http://www.cut.ac.cy/careProject>) An international study aiming to explore patients and nurses perception about caring behaviours, individualized care and satisfaction from care. Funding body: Cyprus University of Technology. Amount: €75.000. Team: Finland, University of Turku (R. Suhonen, H. Leino-Kilpi) Greece, National and Kapodistrian University of Athens (E. Patiraki, C. Karlou) Hungary, the Semmelweis University (Z. Balogh) Italy, the University of Udine (P. Tomietto) Czech Republic, the University of Ostrava (D. Jarosova). Researcher in charge: E. Papastavrou, Cyprus Technology University, School of Health Sciences, Department of Nursing

**Investigator** in the project "**A critical examination of the development of postgraduate level clinical competencies for critical care nurses**" (2008-2010). The aim was to develop a critical nurses competencies questionnaire. Funding body: Cyprus University of Technology. Amount: €25.000. Team: E. Papastavrou (PI), M. Hadjimbalassi (main researcher), E. Athini, E. Lambrinou, E. Georgiou, A. Merkouris (Partner)

Project title: RN4CAST-CY, a replication study, <http://rn4castcyprus.org/team.htm>

Aims/ Objective: To replicate the RN4 CAST study in order to describe the Cyprus nursing workforce and compare with the other European countries.

Funding body: *Cyprus Nurses Association*  
 Amount: 10.000 Euros  
 Period: 2013-2016  
 Coordinator: Evidiki Papastavrou  
 Team: Walter Sermeus (University of Leuven), Evidiki Papastavrou, Anastasios Merkouris, Andreas Charitou, Christos Andreou, Maria Dimitriadou (Cyprus University of Technology) Maria Prodromou (European University of Cyprus), Despo Constandinou (Nicosia General Hospital), Stavros Vryonides (Limassol Hospital), HaritiniTsangari, (University of Nicosia), Georghios Efstathiou (Nursing Services, Ministry of Health).  
 Host Organ. Cyprus University of Technology

**Project title:** "The Care Project" <http://www.cut.ac.cy/careProject/>"The concept of care giving behaviours as perceived by nurses and patients"  
**Aims/Objective:** An international study aiming to explore patients and nurses perception about caring behaviours, individualised care and patient satisfaction from care.  
**Amount:** 50.000 CYP  
**Period:** 2008-2011  
**Team:** Evidiki Papastavrou, coordination of the Research Team. Finland, University of Turku (RiittaSuhonen, Helena Leino-Kilpi) Greece, National and Kapodistrian University of Athens (Elisabeth Patiraki, ChrysoulaKarlou) Hungary, the Semmelweis University (ZoltanBalogh) Italy, the University of Udine (AlvisaPalese, Marco Tomietto) Czech Republic, the University of Ostrava (DarjiaJarosova), HaritiniTsangari (University of Nicosia), Anastasios Merkouris and Georghios Efstathiou (Cyprus University of Technology)

### C. NON-FINANCED RESEARCH PROJECTS (1)

**Principal investigator for measuring quality of life of patients after CABG** in Evangelismos Hospital (2002-2004). Research Monograph: Merkouris A, Apostolakis E. Coronary artery bypass grafting and Quality of life. Pages 194. ISBN: 960-92389-0-4

### D. PHD RESEARCH (MAIN ADVISOR) (6)

**Project title:** **Health-related quality of life of elderly coronary heart disease patients in Cyprus.**  
**Aims/Objectives:** To explore the health-related quality of life using the SF-36 of elderly coronary heart disease patients as well as possible socio-economic determinants  
**Funding body:** Doctoral research project (unfunded)  
**Period:** 2009-2012  
**Team:** M. Demetriou (PhD candidate). Supervision committee: Merkouris (main advisor), E Papathanassoglou, E Lambrinou

**Project title:** **Prevalence and correlates of depression symptoms among university students in Cyprus.**  
**Aims/Objectives:** The primary scope of this project was the exploration of the severity of depressive symptoms in university students in Cyprus. Moreover, the association between clinical symptoms and a) life stressors, and b) socio-demographic variables was also investigated.  
**Funding body:** Doctoral research project (unfunded)  
**Period:** 2010-2014.  
**Team:** S. Sokratous (PhD candidate). Supervision committee: A. Merkouris (main advisor), N. Middleton , M. Karanikola

**Project title:** **Organisational culture and effectiveness in Cypriot public health hospital.**  
**Aims/Objectives:** To investigate the organizational culture and organizational effectiveness based on the views of medical, nursing and administration staff in Public hospitals in Cyprus  
**Funding body:** Doctoral research project (unfunded)  
**Period:** 2011- 2017  
**Team:** E. Gavriel (PhD candidate). Supervision committee: A. Merkouris (main advisor), E. Papastavrou, N. Middleton

**Project title:** **Leadership style and work satisfaction of physicians in Cyprus public hospitals and health centers**  
**Aims/Objectives:** To investigate the relationship of transformational and transactional leadership style with work satisfaction of doctors in Cyprus' public hospitals and health centers  
**Funding body:** Doctoral research project (unfunded)  
**Period:** 2015-  
**Team:** Gregoriou I. (PhD candidate). Supervision committee: A. Merkouris (main advisor), E. Papastavrou, A. Charalambous

**Project title:** **Exploring nurses' time allocation in medical wards in Cyprus hospitals: a time-motion study**  
**Aims/Objectives:** The aim of the study is to explore the allocation of nurses' time on the various nursing activities in general medical wards of public hospitals in Cyprus.  
**Funding body:** Doctoral research project (unfunded)  
**Period:** 2015-  
**Team:** A Charitou (PhD candidate), A. Merkouris (main advisor), E. Papastavrou, A. Charalambous.

**Project title:** **Nursing Management**  
**Aims/Objectives:** To be decided  
**Funding body:** Doctoral research project (unfunded)  
**Period:** 2015-  
**Team:** X Gregoriou (PhD candidate), A. Merkouris (main advisor), E. Papastavrou, A. Charalambous.

#### **D. PHD RESEARCH (MEMBER OF THE ADVISORY COMMITTEE) (13)**

**Project title:** **Compliance of Cypriot Nurses with standard precautions in order to avoid occupational exposure.**

Aims/Objectives: To construct a research instrument. To explore nurses compliance with standard precautions  
Funding body: Doctoral research project (unfunded)  
Period: 2008-2012  
Team: G. Efstathiou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, V. Raftopoulos

**Project title: Learning styles and critical thinking in baccalaureate nursing students: a cross-sectional study.**

Aims/Objectives: To explore potential differences on: (a) the learning styles' distribution across four academic years, (b) the variance of students' critical thinking dispositions across academic years, (c) the variance of students' critical thinking disposition across their learning styles, (d) the variance of students' critical thinking skills across four academic years and (e) the variance of students' critical thinking skills across their learning styles.

Funding body: Doctoral research project (unfunded)  
Period: 2011-2015  
Team: C. Andreou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, C. Lemonidou

**Project title: Nurses and Physicians perceptions of their professional practice environment in the Accident and Emergency Department.**

Aims/Objectives: To explore Nurses and Physicians perceptions of their professional practice environment in the Accident and Emergency Department in relation to job satisfaction, quality of care and patient safety

Funding body: Doctoral research project (unfunded)  
Period: 2011-2015  
Team: P. Lambrou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), N. Middleton, A. Merkouris

**Project title: Phenomenological Exploration of the lived experience of persons with Severe Mental Illness in Cyprus.**

Aims/Objectives: The exploration of mentally ill patients' perceptions and meanings regarding: a) their illness, in total, b) their self-image throughout their illness, c) the lived social implications following their illness and d) the quality of the inter personal therapeutic relationship with mental health nurses/health professionals.

Funding body: Unfunded doctoral research project  
Period: 2011-2015  
Team: C. Kaite (PhD candidate). Supervision committee: M. Karanikola (main advisor), E. Papathanassoglou, M. Merkouris.

**Project title: Effectiveness of the systematic assessment of pain in critically ill patients.**

Aims/Objectives: To test the effect of systematic assessment of pain in critically ill ICU patients on the level and frequency of pain episodes, the use of pain killers and various clinical outcomes and biological markers

Funding body: Doctoral research project (unfunded)  
Period: 2011-2015  
Team: E. Georgiou (PhD candidate). Supervision committee: E. Papathanassoglou (main advisor), A. Merkouris, E. Lambrinou

**Project title: Nursing quality indicators in an ICU in Cyprus.**

Aims/Objectives: To construct an instrument of nursing care quality indicators in ICU. To explore the quality of care provided by nurses in ICU in Cyprus

Funding body: Doctoral research project (unfunded)  
Period: 2009 - (suspended)  
Team: E. Evangelou (PhD candidate). Supervision committee: E. Lambrinou (main advisor), A. Merkouris, C. Kouta

**Project title:** **Effectiveness of a nurse-led telephone educational and follow-up intervention on quality of life and self management in heart failure patients.**

Aims/Objectives: Development of an telephone-based educational and follow-up programme and assessment of its effectiveness in improving quality of life and self-management in heart failure patients.

Funding body: Doctoral research project (unfunded)

Period: 2011-

Team: Protopapas A. (PhD candidate). Supervision committee: E. Lambrinou (main advisor), E. Papathanassoglou, A. Merkouris

**Project title:** **Types of ethical climates as related to Missed Nursing care in the Public hospitals of the Republic of Cyprus**

Aims/Objectives: To describe the types of ethical climate as perceived by nurses and explore if there is any relationship between these ethical climate types and the reported by nurses levels of missed nursing care.

Funding body: Doctoral research project (unfunded)

Period: 2013-

Team: S. Vryonides (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, A. Charalambous

**Project title:** **A randomized controlled trial for the use of Thymus Honey in decreasing Salivary Gland Damage following Radioiodine Therapy for Thyroid cancer**

Aims/Objectives: The primary scope of this project is to test the effectiveness of honey mouthwash in decreasing oral mucositis and sialadenitis in patients undergoing radioiodine treatment (I131)

Funding body: Doctoral research project (unfunded)

Period: 2014-

Team: A. Christou (PhD candidate). Supervision committee: A. Charalambous (main advisor), E. Papastavrou, A. Merkouris

**Project title:** **Implementation of an educational program for the management of patients with acute confusion/delirium in a Public General Hospital**

Aims/Objectives: To evaluate the effectiveness of an educational program for the management of patients with acute confusion/delirium on the knowledge of nursing staff and attitudes towards hospitalized patients with acute confusion/delirium

Funding body: Doctoral research project (unfunded)

Period: 2014-

Team: M. Papaioannou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, C. Kouta

**Project title:** **An exploration of the perception of ICU nurses on palliative care**

Aims/Objectives: The primary scope of this project is the exploration of the beliefs of nurses working in ICU's on palliative care issues and how these influence their practice.

Funding body: Doctoral research project (unfunded)

Period: 2015-

Team: M. Latzia (PhD candidate). Supervision committee: A. Charalambous (main advisor), E. Papastavrou, A. Merkouris

**Project title:** **The clinical decision making and prioritization of daily nursing care**

Aims/Objectives: Investigate how nurses proceed in the decision-making process related to the prioritization of Nursing Care activities

Funding body: Doctoral research project (unfunded)

Period: 2015-

Team: M. Dimitriadou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, A. Charalambous

**Project title:** **Linguistic and cognitive abilities of adults with Mild Cognitive Impairment (MCI)**

Aims/Objectives: The aim of the research I would like to embark on is to focus on profiling the linguistic characteristics of individuals with MCI, particularly amnesic MCI longitudinally.

Funding body: Doctoral research project (unfunded)

Period: 2015-

Team: E. Anifantis (PhD candidate). Supervision committee: Kambanaros M., Zafiris P., Merkouris A.

**Project title:** **Missed Care: An international and multidimensional problem in Nursing.**

Aims/Objectives: To be decided

Funding body: Doctoral research project (unfunded)

Period: 2017-

Team: G. Savva (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, A. Charalambous

## **E. External examiner of doctoral dissertations (3):**

### **Cyprus University of Technology**

**Project title:** **Women's Perceptions of Their Right to Choose the Place of Childbirth**

**Aims/Objectives:** **To investigate women's Perceptions of Their Right to Choose the Place of Childbirth**

**Funding body:** Unfunded doctoral research project

**Period:** 2009-2012

**Team:** E.Hadjigeorgiou (PhD candidate). Supervision committee: C Kouta (main advisor), E Papastavrou, I Papadopoulos

### **Universtiy of Athens**

**Project title:** **ICU functional cost in Cyprus**

**Aims/Objectives:** **The description of an ICU's functional cost: fixed and variable cost.**

**Funding body:** Unfunded doctoral research project , University of Athens

**Period:** 2009-2012

**Team:** P. Charilaou (PhD candidate). Supervision committee: G. Baltopoulos (main advisor), G. Fildisis , P. Miriantheus

### **Open University of Cyprus**

**Project title:** Access and use of health services by immigrant domestic helpers from third countries in Cyprus

**Aims/Objectives:** The purpose of this study was to investigate the conditions of access and use of health services by immigrant domestic helpers from third countries residing and working legally in Cyprus. At the same time it also examined the role of the employer in this regard.

**Funding body:** Unfunded doctoral research project , Open University of Cyprus

**Period:** 2009-2012

**Team:** Kantaris (PhD candidate). Supervision committee: M. Theodorou (main advisor), D. Kaitelidou, E. Gelasopoulou.

## **Middlesex University**

**Project title:** Human Resource Management for the Cypriot National Guard: A critical analysis.

**Aims/Objectives:** To provide an overview of major HRM activities as they are performed by the CNG in comparison with prominent practices and personnel perceptions, in order to deliver a set of conclusions and recommendations that will enable improvement and modernisation.

**Funding body:** Unfunded doctoral research project , Middlesex University

**Period:** 2000-2015

**Team:** Constantinou C. (PhD candidate). Supervision committee:

## **University of Crete**

**Project title:** Measurement of organizational culture of doctors, nurses and other health professionals in health centers and hospitals of Crete

**Aims/Objectives:** To identify the organizational culture as experienced by physicians, nurses and other health care professionals working in

public Health Centers and Hospitals of Crete, and to investigate possible correlations in the type of organizational culture, by professional group and within levels of health care organizations (primary, secondary and tertiary). A further objective was to identify the degree of role ambiguity and role conflict by level of health care and to investigate possible correlations between organizational culture type and the degree of role ambiguity and role conflict among physicians, nurses and other health care professionals in health care organizations of Crete.

**Funding body:**

Unfunded doctoral research project, University of Crete

**Period:**

2009-2016

**Team:**

Rovithis M. (PhD candidate). Supervision committee: Filalithis, A., Lionis C., Patiraki E.

## **F. ADVISOR MASTER THESIS**

**Main advisor: 3**

**Member of the advisory committee: 6**