

ANASTASIOS MERKOURIS, RN, MS, PhD

Professor in Nursing Management
Department of Nursing
Cyprus University of Technology

Dean of the School of Health Sciences

CURRICULUM VITAE

I. EDUCATION

1992	Bachelor's degree in nursing from the University of Athens, grade excellent (8,75)
1993	Completion of one-year post-graduate course " Methodology of research " at the University of Athens, Department of Nursing
1995	Master of science in Nursing Administration from the University of California, San Francisco, U.S.A. (Rank 2 nd in the US, GPA=4.0)
1996	Doctoral degree from the University of Athens in Nursing Management with subject " Patient satisfaction, criterion of quality of nursing services ". Grade excellent
1997	Pedagogic degree (postgraduate one year course) grade 8,5.

SCHOLARSHIPS

1989, 1990, 1991	Scholarships from the National Institute of Scholarships (NIS)
1993	
1993	Scholarship from the University of California, San Francisco, U.S.A. (Constantine Rasis Scholarship) for the MS program.

II. WORK EXPERIENCE

Jan 1993	Nursing National License (RN)
Feb 1993 – Sep 1993	Staff nurse , CICU, Onasis Cardiac Surgery Hospital
Dec 1994 – Mar 1995	Participation in research projects related to quality improvement of nursing services and supportive to the Quality Assessment and Improvement program in the Department of Nursing at the Medical Center at University of California San Francisco (UCSF) Medical Center (Residency for MS program)
Feb 1995 - Feb 1997	Nurse in charge , Director of nursing services office, Laiko General Hospital of Athens

Feb 1997 - Jan 1999	Staff nurse , CICU, Evagelismos General Hospital of Athens
Feb 1999 - Mar 2002	Manager , Training Department, Evagelismos General Hospital of Athens.
Mar 2002 – Feb 2005	Manager , Nursing Education Department, Evagelismos General Hospital of Athens
Mar 2005- Feb 2008	Associate Professor , Hellenic Mediterranean University, Department of Nursing
Mar 2008- Aug 2025	Associate Professor , Cyprus University of Technology, Department of Nursing
Sep 2025 - Today	Professor , Cyprus University of Technology, Department of Nursing

Special positions

Feb. 2002 – 2005	Special Expert – Evaluator in the Ministry of Labour (No. 1244) in the fields of Health-Social Services and Administration - Economics for training programs co-financed by Operational Programmes of the European Community Support Framework and European Community Initiatives Evaluation of 80 programs of continuing training in the framework of the 3rd CSF Special Expert – Evaluator in the Ministry of Health and Welfare Services (No. 88) in the field of Nursing Evaluation of 113 programs of continuing training in the framework of the 3rd CSF
Feb 2004	Employment as special expert – inspector in collaboration with the Hellenic Organization for Standardization (ELOT) for the certification of Onassis Cardiac Surgery Center (ISO 9001).

Mar 2002 – Mar 2008

Special expert – Evaluator (type A) in the National Centre of Certification of Structures of Continuing Professional Training (S.E.K. and S.Y.Y.).

Inspection of Centres of Professional Training in the prefecture of Magnesia (October 2003)

CONTINUING EDUCATION – TRAINING

1996-2000

Teaching in various Greek hospital training programs of health care professionals (> 300 hours) on issues of **Organization and Administration of Nursing Services, Quality Management, Evaluation and improvement of quality of health services of health.**

Teaching (over 345 hours) in programs that organized by Greek **National Center of Public Administration in hospitals of the Greek National Health System** all over the country, for Military hospitals, for superior employees of Ministry of Health, Health Inspectors etc. on the subjects "**Total Quality Management**" and "**Patient Satisfaction**".

2017

Teaching Management Issues in training program for nurse managers for the Cyprus Ministry of Health (12 hours)

III. ACADEMIC EXPERIENCE

A. TEACHING UDERGRADUATE LEVEL

Academic years
2001 – 2005 (winter
semester only)

Organization and Administration of Nursing Services, Adjunct – Professor for the graduate course **Military School of Nursing Officers, MSN.**

MSN is a higher education institution (Bsc) in which highly referenced academic professors and military trainers are offering to the cadets the required knowledge and skills, in order to be properly equipped, as Nursing Officers, to accomplish their highly demanding mission: From the academic year of 2004-2005 the academic training is provided from the Department of Nursing at the University of Athens. (4 academic years)

Academic year 2005 - 2008	Administration of Nursing Services, and Methodology of Nursing Research , Department of Nursing, Hellenic Mediterranean University (former Technological Institute of Crete) Supervision of student thesis (over 15)
Academic year 2009 - 2012	Leadership and Nursing Management , in the upgrade program for nurses (3100 students completed this program), Cyprus University of Technology.
Academic year 2009 - 2012	Methodology of Research in the upgrade program for nurses (3100 students completed this program), Cyprus University of Technology.
Academic year 2008 – 2022	Principles of Teaching and Learning in Nursing (undergraduate level), Cyprus University of Technology.
Academic year 2016 - 2024	Methodology of Research for Rehabilitation Sciences (SLP undergraduate program). Department of Rehabilitation, Cyprus University of Technology.
Academic year 2008 – today	Nursing Management , Cyprus University of Technology.
Academic year 2008 – today	Methodology of Nursing Research , Cyprus University of Technology.

B. TEACHING GRADUATE LEVEL (MS and PhD programs)

Academic years 1995 - 1998	Nursing Administration and Personnel Education , Coadjutant (assistant lecturer) in post graduate courses at the School of Nursing University of Athens
Academic year 1997 - 1998	Management Issues in the specialty “ Organization and Administration of Nursing Services ”, Adjunct – Professor, Department of Nursing, University of Athens.
Academic year 1997 - 1998	“ Quality Control ” in the specialty “ Organization and Administration of Nursing Services ”, Adjunct – Professor, Department of Nursing, University of Athens.
Academic year 2014 - 2025	Methodology of Midwifery Research , MS program for Midwives, Cyprus University of Technology
Academic year 2016 - 2025	Organization and Management of Maternity Units / Services , MS program for Midwives, Cyprus University of Technology
Academic year 2008 - 2025	Organization and Administration of Health Services for Mental, Mindwifery and other training programs (post-graduate diploma) in association with the Ministry of Health, Cyprus University of Technology.
Academic year 2012 - today	Methodological Approaches in Health Care Research , MS program

2012 - today	Methodological Approaches in Health Care Research, (Quantitative part) PhD program, Cyprus University of Technology.
2012 - today	Leadership and Quality Management of Health Services, MS program for Advanced Nursing, Cyprus University of Technology.

C. ACADEMIC ADMINISTRATIVE POSITIONS

Sep 2005 - Jul 2006	Vice Dean , Health and Social Services School, Hellenic Mediterranean University (former Technological Institute of Crete)
Sep 2005 – Feb 2008	President of the Nursing Department, Hellenic Mediterranean University (former Technological Institute of Crete)
Jul 2006 – Feb 2008	Director of the Center for Technological Research – Sector of Health and Social Services, Hellenic Mediterranean University (former Technological Institute of Crete).
Noe 2010 – Sep 2012	First President of the Academic Union, CUT
Noe 2008 – June 2010	Vice-Chair of the Department of Nursing, CUT
Jun 2010 – Jan 2012	Chair of the Department of Nursing, CUT Member of organizational committee responsible for the upgrade Bsc program (3,100 nurses enrolled the program all over Cyprus)
Jun 2010 - today	Member of the Student Welfare Association
Mar 2012 – Oct 2012	Chair of the Department of Nursing, CUT
Mar 2012 – Mar 2014	Acting Dean of the School of Health Sciences
Nov 2012 – Apr 2013	Vice Chair of the Department, CUT
Feb 2012 – Feb 2015	Member of the Governing Board of the Cyprus University of Technology and Acting Dean of the School of Health Sciences

Sep 2008 - today	Member of various Senate committees: Finance, Strategic planning, Research, Buildings
Sep 2012 – 2015	Member of the Academic board of the Msc program “Health Policy and Planning”, Open University of Cyprus
Sep 2012 - today	Coordinator and member of KYSATS for recognition of programs related to health studies
Sep 2021 – Nov 2024	Vice Dean of the School of Health Sciences and member of the University Quality Assurance Committee, CUT
Nov 2024 - today	Dean of the School of Health Sciences CUT
Sep 2008 – today	Member of many Electoral boards at the University and other Universities in Cyprus and Greece: Open University of Cyprus, University of Athens, Hellenic Mediterranean University, University of Thessaly, University of Peloponnese, University of West Attica, University of Macedonia
2017-2018	Member of the External Evaluation Committees (the expert panel) for the evaluation of 9 academic Bsc programs in aesthetics and 6 colleges for the Cyprus Agency of Quality Assurance and Accreditation in Higher Education (CYQAA)

IV. PUBLICATIONS (3 books, 1 monograph, articles published = 131 (Scopus=77, Pubmed=66, Scopus h-index=26, Scopus Citations>1600)

A. BOOKS (3)

1. Leino-Kilpi H., Valimaki M., Gausull M., Lemonidou C., Scott A., Zipter U., Arndt M., Cabrera E., **Merkouris A.**, Shopp A., Suhonen, R. (2003). **Ethics in everyday nursing interventions: Autonomy, Privacy and Informed Consent in Five European Countries.** Published in Spain: Association De Bioetica Fundamental Y Clinica. **ISBN: 84-923165-7-8.**
2. **Merkouris A.** (2008). **Methodology of Nursing Research.** Athens: Ellin (pages 263)
ISBN 978-960-697-005-4
3. **Merkouris A.** (2008). **Nursing Management.** Athens: Ellin (pages 430)
ISBN 978-960-697-005-4

B. RESEARCH MONOGRAPHS (1)

1. **Merkouris A**, Apostolakis E. (2004). **Coronary artery bypass grafting and Quality of life.** Pages 194. ISBN: 960-92389-0-4

C. ARTICLES IN INTERNATIONAL REFEREED JOURNALS (73)

1. Gregoriou, I., Economidou, E. C., Avraam, D., Soteriades, E. S., Papastavrou, E., Charalambous, A., Stylianides, A., & Merkouris, A. (2025). Leadership and job satisfaction among physicians in the Cyprus public healthcare system. BMC Health Services Research, 25(1), 1032. <https://doi.org/10.1186/S12913-025-13241-3>
2. Gregoriou, P. L., Charalambous, A., Papastavrou, E., & Merkouris, A. (2025). Attitudes of Physicians and Nurses toward interprofessional collaboration. Literature Review. Cyprus Nursing Chronicles, 24(1), 25–32.
3. Gregoriou, P. L., Charalambous, A., Rousou, E., Papastavrou, E., & Merkouris, A. (2025). Attitudes of Physicians and Nurses Toward Interprofessional Collaboration: a Systematic Literature Review. Materia Socio-Medica, 37(1), 64–73. <https://doi.org/10.5455/MSM.2025.37.64-73>,

4. Gregoriou, P., Papastavrou, E., Charalambous, A., Rousou, E., & Merkouris, A. (2025). Physicians' and nurses' attitudes regarding interprofessional collaboration in Cyprus. *Journal of Interprofessional Care*. <https://doi.org/10.1080/13561820.2025.2529383>,
5. Panagiotou, M., Hadjigeorgiou, E., Vryonides, S., Karanikola, M., Merkouris, A., & Middleton, N. (2025). "What You Leave... Will Leave You": A Qualitative Study of Perceptions of Midwifery's Intangible Heritage and Professional Identity Among Midwives and Student Midwives in Cyprus. *Healthcare* 2025, Vol. 13, Page 1936, 13(15), 1936. <https://doi.org/10.3390/HEALTHCARE13151936>
6. Siskou, O., Galanis, P., Konstantakopoulou, O., Karagkouni, I., Kousi, D., Chatzika, K., Palitzika, D., Milkas, K., Zarifis, J., Petsios, K., Kosmas, I., Gkamalia, Z., Darviri, J., Iakovou, I., Minogiannis, P., Peleka, P., Liarigkovinou, A., Katsi, V., Charalampous, G., ... Kaitelidou, D. (2025). Investigating Cardiac Patients' Reported Outcomes and Experiences Within the Greek Health System: Results from the VIP Cardio Survey. *Studies in Health Technology and Informatics*, 328, 429–433. <https://doi.org/10.3233/SHTI250753>,
7. Vitsa, A., Moisoglou, I., Galanis, P., Merkouris, A., Papastavrou, E., & Sarafis, P. (2025). Levels of catastrophizing pain and kinesiphobia in patients with osteoarthritis and their association. *European Journal of Translational Myology*, 35(2). Constantinou D, Leontiou I, Mpouzika M, Michail K, Middleton N, **Merkouris A**. Health care workers' knowledge and perceptions on WHO hand hygiene guidelines, and the perceived barriers to compliance with hand hygiene in Cyprus. *BMC Nurs.* 2024 Dec 1;23(1). IMPACT FACTOR=3.1
8. Christofi MD, Giannakou K, Mpouzika M, **Merkouris A**, Stylianide MV, Charalambous A. The effectiveness of oral bovine lactoferrin compared to iron supplementation in patients with a low hemoglobin profile: A systematic review and meta-analysis of randomized clinical trials. *BMC Nutr.* 2024 Dec 1;10(1). CITED=1, IMPACT FACTOR=1.9
9. Gregoriou I, Economidou EC, Avraam D, Soteriades ES, Papastavrou E, Charalambous A, Stylianides A, **Merkouris A**. Leadership and Intention to Leave Among Public Health Sector Physicians in Cyprus: A National Cross-Sectional Study. *Stud Health Technol Inform.* 2023 Jun 29;305:89–92. IMPACT FACTOR=0.81
10. Papaioannou M, Papastavrou E, Kouta C, Tsangari H, **Merkouris A**. Investigating nurses' knowledge and attitudes about delirium in older persons: a cross-sectional study. *BMC Nurs.* 2023 Dec 1;22(1). CITED=13, IMPACT FACTOR=3.1
11. Gregoriou I, Papastavrou E, Charalambous A, Economidou E, Soteriades ES, **Merkouris A**. Organisational commitment, job satisfaction and intention to leave among physicians in the public health sector of Cyprus: a cross-sectional survey. *BMJ Open.* 2023 May 23;13(5). CITED=2, IMPACT FACTOR=2.4
12. Papoui E, Papastavrou E, **Merkouris A**, Charalambous A. A pilot randomized controlled study of the effects of an educational training program on skin reactions induced by chemotherapy, Epidermal Growth Factor Inhibitor (EGFRI) treatments, and immunotherapy. *Eur J Oncol Nurs.* 2022 Oct 1;60. CITED=1, IMPACT FACTOR=2.7

13. Savva G, Papastavrou E, Charalambous A, **Merkouris A**. Observational Evidence of the Prevalence and Association of Polypharmacy and Drug Administration Errors in Hospitalized Adult Patients. *Sr care Pharm*. 2022 May 1;37(5):200–9.
14. Savva G, **Merkouris A**, Charalambous A, Papastavrou E. Omissions and Deviations From Safe Drug Administration Guidelines in 2 Medical Wards and Risk Factors: Findings From an Observational Study. *J Patient Saf*. 2022 Apr 9;18(3). CITED=3, IMPACT FACTOR=1.7
15. Leontiou I, Papastavrou E, Middleton N, **Merkouris A**. Empowerment and turnover of nurse managers before and after a major health care reform in Cyprus: A cross sectional study. *J Nurs Manag*. 2022 Apr; CITED=5, IMPACT FACTOR=3.1
16. Savva G, Papastavrou E, Charalambous A, Vryonides S, **Merkouris A**. Exploring Nurses' Perceptions of Medication Error Risk Factors: Findings From a Sequential Qualitative Study. *Glob Qual Nurs Res*. 2022;9. CITED=5, IMPACT FACTOR=2.7
17. Papoui E, Papastavrou E, **Merkouris A**, Charalambous A. The extent to which the last decade has yielded additional treatment options for EGFR-associated rash besides classic treatment with antibiotics and corticosteroids - A systematic review. *Eur J Oncol Nurs*. 2021;50. CITED=2, IMPACT FACTOR=2.7
18. Evripidou M, **Merkouris A**, Charalambous A, Karanikola M, Zavrou R, Papastavrou E. Missed nursing care among patients with dementia during hospitalization: An observation study. *Res Gerontol Nurs*. 2021;14(3):150–9. CITED=9, IMPACT FACTOR=1.1
19. Leontiou I, **Merkouris A**, Papastavrou E, Middleton N. Self-efficacy, empowerment and power of middle nurse managers in Cyprus: A correlational study. *J Nurs Manag*. 2021 Jul 1;29(5):1091–101. CITED=8, IMPACT FACTOR=3.1
20. Kyriacou Georgiou M, **Merkouris A**, Hadjibalassi M, Sarafis P, Kyprianou T. Correlation Between Teamwork and Patient Safety in a Tertiary Hospital in Cyprus. *Cureus*. 2021 Nov 4;13(11). , IMPACT FACTOR=1.2
21. Evangelou E, Middleton N, Kyprianou T, Kouta C, **Merkouris A**, Raftopoulos V, et al. Nursing quality indicators for adult intensive care: A consensus study. *Nurs Crit Care*. 2021 Jul 1;26(4):234–43. CITED=7, IMPACT FACTOR=1.6
22. Dimitriadou M, **Merkouris A**, Charalambous A, Lemonidou C, Papastavrou E. The knowledge about patient safety among undergraduate nurse students in Cyprus and Greece: a comparative study. *BMC Nurs*. 2021 Dec 1;20(1). CITED=21, IMPACT FACTOR=3.1
23. Georgiou MK, **Merkouris A**, Hadjibalassi M, Sarafis P. Contribution of Healthcare Professionals in Issues that Relate to Quality Management. *Mater Sociomed*. 2021 Jan 1;33(1):45–50. CITED=2, IMPACT FACTOR=1.0
24. Achilleos M, **Merkouris A**, Charalambous A, Papastavrou E. Medication adherence, self-efficacy and health literacy among patients with glaucoma: A mixed-methods study protocol. *BMJ Open*. 2021 Jan 20;11(1). CITED=2, IMPACT FACTOR=2.4
25. Christou A, Papastavrou E, **Merkouris A**, Charalambous A. A pretest-posttest pilot study

- for the development and preliminary validation of a tool for the clinical assessment of radioiodine induced sialadenitis. *SAGE open Med.* 2021 Jan;9:205031212110422. IMPACT FACTOR=2.3
26. Georgiou E, Paikousis L, Lambrinou E, **Merkouris A**, Papathanassoglou EDE. The effectiveness of systematic pain assessment on critically ill patient outcomes: A randomised controlled trial. *Aust Crit Care.* 2020;33(5). CITED=9, IMPACT FACTOR=2.6
 27. Papastavrou E, Papaioannou M, Evripidou M, Tsangari H, Kouta C, **Merkouris A**. Development of a Tool for the Assessment of Nurses' Attitudes Toward Delirium. *J Nurs Meas.* 2019 Aug 1;27(2):277–96. CITED=2, IMPACT FACTOR=0.7
 28. Evripidou M, **Merkouris A**, Charalambous A, Papastavrou E. Implementation of a training program to increase knowledge, improve attitudes and reduce nursing care omissions towards patients with dementia in hospital settings: a mixed-method study protocol. *BMJ Open.* 2019 Jul 1;9(7):e030459. CITED=13, IMPACT FACTOR=2.4
 29. Vryonides S, Papastavrou E, Charalambous A, Andreou P, Eleftheriou C, **Merkouris A**. Ethical climate and missed nursing care in cancer care units. *Nurs Ethics.* 2018 Sep 27;25(6):707–23. CITED=44, IMPACT FACTOR=2.9
 30. Rovithis M, Linardakis M, **Merkouris A**, Patiraki E, Vassilaki M, Philalithis A. Organizational culture among levels of health care services in Crete (Greece). *Appl Nurs Res.* 2017;36:9–18. CITED=9, IMPACT FACTOR=2.7
 31. Papastavrou E, Charalambous A, Vryonides S, Eleftheriou C, **Merkouris A**. To what extent are patients' needs met on oncology units? The phenomenon of care rationing. *Eur J Oncol Nurs.* 2016 Apr;21:48–56. CITED=30, IMPACT FACTOR=2.7
 32. Kaite CP, Karanikola MN, Vouzavali FJD, Koutroubas A, **Merkouris A**, Papathanassoglou EDE. The experience of Greek-Cypriot individuals living with mental illness: preliminary results of a phenomenological study. *BMC Psychiatry.* 2016 Dec;16(1):343. CITED=8, IMPACT FACTOR=3.4
 33. Rovithis M, Linardakis M, Rikos N, **Merkouris A**, Patiraki E, Philalithis A. Organizational culture among nurses working in the public health sector on the island of Crete – Greece. *Heal Sci J.* 2016;10(2):14. INDEXED IN SCOPUS, CITED=2, IMPACT FACTOR=2.63
 34. Christou A, Papastavrou E, **Merkouris A**, Frangos S, Tamana P, Charalambous A. Clinical Studies of Nonpharmacological Methods to Minimize Salivary Gland Damage after Radioiodine Therapy of Differentiated Thyroid Carcinoma: Systematic Review. *Evid Based Complement Alternat Med.* 2016;2016:6795076. CITED=14, IMPACT FACTOR=2.1
 35. Papastavrou E, Efsthathiou G, Tsangari H, Karlou C, Patiraki E, Jarosova D, Balogh Z, **Merkouris A**, Suhonen R. Patients' decisional control over care: A cross-national comparison from both the patients' and nurses' points of view. *Scand J Caring Sci.* 2016 Apr;30(1):26–36. CITED=17, IMPACT FACTOR=1.9
 36. Papastavrou E, Andreou P, Middleton N, **Merkouris A**, Lambrou P, Lemonidou C. Translation and Validation of the Revised Professional Practice Environment Questionnaire

- in the Greek Language. *J Nurs Meas.* 2015 Dec;23(3):112–27. CITED=2, IMPACT FACTOR=0.7
37. Kaite CP, Karanikola M, **Merkouris A**, Papathanassoglou EDE. “An Ongoing Struggle With the Self and Illness”: A Meta-Synthesis of the Studies of the Lived Experience of Severe Mental Illness. *Arch Psychiatr Nurs.* 2015 Jul; CITED=18, IMPACT FACTOR=2.2
 38. Andreou C, Papastavrou E, Lemonidou C, Mattheou K, **Merkouris A**. Adaptation and Validation of the Learning Style Inventory Version 3.1 in Greek Language: A Methodological Study. *J Nurs Meas.* 2015;23(2):88–111. CITED=3, IMPACT FACTOR=0.7
 39. Lambrou P, Papastavrou E, **Merkouris A**, Middleton N. Professional environment and patient safety in emergency departments. *Int Emerg Nurs.* 2015 Apr;23(2):150–5. CITED=16, IMPACT FACTOR=1.8
 40. Vryonides S, Papastavrou E, Charalambous A, Andreou P, **Merkouris A**. The ethical dimension of nursing care rationing. *Nurs Ethics.* 2015 Dec 3;22(8):881–900. CITED=49, IMPACT FACTOR=2.9
 41. Sokratous S, **Merkouris A**, Middleton N, Karanikola M. The prevalence and socio-demographic correlates of depressive symptoms among Cypriot university students: a cross-sectional descriptive co-relational study. *BMC Psychiatry.* 2014;14(1):235. CITED=31, IMPACT FACTOR=2.2
 42. Patiraki E, Karlou C, Efstathiou G, Tsangari H, **Merkouris A**, Jarosova D, et al. The Relationship Between Surgical Patients and Nurses Characteristics With Their Perceptions of Caring Behaviors: A European Survey. *Clin Nurs Res.* 2014 Apr;23(2):132–52. CITED=26, IMPACT FACTOR=1.7
 43. Papastavrou E, Andreou P, Tsangari H, **Merkouris A**. Linking patient satisfaction with nursing care: The case of care rationing - a correlational study. *BMC Nurs.* 2014;13(1):26. CITED=55, IMPACT FACTOR=3.1
 44. Andreou C, Papastavrou E, **Merkouris A**. Learning styles and critical thinking relationship in baccalaureate nursing education: A systematic review. *Nurse Educ Today.* 2014 Mar;34(3):362–71. CITED=52, IMPACT FACTOR=2.53
 45. Lambrou P, **Merkouris A**, Middleton N, Papastavrou E. Nurses’ perceptions of their professional practice environment in relation to job satisfaction: A review of quantitative studies. Vol. 8, *Health Science Journal. Technological Educational Institute of Athens*; 2014. p. 298–317. CITED=36, IMPACT FACTOR=2.63
 46. Sokratous S, **Merkouris A**, Middleton N, Karanikola M. The association between stressful life events and depressive symptoms among Cypriot university students: a cross-sectional descriptive correlational study. *BMC Public Health.* 2013;13(1):1121. CITED=45, IMPACT FACTOR=3.5
 47. **Merkouris A**, Andreadou A, Athini E, Hatzimbalasi M, Rovithis M, Papastavrou E. Assessment of patient satisfaction in public hospitals in Cyprus: a descriptive study. *Heal*

- Sci Journal,. 2013;7(1):28–40. CITED=33, IMPACT FACTOR=2.63
48. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A**. Prevalence of Occupational Exposure to Pathogens and Reporting Behaviour among Cypriot Nurses. *Int J Caring Sci*. 2013;6(3):420–30. , IMPACT FACTOR=1.56
 49. Suhonen R, Papastavrou E, Efstathiou G, Tsangari H, Jarosova D, Leino-Kilpi H, Patiraki E, Karlou C, Balogh Z, **Merkouris A**. Patient satisfaction as an outcome of individualised nursing care. *Scand J Caring Sci*. 2012 Jun;26(2):372–80. Publication selected as Editor's choice. CITED=97, IMPACT FACTOR=1.9
 50. Hadjibalassi M, Papastavrou E, Lambrinou E, Tsangari H, Athini E, Georgiou E, Nicolaou E, **Merkouris A**. Development of an instrument to determine competencies of postgraduate ICU nurses in Cyprus. *Nurs Crit Care*. 2012 Sep;17(5):255–64. CITED=17, IMPACT FACTOR=1.6
 51. Papastavrou E, Efstathiou G, Tsangari H, Suhonen R, Leino-Kilpi H, Patiraki E, Karlou C, Balogh Z, Palese A, Tomietto M, Jarosova D, **Merkouris A**. A cross-cultural study of the concept of caring through behaviours: patients' and nurses' perspectives in six different EU countries. *J Adv Nurs*. 2012 May;68(5):1026–37. Publication selected as Editor's choice. CITED=66, IMPACT FACTOR=3.8
 52. Papastavrou E, Efstathiou G, Tsangari H, Suhonen R, Leino-Kilpi H, Patiraki E, Karlou C, Balogh Z, Palese A, Tomietto M, Jarosova D, **Merkouris A**. Patients' and nurses' perceptions of respect and human presence through caring behaviours: A comparative study. *Nurs Ethics*. 2012 May;19(3):369–79. CITED=50, IMPACT FACTOR=2.9
 53. Palese A, Tomietto M, Suhonen R, Efstathiou G, Tsangari H, **Merkouris A**, et al. Surgical Patient Satisfaction as an Outcome of Nurses' Caring Behaviors: A Descriptive and Correlational Study in Six European Countries. *J Nurs Scholarsh*. 2011 Dec;43(4):341–50. CITED=69, IMPACT FACTOR=2.4
 54. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A**. Compliance of Cypriot nurses with Standard Precautions to avoid exposure to pathogens. *Nurs Health Sci*. 2011 Mar;13(1):53–9. CITED=33, IMPACT FACTOR=2.1
 55. Papastavrou E, Karlou C, Tsangari H, Efstathiou G, Sousa VD, **Merkouris A**, et al. Cross-cultural validation and psychometric properties of the Greek version of the Caring Behaviors Inventory: a methodological study. *J Eval Clin Pract*. 2011;17(3):435–43. CITED=20, IMPACT FACTOR=2.4
 56. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A**. Factors influencing nurses' compliance with Standard Precautions in order to avoid occupational exposure to microorganisms: A focus group study. *BMC Nurs*. 2011;10(1):1. CITED=99, IMPACT FACTOR=3.1
 57. **Merkouris A**, Apostolakis E, Pistolas D, Papagiannaki V, Diakomopoulou E, Patiraki E. Quality of life after coronary artery bypass graft surgery in the elderly. *Eur J Cardiovasc Nurs*. 2009 Mar;8(1):74–81. CITED=29, IMPACT FACTOR=2.9

58. Perdikaris P, **Merkouris A**, Patiraki E, Tsoumakas K, Vasilatou-Kosmidis E, Matziou V. Evaluating cancer related fatigue during treatment according to children's, adolescents' and parents' perspectives in a sample of Greek young patients. *Eur J Oncol Nurs*. 2009 Dec;13(5):399–408. CITED=32, IMPACT FACTOR=2.7
59. Apostolakis E, **Merkouris A**, Koniari I. eComment: Even the elderly post-CABG patients have a better HRQoL postoperatively. *Interact Cardiovasc Thorac Surg*. 2008 Apr;7(4):568.
60. Matziou V, Perdikaris P, Feloni D, Moshovi M, Tsoumakas K, **Merkouris A**. Cancer in childhood: Children's and parents' aspects for quality of life. *Eur J Oncol Nurs*. 2008;12(3):209–16. CITED=37, IMPACT FACTOR=2.7
61. Brokalaki H, Matziou V, Brokalaki E, **Merkouris A**, Fildissis G, Myrianthefts P. Antibiotic and O2 omissions and errors in hospitalized patients. *J Nurs Care Qual*. 2008;23(1):86–91. CITED=4, IMPACT FACTOR=1.2

IMPACT: Published in the high reading newspaper "TO VIMA" 23/3/2008 as main article

62. Perdikaris P, **Merkouris A**, Patiraki E, Papadatou D, Vasilatou-Kosmidis H, Matziou V. Changes in children's fatigue during the course of treatment for paediatric cancer. *Int Nurs Rev*. 2008 Dec;55(4):412–9. CITED=26, IMPACT FACTOR=3.8
63. Matziou V, Brokalaki H, Kyritsi H, Perdikaris P, Gymnopoulou E, **Merkouris A**. What Greek mothers know about evaluation and treatment of fever in children: An interview study. *Int J Nurs Stud*. 2008 Jun;45(6):829–36. CITED=26, IMPACT FACTOR=7.31
64. Patiraki E, Karlou C, Papadopoulou D, Spyridou A, Kouloukoura C, Bare E, Merkouris, A. Barriers in implementing research findings in cancer care: the Greek registered nurses perceptions. *Eur J Oncol Nurs*. 2004 Sep;8(3):245–56. CITED=29, IMPACT FACTOR=2.7
65. **Merkouris A**, Papathanassoglou EDE, Lemonidou C. Evaluation of patient satisfaction with nursing care: quantitative or qualitative approach? *Int J Nurs Stud*. 2004 May;41(4):355–67. CITED=99, IMPACT FACTOR=7.31
66. Lemonidou C, Leino-Kilpi H, Välimäki M, Dassen T, Gasull M, Scott PA, **Merkouris A**, Arndt M & Kaljonen A. Privacy in surgical nursing care: a comparative study of patients' and nurses' perceptions. *J Adv Perioper Care*. 2003;1(4):113–22.

IMPACT: Special article in the high reading newspaper "THE NEWS" in 1 June 2004 under the title "impingement of patients' rights"

67. Lemonidou C, **Merkouris A**, Leino-Kilpi H, Välimäki M, Dassen T, Gasull M, et al. A comparison of surgical patients' and nurses' perceptions of patients' autonomy, privacy and informed consent in nursing interventions. *Clin Eff Nurs*. 2003 Jun;7(2):73–83. CITED=46
68. **Merkouris A**, Papathanassoglou E, Pistolas D, Papagianaki V, Floros J, Lemonidou C. Staffing and organisation of nursing care in cardiac intensive care units in Greece. *Eur J Cardiovasc Nurs*. 2003 Jul;2(2):123–9. CITED=20, IMPACT FACTOR=2.9

IMPACT: Special article in the high reading newspaper "THE NEWS" on 9 December 2003 under the title "Intensive care in intensive care"

69. Lemonidou C, Priami M, **Merkouris A**, Kalafati M, Tafas C, Plati C. Nurses' perceptions toward seclusion and use of restraints for psychiatric patients in Greece. *Eur J Psychiatry*. 2002;16(2):81–90. CITED=10, IMPACT FACTOR=2.5
70. Lemonidou C, **Merkouris A**, Leino-Kilpi H, Välimäki M, Dassen T, Gasull M, et al. Nurses' and elderly patients' perceptions regarding autonomy, privacy and informed consent in nursing interventions in Greece. *Rev Clin Gerontol*. 2002 Aug;12(03). CITED=10, IMPACT FACTOR=2.6
71. **Merkouris A**, Ifantopoulos J, Lanara V, Lemon. Developing an instrument to measure patient satisfaction with nursing care in Greece. *J Nurs Manag*. 1999 Mar;7(2):91–100. CITED=69, IMPACT FACTOR=3.7

IMPACT: The questionnaire was used in the army hospitals in Greece and officially from the ministry of Health in Cyprus. Articles in newspapers in both countries.

72. **Merkouris A**, Ifantopoulos J, Lanara V, Lemonidou C. Patient satisfaction: a key concept for evaluating and improving nursing services. *J Nurs Manag*. 1999 Jan;7(1):19–28. CITED=34, IMPACT FACTOR=3.7
73. **Merkouris A**. Computer-based documentation and bedside terminals. Vol. 3, *J Nurs Manag*. 1995. p. 81–5. CITED=5, IMPACT FACTOR=3.7

D. PUBLICATIONS IN GREEK REFEREED JOURNALS (58)

1. Gregoriou X, Charalambous A, Papastavrou E, **Merkouris A**. Physicians' and nurses' attitudes regarding interprofessional collaboration and work satisfaction. *Cyprus Nurs Chronicles*. 2025; 24(1):25-32
2. Constantinou D, Leontiou I, Mpouzika M, Michail K, Middleton N, **Merkouris A**. Compliance of health professionals to the "5 Moments" of hand hygiene. *Arch Hell Med*, 2025, Vol 42 (4): 540-547 INDEXED IN SCOPUS, IMPACT FACTOR=0,2
3. Evangelou E, Kyrpianou T, Middleton N, **Merkouris A**, Lambrinou A. Development of a group of clinical nursing sensitive quality indicators in intensive care nursing. *Cyprus Nurs Chronicles*. 2025, 24(1):16-24.
4. Efsthathiou G, Papastavrou E, Charalambous M, Lambrou-Christodoulou P, Irakleous I, **Merkouris A**. Missed nursing care related to in-patient oral care: a focus group study. *Vema Askliptos*. 2023;22(2):399–412.
5. Papaioannou M, Papastavrou E, Kouta C, **Merkouris A**. Nurses' knowledge and attitudes

towards acute confusion / delirium: Literature Review. Cyprus Nurs Chronicles. 2022;22(1):27–44.

6. Evripidou M, Charalambous A, **Merkouris A**, Zannetos S, Papastavrou E. Investigation of the level of Knowledge and Attitudes of clinical nurses towards the care of patients with dementia. Cyprus Nurs Chronicles. 2021;21(1):9–17.
7. Dimitriadou M, Papastavrou E, Charalambous A, **Merkouris A**. Patient Safety Education in Undergraduate Nursing Studies: A Scoping review. Cyprus Nurs Chronicles. 2021;21(2):13–26.
8. Leontiou I, Papastavrou E, Middleton N, **Merkouris A**. Self-efficacy, Empowerment, Power and Turnover Intention of Nurse Managers. Cyprus Nurs Chronicles. 2021;21(2):27–40.
9. Papaioannou M, **Merkouris A**, Kouta C, Papastavrou E. Investigating nurses' knowledge of acute confusion / delirium. Cyprus Nurs Chronicles. 2019;19(2):14–22.
10. Rikos N, Linardakis M, **Merkouris A**, Rovithis M, Philalithis A. Exploration of the experiences, opinions and attitudes of nurses on inter-shift handover procedures. Arch Hell Med. 2019;36(4):515–25. INDEXED IN SCOPUS, CITED=1, IMPACT FACTOR=0,2
11. Rovithis M, Linardakis M, Rikos N, **Merkouris A**, Patiraki E, Philalithis A. Role conflict and ambiguity among physicians and nurses in the public health care sector in Crete. Arch Hell Med. 2017;34(5):648–55. INDEXED IN SCOPUS, CITED=9
12. Gabriel E, Middleton N, Papastavrou E, **Merkouris A**. Mapping organizational culture in the hospital setting. Arch Hell Med. 2017;34(3):295–302. INDEXED IN SCOPUS, IMPACT FACTOR = 0,2
13. Rovithis M, Linardakis M, **Merkouris A**, Philalithis A. Organizational culture of Physicians on the island of Crete. Arch Hell Med. 2016;33(2):207–16. INDEXED IN SCOPUS, IMPACT FACTOR=0,2
14. Gabriel E, **Merkouris A**, Middleton N, Papastavrou E. Organizational Culture of Nursing Staff in the Hospital Setting: A Systematic Literature Review. Nosileftiki. 2015;54(1):25–37. INDEXED IN SCOPUS
15. Gabriel E, **Merkouris A**. Exploring nursing culture through socio- logical and symbolic theoretical approach of organizational culture. Nurs Res. 2015;43:227–33. INDEXED IN SCOPUS
16. Prodromou M, Efstathiou G, Andreou C, Athini E, Charitou A, Vryonides S, Constantinou D, Demetriadou M, **Merkouris A**, Papastavrou E. Nurse forecasting in Cyprus (RN4CAST): Rationale, design and methodology. Cyprus Nurs Chronicles. 2014;15(1):33–41.
17. Papastavrou E, Andreou C, Prodromou M, Efstathiou G, , Athini E, Charitou A, Vryonides S, Constantinou D, Demetriadou M, **Merkouris A**. RN4CAST-CYPRUS: The pilot study. Cyprus Nurs Chronicles. 2014;15(1):17–24.
18. Papastavrou E, Andreou C, **Merkouris A**. Rationing of Nursing Care and Professional Environment: Exploration of Nursing Views. Nosileftiki. 2013;52(4)

19. Lambrou P, Papastavrou E, **Merkouris A**, Middleton N. The perceptions of nurses and physicians working in the Cyprus Public Accident and Emergency Rooms of their Professional Practice Environment. *Cyprus Nurs Chronicles*. 2013;14(2):33–41.
20. Lambraki M, Konstantinidis T, Koutsipetsidis V, Vogiatzaki I, A S, **Merkouris A**. Comparing nurses' and patients' views on the quality of the provided nursing care in surgical departments of public hospitals in the island of Crete. *Vema Asklipios*. 2013;12(205–221).
21. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A**. Health-care associated infections: A look at their history. *Cyprus Nurs Chronicles*. 2011;12(3):7–16.
22. Demetriou M, **Merkouris A**. The Quality of Life of Elderly Cardiac Patients. *Cyprus Nurs Chronicles*. 2011;12(3):7–16.
23. Andreadou A, **Merkouris A**. Patient satisfaction with nursing care in medical wards: a systematic literature review. *Nurs Res*. 2011;31:24–40. INDEXED IN SCOPUS
24. Efstathiou G, Papastavrou E, Raftopoulos V, **Merkouris A**. Equipment and procedures that protect from occupational exposure to microorganisms. *Nurs Res*. 2011;31:31–40. INDEXED IN SCOPUS
25. **Merkouris A**, Andreadou A, Papastavrou E, Athini E, Hadjibalassi M, Rovithis M, et al. Satisfaction of Surgical Patients in the Cyprus Governmental Hospitals. *Nurs Res*. 2011;31:11–6. INDEXED IN SCOPUS
26. **Merkouris A**, Andreadou A, Papastavrou E, Athini E, Hadjibalassi M, Rovithis M, et al. Medical patients' satisfaction with nursing care in public hospitals in Cyprus. *Nurs Res*. 2011;29:11–6. INDEXED IN SCOPUS

IMPACT: Utilisation of the questionnaire from the Ministry of Health in Cyprus. Article in newspapers in Cyprus.

27. Papastavrou E, Efstathiou G, Nikitara M, Tsangari H, **Merkouris A**, Karlou C, et al. The concept of caring in nursing: Results from a pilot research study. *Nosileftiki*. 2010;49(4):406–17. INDEXED IN SCOPUS, CITED=2
28. Katsimigas G, Spiliopoulou C, Hatzilaou I, Gika M, **Merkouris A**, Karavas A. Attitude and opinion of volunteer blood donors regarding access to genetic data and genetic examinations. *Nurs Res*. 2009;23:28–36.
29. Androulaki Z, Rovithis M, Tsirakos D, **Merkouris A**, Zedianakis Z, Kakavelakis K, et al. The phenomenon of women abuse: attitudes and perceptions of health professionals working in health care centers in the prefecture of Lasithi, Crete, Greece. *Heal Sci J*. 2008;2(1):33–40.
30. Perdikaris P, Papadatou D, Patiraki E, **Merkouris A**, Kosmidis-Vasilatou E, Matziou V. Assessment of cancer related fatigue in children and adolescents [Greek]. *Nosileftiki*. 2008;47(1):112–21.
31. **Merkouris A**, Apostolakis E, Pistolas D, Papagiannaki V, Diakomopoulou E, Patiraki E. Quality of life after coronary artery bypass surgery. *Nurs Res*. 2008;20:29–40. INDEXED IN SCOPUS

32. Katsimigas G, Spiliopoulou C, Hatzilaou I, Gika M, Kiritsi H, **Merkouris A**. Attitude and opinion of volunteer blood donors regarding in vitro fertilization. *Nosileftiki*. 2008;47(3):396–405.
33. Zacharopoulos P, Preloretzou C, **Merkouris A**. Assessment of nurses' knowledge on Basic Cardio Pulmonary Resuscitation (B-CPR). *Nosileftiki*. 2007;46(3):381–9.
34. Androulaki Z, **Merkouris A**, Rovithis M, Zidianakis Z, Tsirakos D, Kakavelakis K, et al. Attitudes and perceptions of nursing personnel against the abuse of women in Crete. *Nosileftiki*. 2007;46(4):545–53.
35. Apostolakis E, **Merkouris A**, Pistolas D, Papagiannaki V, Diakomopoulou E, Patiraki E. Quality of life after coronary artery bypass surgery in male patients: 1-year follow-up. *ICUs Nurs Web J*. 2006;(27):16p-16p.
36. Androulaki Z, **Merkouris A**, Tsouras C, Androulakis M. Knowledge and attitude towards voluntary blood donation among a sample of students in TEI of Crete, Greece. *Nurs Web J*. 2005;23:128–36.
37. Giakis N, **Merkouris A**, Polichronopoulou E, Adali E. Intensive care units: nursing staff's attitudes towards euthanasia. *Nosileftiki*. 2005;44(1):84–91.
38. Adali E, **Merkouris A**, Manoussou E, Priami M. The attitudes of general and oncological hospital personnel toward euthanasia. *ICUs Nurs Web J*. 2004;(17):9p-9p.
39. Papathanassoglou E, **Merkouris A**, Pistolas D, Papagiannaki V, Tziallas D, Lemonidou C. Coronary care units in Greece: exploration of the organization of nursing care. *Nosileftiki*. 2003;42(2):206–18.
40. **Merkouris A**, Lemonidou C, Panagiotou A, Leino-Kilpi H, Valimaki M, Dassen T, et al. Patients' and nurses' perceptions for the protection of privacy in hospitals: a comparative study. *Nosileftiki*. 2003;42(1):110–22.
41. **Merkouris A**, Pistolas D, Papagiannaki V, Diakomopoulou E, Argyriou M, Ouzounidou A, et al. Quality of life after coronary artery bypass grafting: a comparative study. *Vema Asklipios*. 2003;2(3):147–58.
42. Lemonidou C, **Merkouris A**, Panagiotou A, Leino-Kilpi H, Valimaki M, Dassen T, et al. Patients' and nurses' perceptions on autonomy in nursing interventions. *Nosileftiki*. 2003;43(1):84–9.
43. Lemonidou C, **Merkouris A**, Panagiotou A, Leino-Kilpi H, Valimaki M, Dassen T, et al. Investigation of patients' and nurses' perceptions on the realization of informed consent in nursing care. *Nosileftiki*. 2003;42(3):334–46.
44. **Merkouris A**. Coronary artery bypass grafting and health-related quality of life. *Nosileftiki*. 2003;43(1):34–6.
45. Stathopoulos T, **Merkouris A**. Nursing process and classifications schemes of nursing data. *Nosileftiki*. 2002;2:147–55.
46. **Merkouris A**, Dimitrouli A, Georganta A, Ouzounidou A. Assessment of pressure sores:

prevalence and identification of patients in high risk. *Nosileftiki*. 2002;2:197–205.

47. **Merkouris A**, Diakomopoulou E, Pistolas D, Papagiannaki V, Argyriou M, Apostolakis E, et al. Quality of life after coronary artery bypass surgery: a pilot study. *Nosileftiki*. 2002;3:337–49.
48. **Merkouris A**, Ouzounidou A, Moudoukidou D, Roumbi M, Sougris P, Lemonidou C. Assessment of medical and surgical patients' satisfaction with nursing care in a general hospital. *Nosileftiki*. 2001;3:74–84.
- IMPACT: Utilisation of the questionnaire from the military hospitals in Greece. Article in newspapers in Greece.**
49. Priami M, **Merkouris A**, Adali E, Tourouki G. Nursing personnel opinions for euthanasia. *Nosileftiki*. 2001;4:43–50.
50. Lemonidou C, **Merkouris A**, Kiranou M, Leino-Kilpi H, Valimaki M, Dassen T, et al. Ethical issues in nursing: a pilot study. *Nosileftiki*. 2001;2:92–101.
51. **Merkouris A**, Vastardis L, Diakomopoulou E, Kalogianni A, Pistolas D, Argyriou M, et al. Information and perioperative education of cardiac surgery patients. *Nosileftiki*. 2001;1:67–74.
52. **Merkouris A**, Kalafati M, Kalograna D, Lemonidou C. Infection control practices among nursing staff in ICUs. *Nosileftiki*. 2001;2:49–57.
53. **Merkouris A**, Papagiannaki V, Ouzounidou A. Computers: are nurses ready to adapt the new technology. *Nosileftiki*. 2001;4:51–9.
54. Lemonidou C, **Merkouris A**, Kapela M, Panagiotou A, Arndt M, Dassen T, et al. The concepts of autonomy, privacy and informed consent in nursing. *Nosileftiki*. 1999;3:209–15.
55. **Merkouris A**, Lemonidou C. Evaluation of the quality of nursing care. *Nosileftiki*. 1999;1:6–15.
56. Lemonidou C, **Merkouris A**. The role of the nurse in the formation of health policy. *Nosileftiki*. 1998;2:106–13.
57. **Merkouris A**, Lemonidou C. Patient satisfaction with nursing services. *Nosileftiki*. 1998;1:4–26.
58. Lemonidou C, **Merkouris A**. Patient classification systems in nursing. *Nosileftiki*. 1996;4:244–53.

E. ABSTRACTS – PRESENTATIONS IN INTERNATIONAL CONGRESSES (Indicative)

Demetriadou M. & **Merkouris A.** Undergraduate nursing students' perspective on patient safety and missed care. Oral presentation to CNMF Congress, September 27-29, 2024, Malta.

Gregoriou, I., Economidou, E., Avraam, D., Soteriades E., Papastavrou, E., Charalambous, A., Stylianides, A., **Merkouris, A.** Leadership and Intention to leave among Public Health Sector Physicians in Cyprus: a National Cross-sectional Study International Conference on Informatics, Management and Technology in Healthcare, (ICIMTH), July 1-3, 2023, Athens, Greece.

Vryonides S., **Merkouris A.**, Charalambous A., Papastavrou E. Towards revealing the ethical aspects of a seemingly organizational problem: The case of nursing care rationing. A presentation to a workshop of COST Action 15208 (RANCARE) which was organized at Andrija Stampar Teaching Institute of Public Health, March 5, 2019, Zagreb, Croatia.

Vryonides S., Papastavrou E., Charalambous A., **Merkouris, A.** Missed nursing care as related to the types of ethical climate in public hospitals. A poster Presentation to the ICN Congress, May 27 - June 1, 2017, Barcelona, Spain.

Vryonides S., **Merkouris A.**, Charalambous A., Eleftheriou C., Andreou P., Papastavrou E. The types of ethical climate as related to missed nursing care in cancer care units. A Presentation to the UNESCO Chair in Bioethics 12th World Conference on Bioethics, Medical ethics & Health law, March 21 - 23, 2017, Limassol, Cyprus.

Efstathiou G., , Andreou C., Charitou A., Tsangari H., Athini E., Constantinou D., Dimitriadou M., **Merkouris A.**, Prodromou M., Vryonides S., Papastavrou E. Adaptation and validation of the Revised Practice Environment Scale of the Nursing Work Index: the case of Cyprus RN4cast. 12th European Conference of the Commonwealth Nurses & Midwives Federation, «Recent Advances in Nursing and Midwifery: Towards a Safer Future », March, 10-11, 2017, Limassol, Cyprus.

Andreou C., Charitou A., Efstathiou G., **Merkouris A.**, Tsangari H., Papastavrou E. International Registered Nurse Forecasting Project: The Case of Cyprus. Poster at the ICN Congress for RN4CAST-CY Consortium, May 27 - June 1, 2017, Barcelona, Spain.

Gabriel, E., **Merkouris, A.**, Middleton, N. & Papastavrou, E., The Organisational Culture and Effectiveness of Nursing Staff in Cypriot Public Hospitals, Nurses and Midwives: Agents of Change, Conference of Commonwealth Nurses Federation, March 8-9, 2014, London, UK.

Papastavrou E., Vryonides S., Charalambous A., **Merkouris A.** Missed Nursing care as related to ethical climate: a pilot study. Oral presentation at the 1st International Care Ethics and 16th Nursing Ethics ICE Conference, July 17-18, 2015, University of Surrey UK.

Papastavrou E., Andreou, P., **Merkouris A.** Care compromise through rationing: a focus group study. Oral Presentation at the 25th International Council of Nurses International Congress, May 18-23, 2013, Melbourne, Australia.

Efstathiou G., Papastavrou E., Raftopoulos V., **Merkouris A.** Factors influencing nurses' compliance with Standard Precautions to avoid exposure to pathogens: A qualitative study. Twelfth Congress of the International Federation of Infection Control, October 10-13, 2012,

Zagreb, Croatia (**2nd place poster award given in recognition of poster quality and educational merit**)

Balogh Z., Borjan E., Kormos A., Efstathiou G., Tsangari H., Nikitara M., **Merkouris A.**, Jarosova D., Patiraki E., Karlou C., Suhonen R., Leino-Kilpi H., Tomietto M., Palese A., Papastavrou E. Transcultural aspects of caring and patient satisfaction in Hungary and in Europe. 2nd European Transcultural Nursing Association International Conference, June 30 - July 1, 2011, Limerick, Ireland.

Papastavrou E., Efstathiou G., Tsangari H., Nikitara M., **Merkouris A.**, Jarosova D., Suhonen R., Patiraki E., Karlou C., Balogh Z., Palese A., Tommieto M., Leino-Kilpi H. The convergence of opinion as an ethical issue in the nurse-patient relationship: A comparative study. 11th Anniversary Conference: Nursing Ethics: Clinical Ethics Across the Lifespan. The International Centre for Nursing Ethics. September 13-14, 2010, Turku, Finland.

Papastavrou E., Efstathiou G., Tsangari H., Suhonen R., Leino-Kilpi E., Patiraki E., Karlou C., Balogh Z., Tomietto M., Palese A., Jarosova D., **Merkouris A.** What do patients expect from nurses and what do nurses offer to patients? Results from an international comparative study on caring. International Conference 2nd RAHMS. Recent Advances in Health and Medical Sciences, July 8-10, 2010, Paphos, Cyprus.

Papastavrou E., Tsangari H., Jarosova D., Suhonen R., Patiraki E., Balogh Z., Efstathiou G., **Merkouris A.**, Karlou C., Leino Kilpi H. The convergence of opinion as an ethical issue in the nurse-patient relationship: A comparative study. ICNE Conference, September 2010, University of Turku, Finland

Papastavrou E., Efstathiou G., Tsangari H., ValmiSousa, Patiraki E., Karlou C., **Merkouris A.** The validation of the caring behaviors inventory in the Greek language. 13th International Nursing Research Conference, November 11-13, 2009, Alicante Spain

Papastavrou E., Efstathiou G., Tsangari H., Leino-Kilpi H., Suhonen R., Patiraki E., Karlou C., Jarosova D., Tomietto M., Balogh Z., **Merkouris, A.** The concept of care in Nursing: results from an international pilot research study (poster presentation). 10th Annual interdisciplinary research conference «Transforming Health through Research and Education», 2009, Dublin, Ireland.

Pistolas D., Papagianaki V., Balaska A., Stamatopoulou E., Ouzounidou A., Chatzina I., **Merkouris A.** Quality of life after coronary artery bypass grafting: comparative study. 4th Annual Spring Meeting of the ESC Working Group on Cardiovascular Nursing: "Cardiovascular Nursing - from science to practice". April 2-3, 2004, Amsterdam, Netherlands,

Lemonidou C., **Merkouris A.**, Leino-Kilpi H., Valimaki M., Dassen T., Gasull M., Scott A., Arndt M. Nurses' and patients' perceptions on the application of informed consent. International Council of Nurses, "Building Excellence Through Evidence". June 27-29, 2003, Geneva, Switzerland.

Lemonidou C., **Merkouris A.**, Kyranou M., Valimaki M., Scott A., Arndt M., Gasull M., Bansemir G., Leino-Kilpi H. Developing an instrument to measure autonomy, privacy and informed consent. International Nursing Congress, Oct 29 – Nov 2, 2000, Antalya, Turkey.

Leino-Kilpi H., Valimaki M., Arndt M., Dassen T., Gausull M., Lemonidou C., Scott A., Bansemir G., Cabrera E., McParland J., **Merkouris A.** Privacy in nursing interventions in elderly care. 2nd International Health Care Conference, Aug 14-17, 2000, Unisa, South Africa.

Priami M., Lemonidou C., **Merkouris A.**, Plati M. Nursing research related to psychiatric patient's restraints: Ethical Dimensions. Forth European Mental Health Conference, Feb 19 – 21, 1999, Jersey, Channel Islands, Netherlands.

Plati C., Priami M., Brokalaki H., **Merkouris A.**, Baltzi H., Lemonidou C. The problem of pressure sores: frequency, severity and cost. Proceedings, First European ulcer advisory panel open meeting, Academic Centre, John Radcliffe Hospital, September 21-23, 1997, Oxford, England.

G. ABSTRACTS – PRESENTATIONS IN GREEK CONGRESSES (Indicative)

Leontiou I., Papastavrou E., Middleton N., **Merkouris A.** Self-efficacy, empowerment and power of middle nurse managers in Cyprus before and after a major health care reform in Cyprus. 1st Pancyprian Union of Nurses Conference, April 18-19, 2024, Limassol, Cyprus.

Papaioannou M., Papastavrou E., Kouta C., Tsangari H., **Merkouris A.** Management of delirium in older persons. 1st Pancyprian Union of Nurses Conference, April 18-19, 2024, Limassol, Cyprus.

Merkouris, A. Quality in nursing services: From the theory to practice. 1st Pancyprian Conference on Nursing Administration, June 16, 2023, Nicosia, Cyprus

Vryonides S., **Merkouris A.**, Charalambous A., Papastavrou E. Typee of ethical climate and missed nursing care in public cyprus hospitals. 30th Pancyprian Conference on Nursing and Midwifery, “30 years of continuing professional development”. Nurses and Midwives: Leading Voice for the Right to Health”, November 3-4. 2023, Agia Napa, Cyprus.

Leontiou I., Papastavrou E., Middleton N., **Merkouris A.** Self-efficacy, empowerment and power of middle nurse managers in Cyprus: a cross-sectional study. Interdisciplinary research symposium of the Institute of Health, December 2-4, 2022, karpenesi, Greece.

Leontiou I., Papastavrou E., Middleton N., **Merkouris A.** Turnover rate of middle management nursing staff in the state hospitals of Cyprus. 28th Pancyprian Conference on Nursing and Midwifery, “The future of Health Care”, November 11-13, 2021. Cyprus (teleconference).

Papaioannou M., Papastavrou E., Kouta C., Tsangari H., **Merkouris A.** Investigating Nurses' Knowledge and Attitudes About Acute Confusion / Delirium. 25th Pancyprian Conference on Nursing and Midwifery, “Nurses and Midwives: Leading Voice for the Right to Health”, November 23-24, 2018, Nicosia, Cyprus.

Vryonides S., **Merkouris A.**, Charalambous A., Andreou P., Papastavrou E. The ethical dimension of nursing care rationing: A review of qualitative studies. A Presentation to a

conference that have been jointly organized by the Cyprus University of Technology (department of nursing) and the Cyprus Nurses and Midwives Association on the occasion of the International Nurses Day, May 18, 2018, Limassol, Cyprus.

Vryonides S., **Merkouris A.**, Charalambous A., Tsangari H., Papastavrou E. To what extent does the type of ethical climate predict missed nursing care in hospitals. A presentation to the 1st RANCARE CONFERENCE - COST Action: The challenges of nursing care rationing, February 23, 2017, Poseidonia Hotel, Limassol, Cyprus.

Vryonides S., **Merkouris A.**, Charalambous A., Andreou P., Papastavrou E.. The ethical dimension of nursing care rationing as it is revealed from existing qualitative research studies. A Presentation to the 12th European Conference of the Commonwealth Nurses' & Midwives Federation «Recent Advances in Nursing and Midwifery: Towards a Safer Future», March, 10-11, 2017. Ajax Hotel, Limassol, Cyprus.

Vryonides S., **Merkouris A.**, Charalambous A., Eleftheriou C., Papastavrou E. The omissions in nursing care and their relationship with nurses' job satisfaction: The case of the oncological and hematological departments. A Presentation at the 17th Pancyprrian Conference of the Cyprus, Association OF Operating Room Nurses March 17-18, 2017. Crown Plaza Hotel, Limassol, Cyprus.

Vryonides S., **Merkouris A.**, Charalambous A., Papastavrou E. Omissions in nursing care and their relation to the prevailing types of ethical climate: The case of the oncological and haematological units. Presentation at the 6th Scientific Meeting of CYNMA Oncology Sector, October 8, 2016, Hotel Crowne Plaza, Limassol, Cyprus

Gabriel, E., **Merkouris, A.**, Middleton, N. & Papastavrou, E., The Organisational Culture and Effectiveness of Cyprus Public Hospitals. 11th Panhellenic Congress on Management, Economics and Health Policy, December 13-15, 2015, Athens, Greece.

Vryonides S., Merkouris A., Charalambous A., Andreou P., Papastavrou E. Types of ethical climate in oncology / haematological units and omissions in nursing care. Presentation at 22nd Pancyprrian Conference on Nursing and Midwifery, November 13-14, 2015, Hotel Hilton Park, Nicosia.

Gabriel, E., **Merkouris, A.**, Middleton, N. & Papastavrou, E., The Organisational Culture and Effectiveness of Nursing Staff in Cyprus Public Hospitals, 21st Pancyprrian Conference on Nursing and Midwifery, November 14-15, 2014, Ayia Napa, Cyprus.

Vryonides S., **Merkouris A.**, Charalambous A., Andreou P., Papastavrou E. The Ethical Framework of Care Allocation in Nursing: A Thematic synthesis of Qualitative Research. Speech at 21st Pancyprrian Conference on Nursing and Midwifery, 14-15 November, 14-15, 2014, Hotel Adams, Agia Napa, Cyprus.

Vryonides S., **Merkouris A.**, Charalambous A., Andreou P., Papastavrou E. The ethical dimension of nursing care rationing: A literature review of qualitative studies. In proceedings of the 20th Pancyprrian Conference on Nursing and Midwifery, November 29-30, 2013, Hotel Hilton Park, Nicosia.

Gabriel, E., **Merkouris, A.**, Middleton, N. & Papastavrou, E. Organizational Culture in Hospitals: A Systematic Literature Review. 8th Panhellenic Congress on Management, Economics and Health Policy, December 13-15, 2012, Athens, Greece.

Gabriel, E. & **Merkouris, A.**, Organizational Culture and Nurses in Clinical Setting: a Systematic Literature Review. 19th Pancyprrian Conference on Nursing and Midwifery “Evidence Based Practice: Guarantee of Efficiency and Productivity”, November 25-26, Nicosia, Cyprus, 2011.

Merkouris A., Andreadou A., Athini E., Hadjibalassi M., Papastavrou E. Satisfaction of medical and surgical patients in the Cyprus governmental hospitals. Presentation, 17th Pancyprrian Conference on Nursing and Midwifery, “ Nursing and midwifery workforce: challenges and prospects”, November, 11-12, 2010, Limassol, Cyprus.

Merkouris A. & Demetriou M.. Quality of life of patients with cardiac disease. Presentation, 17th Pancyprrian Conference on Nursing and Midwifery “ Nursing and midwifery workforce: challenges and prospects”, November, 11-12, 2010, Limassol, Cyprus., November, 12, 2010, Limassol, Cyprus.

Papastavrou E., Efstathiou G., Tsangari H., Suhonen R., Leino-Kilpi H., Patiraki E., Karlou C., Balogh Z., Tomietto M., Palese A., Jarosova D., **Merkouris A.** International study of the patient satisfaction as an outcome of nurse caring. Presentation, 17th Pancyprrian Conference on Nursing and Midwifery “Nursing and midwifery workforce: challenges and prospects”, November 11-12, 2010, Limassol, Cyprus.

Papastavrou E. ,Tsangari H., Jarosova, D., Suhonen R., Patiraki E.,Balogh Z., Efstathiou G., **Merkouris A.**, Karlou C., Leino Kilpi H. The concept of caring in Nursing. 8th European Regional Conference of the Commonwealth Nurse’s Federation, March 12-13, 2010, Cyprus

Efstathiou, G., Papastavrou, E., Raftopoulos, V., **Merkouris, A.** Construction of a questionnaire that examines the factors which influence nurses’ compliance with Standard Precautions: A focus group experience. 8th European Regional Conference of the Commonwealth Nurse’s Federation, March 12-13, 2010, Cyprus.

Hadjibalassi M., Papastavrou E., Lambrinou A., Athini E., Nicolaou E., Georghiou E., **Merkouris A.** Presentation of Research findings “Development of postgraduate level competencies for Critical care nurses” 6th Annual Congress of the World Federation of Critical Care Nurses (WFCCN) 31st August 31, 2009 , Cyprus.

Merkouris A. & Andreadou A. Patient satisfaction with nursing care: critical research review. Presentation, 16th Pancyprrian Conference on Nursing and Midwifery. November 27-28, 2009, Nicosia, Cyprus.

Merkouris A., Pistolas D., Diakomopoulou E., Papagiannaki B., Apostolakis E., Ouzounidou A. Quality of life before and after CABG: comparative study. Presentation, 30o Pan-Hellenic Nursing Congress, May 19-22, 2003, Alexandroupolis, Greece.

Merkouris A., Lemonidou C., Panagiotou A., Välimäki M., Leino-Kilpi H., Dassen T., Gasull M., Scott A., Arndt M. The concept of privacy in surgical, midwifery and long term care departments: comparative study. Presentation, 30o Pan-Hellenic Nursing Congress, May 19-22, 2003, Alexandroupolis, Greece.

Merkouris A., Diakomopoulou E, Pistolas D, Papagiannaki B, Argiriou M, Apostolakis E. Evaluation of the quality of life in patients after CABG. Presentation, 29o Pan-Hellenic Nursing Congress, May 13-16, 2002, Ioannina, Greece.

Lemonidou C., **Merkouris A.**, Välimäki M., Leino-Kilpi H., Dassen T., Gasull M., Scott A., Arndt M., Tafas C.. Ethical issues in the care of surgical patients. Presentation, 28o Pan-Hellenic Nursing Congress, Limnos, 3-5 May 2001.

Merkouris A., Mouderidou D., Roumpi M., Zougris P., Ouzounidou A. Evaluation of patients' satisfaction with nursing care in medical and surgical departments. Presentation, 28o Pan-Hellenic Nursing Congress, May 3-5, 2001, Limnos, Greece.

Lemonidou C., **Merkouris A.**, Välimäki M., Leino-Kilpi H., Dassen T., Gasull M., Scott A., Arndt M. Investigation of the application of ethical principles in midwifery. Presentation, 28o Pan-Hellenic Nursing Congress, May 3-5, 2001, Limnos, Greece.

Merkouris A., Diakomopoulou E., Kalogianni A., Bastardia L., Pistolas D., Argiriou M., Apostolakis E. Knowledge of cardiac surgery patients for their self-care during hospital discharge». Presentation, 27o Pan-Hellenic Nursing Congress, 2000, Eretria, Greece.

Merkouris A., Kalogianni A., Kalafati M., Kalograna D., Lemonidou C. «Attitude and compliance of nursing personnel with the preventive measures against against the biological liquids of patients». Presentation, 27o Pan-Hellenic Nursing Congress, 2000, Eretria, Greece. 2000

Lemonidou C., **Merkouris A.**, Kapella M., Panagiotou A., Arndt M., Gasull M., Valimaki M., Leino-Kilpi H. Patients' and nurses' perception of the importance of autonomy, individuality and informed consent – development of an instrument. Presentation, 27o Pan-Hellenic Nursing Congress, 2000, Eretria, Greece.

Lemonidou C., **Merkouris A.**, Kapella M., Panagiotou A., Arndt M., Gasull M., Valimaki M., Leino-Kilpi, H. Patients' autonomy, privacy and the informed consent in nursing interventions. Presentation, 25o Pan-Hellenic Nursing Congress, May 19-21, 1998, Heraklion, Crete.

V. INVITED SPEAKER / TEACHING ABROAD

June, 12-15, 2024

9-hour program on Leadership, Organizational Structure, and Change Management in Healthcare at the MSc in Interdisciplinary

Erasmus+ , Hellenic Meditterenean
University, Masters Program

Management of Chronic Diseases, Disability,
and Ageing at the Hellenic Mediterranean
University in Crete

June, 4, 2023 Hellenic Meditterenean
University, Masters Program

6 hours teaching on special issues on
Organizational behavior and Human Resources
Management, in Healthcare at the MSc in
Interdisciplinary Management of Chronic
Diseases, Disability, and Ageing at the Hellenic
Mediterranean University in Crete

May, 17, 2022, Evangelismos Hospital of
Athens, Greece

Speech for the International Day of Nurses,
Devoted to Professor of Nursing Vassiliki
Lanara.

December 6-9, 2021

"Thorax" Foundation - Research Center
of Intensive Care and Emergency
Thoracic Medicine (University of Athens
and Evangelismos Hospital). Funded
from Stavros Niarchos Foundation,
Greece

12 hours seminar with title: Quality in Health
Care Services.

VI. RESEARCH PROJECTS / DOCTORAL RESEARCH

A. FUNDED RESEARCH (Total=11, international 5, national 6 -- at CUT=7, international=4, national=3)

Project title:	VIP-Cardio - Value-based Indicators for Patient-centered
Aims/Objective:	To investigate the self-reported experiences and outcomes of cardiac patients (patients with myocardial infarction) in relation to their demographic and clinical characteristics.
Amount:	50.000 euros (funded body: Hellenic Foundation for Research & Innovation)
Period:	2021-2023
Team:	University of Athens, Hellenic Society of Cardiology and Cyprus University of Technology. Coordinator University of Athens, Kaitelidou D. Cyprus team: Merkouris A , Lambrinou A, Kyriakou M. Role of the team:
Role	Member of the research team and coordinator for Cyprus members – role in project development of the measurement tools and study design

Project title:	NM4SAFETY
Aims/Objective:	The aim of the project is to improve the quality of the nursing working environment as the key factor capable of ensuring patient safety by strengthening the knowledge and competences of NMs in relation to the strategies to reduce missed nursing care, errors of omission, or inappropriate rationing of nursing care.
Amount:	293.753 euros (Erasmus +)
Period:	2016-2020
Team:	Proposer and Coordinator: University of Udine's Department of Medicine – DAME, Evridiki Papastavrou, coordination of the Cyprus Research Team: Vryonides S, Efstathiou G, Andreou P., Eleftheriou C., Charalambous, A., and Merkouris A.
Role	Scientific advisor and Financial representative

Project title:	COST / RANCARE Rationing, Missed Nursing care: An international and multidimensional problem CA15208
Aims/Objective:	To create networking activities so as to jointly develop ideas and new initiatives on the issue of rationing of nursing care via the Cooperation in Science and Technology
Amount:	500.000 euros (COST funding)
Period:	2016-2020
Team:	Evridiki Papastavrou, proposer and coordinator. Cyprus Research Team: Vryonides S, Efstathiou G, Andreou P., Elefteriou C., Charalambous, A., and Merkouris A.
Role	Scientific advisor

Project title:	RN4CAST-CY, a replication study, http://rn4castcyprus.org/team.htm
Aims/Objective:	To replicate the RN4 CAST study in order to describe the Cyprus nursing workforce and compare with the other European countries.
Funding body:	
Amount:	10.000 Euros (Funded body: Cyprus Nurses Association)
Period:	2013-2016
Coordinator:	Evridiki Papastavrou
Team:	Walter Sermeus (University of Leuven), Evridiki Papastavrou, Anastasios Merkouris , Andreas Charitou, Christos Andreou, Maria Dimitriadou (Cyprus University of Technology) Maria Prodromou (European University of Cyprus), Despo Constandinou (Nicosia General Hospital), Stavros Vryonides (Limassol Hospital), Haritini Tsangari, (University of Nicosia), Georghios Efstathiou (Nursing Services, Ministry of Health).
Role	Member of the research team

Project title:	Development of an instrument to measure patient satisfaction with hospital care in Cyprus
Aims/Objective:	To develop a valid, reliable and standardized instrument as well as methodology to measure patient satisfaction with hospital care in Cyprus.
Amount:	75.000 euros (Funding body CUT)
Period:	2008-2011
Team:	Team: A. Merkouris . Other members of the team: A. Andreadou (special scientist), E. Athini (CUT) , M. Hatzimbalasi (CUT), M. Rovithis (TEI of Crete), E. Papastavrou (CUT), E. Patiraki (UoA), C. Lemonidou (UoA).
Role	Principal investigator

Project title:	The Care Project http://www.cut.ac.cy/careProject/ The concept of care giving behaviours as perceived by nurses and patients"
Aims/Objective:	An international study aiming to explore patients and nurses' perception about caring behaviors, individualized care and patient satisfaction from care.
Amount:	75.000 euros
Period:	2008-2011
Team:	Evridiki Papastavrou, coordination of the Research Team. Finland, University of Turku (Riitta Suhonen, Helena Leino-Kilpi) Greece, National and Kapodistrian University of Athens (Elisabeth Patiraki, Chrysoula Karlou) Hungary, the Semmelweis University (Zoltan Balogh) Italy, the University of Udine (Alvisa Palese, Marco Tomietto) Czech Republic, the University of Ostrava (Darjia Jarosova), Haritini Tsangari (University of Nicosia), Anastasios Merkouris and Georgios Efstathiou (Cyprus University of Technology)
Role	Member of the research team

Project title:	A critical examination of the development of postgraduate level clinical competencies for critical care nurses
Aims/Objective:	The aim was to develop a critical nurses competencies questionnaire
Amount:	25.000 euros (Funding body CUT)
Period:	2008-2010
Team:	Team: E. Papastavrou (PI), M. Hadjimbalassi (main researcher), E. Athini, E. Lambrinou, E. Georgiou, A. Merkouris
Role	Member of the research team

Before CUT

Project title:	Evaluation of the clinical learning environment in the university nursing education in the frames of work "Research in education" EPEAEK II
Aims/Objective:	To evaluate the clinical learning environment in clinical settings
Amount:	40.000 euros
Period:	2007-2008
Team:	Principal investigator: Asc. Professor Zacharenia Androulaki, Hellenic Mediterranean University. Asc. Professor Anastasios Merkouris . Members of the research team: Academic staff from the nursing departments of Hellenic Mediterranean University and University of Athens.
Role	Member of the research team

Project title:	Reformation of the curriculum in the nursing department in the frames of work "Research in education" EPEAEK II
Aims/Objective:	To Reform the curriculum of the nursing program according to EU guidance.
Amount:	Merkouris Anastasios. Members of the research team: Academic staff from the nursing departments of Hellenic Mediterranean University and University of Athens.
Period:	2006-2008
Team:	Principal investigator: Asc. Professor Zacharenia Androulaki, Hellenic Mediterranean University. Asc. Professor Anastasios Merkouris. Members of the research team: Academic staff from the nursing departments of Hellenic Mediterranean University and University of Athens.
Role	Proposer and coordinator

Project title:	Attitudes and perceptions of health care professionals for women abuse in the prefecture of Crete EPEAEK II* - ARCHIMEDES II (Operational Programme for education, one of the Third Community Support Framework's 24 Operational Programmes in Greece, co-financed by the European Social Fund, the European Regional Development Fund and national resources)
Aims/Objective:	To evaluate the attitudes of health care professional for woman abuse.
Amount:	30.000 euros
Period:	2005-2006
Team:	Principal investigator: Asc. Professor Zacharenia Androulaki, Hellenic Mediterranean University. Asc. Professor Anastasios Merkouris (role: member of the research team). Members of the research team: Academic staff from the nursing departments of Hellenic Mediterranean University and University of Athens.
Role	Member of the research team

Project title:	Autonomy, privacy and informed consent of patients in nursing interventions" (financed by the European Union - Biomed 2 program in collaboration with 4 European countries (Finland, Spain, Germany and Scotland). BIOMED2, BMH4-CT98-3555
Aims/Objective:	To explore autonomy, privacy and informed consent of patients in surgical, elderly and maternity care
Amount:	200.000 euros
Period:	1998-2001
Team:	Project proposer and coordinator: Professor Helena Leino-Kilpi (Finland). Principal investigator : Professor Chryssoula Lemonidou, Departement of Nursing, University of Athens (Greece). Partners: Professors: Theo Dassen (Germany), Maria Gasull (Spain), Anne Scott (Scotland). Dr. Anastasios Merkouris.
Role	Main researcher, data manager for Greece

D. PHD RESEARCH (MAIN ADVISOR) (10 – Completed 9)

Project title:	Health-related quality of life of elderly coronary heart disease patients in Cyprus.
Aims/Objectives:	To explore the health-related quality of life using the SF-36 of elderly coronary heart disease patients as well as possible socio-economic determinants
Funding body:	Doctoral research project (unfunded)
Period:	2009-2012
Team:	M. Demetriou (PhD candidate). Supervision committee: Merkouris (main advisor), E Papathanassoglou, E Lambrinou

Project title:	Prevalence and correlates of depression symptoms among university students in Cyprus.
Aims/Objectives:	The primary scope of this project was the exploration of the severity of depressive symptoms in university students in Cyprus. Moreover, the association between clinical symptoms and a) life stressors, and b) socio-demographic variables was also investigated.
Funding body:	Doctoral research project (unfunded)
Period:	2010-2014.
Team:	S. Sokratous (PhD candidate). Supervision committee: A. Merkouris (main advisor), N. Middleton , M. Karanikola

Project title:	Organisational culture and effectiveness in Cypriot public health hospital.
Aims/Objectives:	To investigate the organizational culture and organizational effectiveness based on the views of medical, nursing and administration staff in Public hospitals in Cyprus
Funding body:	Doctoral research project (unfunded)
Period:	2011- 2017
Team:	E. Gabriel (PhD candidate). Supervision committee: A. Merkouris (main advisor), E. Papastavrou, N. Middleton

Project title:	Types of ethical climates as related to Missed Nursing care in the Public hospitals of the Republic of Cyprus
Aims/Objectives:	To describe the types of ethical climate as perceived by nurses and explore if there is any relationship between these ethical climate types and the reported by nurses levels of missed nursing care.
Funding body:	Doctoral research project (unfunded)

Period:	2013-2022
Team:	S. Vryonides (PhD candidate). Supervision committee: A. Merkouris (main advisor), E. Papstavrou, A. Charalambous

Project title:	Exploration of the knowledge and attitudes of nurses towards hospitalized patients with acute confusion/delirium.
Aims/Objectives:	To explore the knowledge and attitudes of nurses towards the hospitalized patients with acute confusion.
Funding body:	Doctoral research project (unfunded)
Period:	2014-2022
Team:	M. Papaioannou (PhD candidate). Supervision committee: A. Merkouris (main advisor) E. Papastavrou, C. Kouta

Project title:	Investigation of the perceived self-efficacy, empowerment and power of the middle nursing executives and their correlation with the intention to leave before and after the autonomy of the state hospitals of Cyprus
Aims/Objectives:	To explore the perceived self-efficacy, empowerment, power and intention to leave of middle nursing executives before and after the autonomy of the state hospitals of Cyprus
Funding body:	Doctoral research project (unfunded)
Period:	2014-2023
Team:	I Leontiou (PhD candidate). Supervision committee: A. Merkouris (main advisor), E. Papastavrou, C. Kouta

Project title:	Leadership style, organizational commitment and work satisfaction of physicians in Cyprus public hospitals and health centers
Aims/Objectives:	To investigate the relationship of transformational and transactional leadership style with work satisfaction of doctors in Cyprus' public hospitals and health centers
Funding body:	Doctoral research project (unfunded)
Period:	2015-2024
Team:	Gregoriou I. (PhD candidate). Supervision committee: A. Merkouris (main advisor), E. Papastavrou, A. Charalambous

Project title:	Compliance, knowledge and perceptions of health professionals in the implementation of the Clinical Guidelines for Hand Hygiene
Aims/Objectives:	The aim of the study is to explore the compliance, knowledge and perceptions of health professionals in the implementation of the Clinical Guidelines for Hand Hygiene
Funding body:	Doctoral research project (unfunded)
Period:	2015-2024
Team:	D. Constantinou (PhD candidate), A. Merkouris (main advisor), E. Papastavrou, A. Charalambous.

Project title:	Interprofessional cooperation and job satisfaction of medical and nursing staff
Aims/Objectives:	To explore the interprofessional cooperation and job satisfaction of medical and nursing staff in Cyprus
Funding body:	Doctoral research project (unfunded)
Period:	2015-2025
Team:	X Gregoriou (PhD candidate), A. Merkouris (main advisor), E. Papastavrou, A. Charalambous.

Project title:	Management of maternal services
Aims/Objectives:	To be decided
Funding body:	Doctoral research project (unfunded)
Period:	2024-
Team:	P Zisimou (PhD candidate), A. Merkouris (main advisor), E. Chatzigeorgiou, N. Middleton.

D. PHD RESEARCH (MEMBER OF THE ADVISORY COMMITTEE) (22, Completed 15)

Project title:	Compliance of Cypriot Nurses with standard precautions in order to avoid occupational exposure.
Aims/Objectives:	To construct a research instrument. To explore nurses compliance with standard precautions
Funding body:	Doctoral research project (unfunded)
Period:	2008-2012
Team:	G. Efstathiou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, V. Raftopoulos

Project title:	Learning styles and critical thinking in baccalaureate nursing students: a cross-sectional study.
Aims/Objectives:	To explore potential differences on: (a) the learning styles' distribution across four academic years, (b) the variance of students' critical thinking dispositions across academic years, (c) the variance of students' critical thinking disposition across their learning styles, (d) the variance of students' critical thinking skills across four academic years and (e) the variance of students' critical thinking skills across their learning styles.
Funding body:	Doctoral research project (unfunded)
Period:	2011-2015
Team:	C. Andreou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, C. Lemonidou

Project title:	Nurses and Physicians perceptions of their professional practice environment in the Accident and Emergency Department.
Aims/Objectives:	To explore Nurses and Physicians perceptions of their professional practice environment in the Accident and Emergency Department in relation to job satisfaction, quality of care and patient safety
Funding body:	Doctoral research project (unfunded)
Period:	2011-2015
Team:	P. Lambrou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), N. Middleton, A. Merkouris

Project title:	Phenomenological Exploration of the lived experience of persons with Severe Mental Illness in Cyprus.
Aims/Objectives:	The exploration of mentally ill patients' perceptions and meanings regarding: a) their illness, in total, b) their self-image throughout their illness, c) the lived social implications following their illness and d) the quality of the inter personal therapeutic relationship with mental health nurses/health professionals.
Funding body:	Unfunded doctoral research project
Period:	2011-2015
Team:	C. Kaite (PhD candidate). Supervision committee: M. Karanikola (main advisor), E. Papathanassoglou, M. Merkouris.

Project title:	Effectiveness of the systematic assessment of pain in critically ill patients.
Aims/Objectives:	To test the effect of systematic assessment of pain in critically ill ICU patients on the level and frequency of pain episodes, the use of pain killers and various clinical outcomes and biological markers
Funding body:	Doctoral research project (unfunded)
Period:	2011-2015
Team:	E. Georgiou (PhD candidate). Supervision committee: E. Papathanassoglou (main advisor), A. Merkouris, E. Lambrinou

Project title:	Nursing quality indicators in an ICU in Cyprus.
Aims/Objectives:	To construct an instrument of nursing care quality indicators in ICU. To explore the quality of care provided by nurses in ICU in Cyprus
Funding body:	Doctoral research project (unfunded)
Period:	2009 - 2017
Team:	E. Evangelou (PhD candidate). Supervision committee: E. Lambrinou (main advisor), A. Merkouris, C. Kouta

Project title:	Effectiveness of a nurse-led telephone educational and follow-up intervention on quality of life and self management in heart failure patients.
Aims/Objectives:	Development of an telephone-based educational and follow-up programme and assessment of its effectiveness in improving quality of life and self-management in heart failure patients.
Funding body:	Doctoral research project (unfunded)
Period:	2011- 2017
Team:	Protopapas A. (PhD candidate). Supervision committee: E. Lambrinou (main advisor), E. Papathanassoglou, A. Merkouris

Project title:	A randomized controlled trial for the use of Thymus Honey in decreasing Salivary Gland Damage following Radioiodine Therapy for Thyroid cancer
Aims/Objectives:	The primary scope of this project is to test the effectiveness of honey mouthwash in decreasing oral mucositis and sialadenitis in patients undergoing radioiodine treatment (i131)
Funding body:	Doctoral research project (unfunded)
Period:	2014-2020
Team:	A. Christou (PhD candidate). Supervision committee: A Charalambous (main advisor), E. Papastavrou, A. Merkouris

Project title:	Effectiveness of an educational training program on skin reactions induced by immunotherapies, Epidermal Growth Factor Inhibitors (EGFRI) treatments, and chemotherapies: A pilot study
Aims/Objectives:	To evaluate the effectiveness of an individualized educational program for cancer patients who developed skin reactions (pruritus, rash or photosensitivity) induced by chemotherapy, EGFRI treatment, or immunotherapy
Funding body:	Doctoral research project (unfunded)
Period:	2014-2020
Team:	E. Papoui (PhD candidate). Supervision committee: A Charalambous (main advisor), E. Papastavrou, A. Merkouris

Project title:	An exploration of the perception of ICU nurses on palliative care
Aims/Objectives:	The primary scope of this project is the exploration of the beliefs of nurses working in ICU's on palliative care issues and how these influence their practice.
Funding body:	Doctoral research project (unfunded)
Period:	2015-2024
Team:	M. Latzia (PhD candidate). Supervision committee: A Charalambous (main advisor), E. Papastavrou, A. Merkouris

Project title:	The clinical decision making and prioritization of daily nursing care
Aims/Objectives:	Investigate how nurses proceed in the decision-making process related to the prioritization of Nursing Care activities
Funding body:	Doctoral research project (unfunded)
Period:	2015-2021
Team:	M. Dimitriadou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, A. Charalambous

Project title:	Omissions and errors in drug administration.
Aims/Objectives:	To explore the type and frequency of errors, with an emphasis on omissions, during administration of medicines to inpatients and to investigate associated factors.
Funding body:	Doctoral research project (unfunded)
Period:	2017-2021
Team:	G. Savva (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, A. Charalambous

Project title:	Implementation of a training programme to increase knowledge and reduce omissions in the care of patients with dementia in nurses
Aims/Objectives:	To investigate the knowledge and attitudes of Cypriot nurses regarding the care of PwD, to evaluate behavior of care that PwD receive and to identify any omissions. The study concluded with the implementation of a training program that has increased knowledge and improved nurses' attitudes.
Funding body:	Doctoral research project (unfunded)
Period:	2017-2022
Team:	M. Evripidou (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, A. Charalambous

Project title:	Adherence, self-efficacy, social support and health literacy among the patients with glaucoma
Aims/Objectives:	The aim of the study is to investigate the level of medication adherence, self-efficacy, social support and health literacy among the patients with glaucoma and to determine if there are any correlations between them. Enriching the quantitative data with patients' personal perceptions regarding glaucoma and the importance of medication adherence was also a parallel objective of the study.
Funding body:	Doctoral research project (unfunded)
Period:	2017-2025
Team:	M. Achilleos (PhD candidate). Supervision committee: E. Papastavrou (main advisor), A. Merkouris, A. Charalambous

Project title:	Catastrophizing pain and kinesiophobia in patients with osteoarthritis
Aims/Objectives:	To assess the level of catastrophizing pain and kinesiophobia in patients with osteoarthritis and to investigate the association between catastrophizing pain and kinesiophobia.
Funding body:	Doctoral research project (unfunded)
Period:	2017-2025
Team:	A. Vitsa (PhD candidate). Supervision committee: P. Sarafis (main advisor) E. Papastavrou, A. Merkouris

E. EXTERNAL EXAMINER OF DOCTORAL DISSERTATIONS (10) (INDICATIVE):

Cyprus University of Technology

Project title:	Women's Perceptions of Their Right to Choose the Place of Childbirth
Aims/Objectives:	To investigate women's Perceptions of Their Right to Choose the Place of Childbirth
Funding body:	Unfunded doctoral research project
Period:	2009-2012
Team:	E.Hadjigeorgiou (PhD candidate). Supervision committee: C Kouta (main advisor), E Papastavrou, I Papadopoulos

University of Athens

Project title:	ICU functional cost in Cyprus
Aims/Objectives:	The description of an ICU's functional cost: fixed and variable cost.
Funding body:	Unfunded doctoral research project, University of Athens
Period:	2009-2012

Team:	P. Charilaou (PhD candidate). Supervision committee: G. Baltopoulos (main advisor), G. Fildis , P. Miriantheus

Open University of Cyprus

Project title:	Access and use of health services by immigrant domestic helpers from third countries in Cyprus
Aims/Objectives:	The purpose of this study was to investigate the conditions of access and use of health services by immigrant domestic helpers from third countries residing and working legally in Cyprus. At the same time it also examined the role of the employer in this regard.
Funding body:	Unfunded doctoral research project , Open University of Cyprus
Period:	2009-2012
Team:	Kantaris (PhD candidate). Supervision committee: M. Theodorou (main advisor), D. Kaitelidou, E. Gelasopoulou.

Middlesex University

Project title:	Human Resource Management for the Cypriot National Guard: A critical analysis.
Aims/Objectives:	To provide an overview of major HRM activities as they are performed by the CNG in comparison with prominent practices and personnel perceptions, in order to deliver a set of conclusions and recommendations that will enable improvement and modernisation.
Funding body:	Unfunded doctoral research project , Middlesex University
Period:	2000-2015
Team:	Constantinou C. (PhD candidate). Supervision committee:

Hellenic Mediterranean University

Project title:	Measurement of organizational culture of doctors, nurses and other health professionals in health centers and hospitals of Crete
Aims/Objectives:	To identify the organizational culture as experienced by physicians, nurses and other health care professionals working in public Health Centers and Hospitals of Crete, and to investigate possible correlations in the type of organizational culture, by professional group and within levels of health care organizations (primary, secondary and tertiary). A further objective was to identify the degree of role ambiguity and role conflict by level of health care and to investigate possible correlations between organizational

	culture type and the degree of role ambiguity and role conflict among physicians, nurses and other health care professionals in health care organizations of Crete.
Funding body:	Unfunded doctoral research project, University of Crete
Period:	2009-2016
Team:	Rovithis M. (PhD candidate). Supervision committee: Filalithis, A., Lionis C., Patiraki E.

F. MAIN ADVISOR MASTER THESIS (NURSING AND MIDWIFERY MS GRADUATES)

MAIN ADVISOR: 21 (18 COMPLETED)

	Title	Aim	Period	Name of student
1.	Patients' knowledge, attitudes and beliefs related to the response to acute coronary syndrome	The purpose of this study is to investigate the influence of knowledge and attitudes of patients as to the signs and symptoms of ACS and belief as to the timely arrival to hospital	2013-2015	Eleni Fratzeskou
2.	Validation of the questionnaire of acute coronary syndrome response index (ACSRI) in Cypurs population	To validate the questionnaire of acute coronary syndrome response index (ACSRI) in Cypurs population	2013-2015	Maria Fasia
3.	The Effectiveness of Psychosocial-Occupational Rehabilitation Centers for Mentally Ill People in Cyprus	To investigate the effectiveness of psychosocial-occupational rehabilitation centers located in Limassol as the reintegration of the mentally ill, and the factors affecting it.	2013-2015	Marina Christodoulou
4.	Knowledge and attitudes of oncology nurses in cyprus about palliative care and care of the dying patient	To investigate the level of knowledge of oncology nurses for palliative care and their attitudes towards the care of a dying patient in Cyprus.	2015-2018	Andreas Eleftheriou
5.	The experiences of community nurses towards the death of people with end-stage cancer where they are being treated at home	The assessment of the attitude and the investigation of the experiences of community nurses towards the death of people with end-stage cancer where they are being treated at home.	2015-2018	Loizos Loizou
6.	Bedores' prevention at ICU's	To investigate and present knowledge and attitudes of nurses toward pressure ulcer prevention at ICU's of public and private hospitals in Cyprus	2015-2018	Christos Kypri
7.	Nurses' motivation and perceived barriers in continuing education	To explore the motives and barriers of nurses in terms of participation in continuing education programs	2015-2018	Alexandros Christofi

8.	Effect of Psychoprophylaxis on Pain Management During Childbirth	To investigating the effect of psychoprophylaxis on maternal pain management during childbirth	2017-2019	Anna Charmani
9.	The effectiveness of music therapy on the perception of pain during childbirth in primiparous women.	To investigate the effectiveness of music therapy on the perception of pain during childbirth in primiparous women.	2017-2019	Andria Kalatzi
10.	Factors affecting sexual intercourse during pregnancy	To investigate the factors affecting sexual intercourse during pregnancy	2017-2019	Thalia Christodoulou
11.	Sexual activity during pregnancy	To investigate women's sexual activity before and during pregnancy	2018-2020	Katerina Panagiotou
12.	Assessment of the knowledge of pregnant women with gestational diabetes mellitus regarding their disease in Cyprus	To evaluate the knowledge of pregnant women with gestational diabetes mellitus about their illness in Cyprus	2018-2020	Kyriaki Pafiti
13.	Nursing students' fear of natural childbirth in Cyprus	To investigate the fear of nursing students about normal childbirth at a university in Cyprus and to investigate the correlation of fear with specific demographic factors	2018-2020	Maria Sofokleous
14.	Pilot study of knowledge and preparedness and experiences of nurses in the management of COVID-19 during the pandemic at the Emergency Departments	To explore the level of knowledge, preparedness and experiences of nurses working in the Accident and Emergency Department of the General Hospital of Nicosia during the COVID-19 pandemic	2020-2023	Christos Tsiarli
15.	Quality of life related to sexual function, urinary and gastrointestinal systems and hormonal function of patients diagnosed with prostate cancer and who underwent intratissue brachytherapy	To investigate the quality of life related to sexual function, urinary and gastroenterological systems and hormonal function of patients diagnosed with prostate cancer who underwent intratissue brachytherapy for a period of one year.	2020-2023	Andreas Loizou
16.	Job satisfaction of midwives in Cyprus	To evaluate job satisfaction of midwives in Cyprus and explore of its possible correlation with demographic and other organizational characteristics	2020-2024	Ioanna Papaioannou
17.	Fear of normal childbirth in Cypriot women: a quantitative study	To investigate the fear of normal childbirth in Cypriot women and explore possible correlation with demographic characteristics	2020-2024	Maria Savidou
18.	Fear of normal childbirth in Cypriot women: a qualitative study	To investigate the fear of Cypriot pregnant women about natural	2022-2024	Evi Kyriakou

		childbirth through qualitative descriptive approach.		
--	--	---	--	--

Additionally:

Member of the advisory committee for master thesis: 25
External member of the evaluation committee for master thesis: 15
Main advisor for undergraduate students: 15

VII. EDITORIAL BOARD AND REVIEWER IN SCIENTIFIC JOURNALS

2002 -	Editorial Board and Reviewer in the referred scientific journal “Nosileftiki” (indexed in CINAHL)
2004 -	Editorial Board and Reviewer in the referred scientific journal “Health and Science Journal former “Vema of Asclipios” (indexed in CINAHL) (
2007 -	Reviewer in the referred scientific international journal “International Nursing Review”
2007 -	Reviewer in the referred scientific journal “International Journal of Nursing Studies”
2007 -	Editorial Board and Reviewer in the referred scientific journal “Nursing and Research” (chief editor Prof. Crhryssoula Lemonidou, Department of Nursing, University of Athens).
2010 -	Reviewer in the referred scientific journal Int. J. Environ. Res. Public Health.
2010 -	Reviewer in the referred scientific journal of Diabetes.
2015 -	Reviewer in the referred scientific journal “BMC Nursing”
2016 -	Reviewer in the referred scientific journal “Applied Nursing Research”
2016 -	Reviewer in the referred scientific journal “Journal of Nursing Management”
2020 -	Reviewer in the referred scientific journal “BMJ Open”