

# Maria Demetriou

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## Profile

Speech and Language Therapist with well-developed core work skills of clinical problem-solving, reliability, organisation, flexibility, teamwork, and high-level interpersonal and communication skills.

## Qualifications

### Trinity College Dublin, Ireland

Sep 2022 – Sep 2023

MSc Clinical Speech and Language Therapy Studies – Dysphagia Strand

- Modules: Advanced Clinical Skills: Dysphagia, Clinical Evidence Based Practice, Research Methods 1, Research Methods 2, Research Methods 3
- Dissertation: “Investigating what bolus items are used internationally by clinicians during VFSS and how contrast agent weight-to-volume (w/v) is calculated: An International Survey”

### Cyprus University of Technology, Cyprus

Sep 2017 – Jun 2021

BSc in Speech and Language Therapy

- Dissertation: “Connected speech of Greek speaking population with fluent and non-fluent aphasia, as well as nonimpaired speakers of modern Greek”

## Work Experience and Employment

### Tallaght University Hospital, Dublin, Ireland

Feb 2023 – Mar 2023

#### Beacon Hospital, Dublin, Ireland

Feb 2023 – Mar 2023

Clinical Experience – 80 hours

- Worked with adult inpatients and outpatients with neurological and respiratory conditions to assess, diagnose, and manage swallowing and communication disorders.
- Dysphagia - bedside swallowing and mealtime assessments
- Case note taking and report writing.
- Attendance and contribution speech and language therapy and multidisciplinary team meetings
- Support from clinical educator to analyse, interpret, and report on instrumental assessments (VFSS and FEES).
- Contributed to Quality Improvement – flow testing of IDDSI consistencies during VFSS clinic.

### Cyprus Ministry of Education, Sport, and Youth

Jan 2021 – May 2021

Speech Therapist (Internship)

- Managed paediatric caseload (aged 5 – 11 years old) with clinical supervision, working with children with autism, speech sound disorders, articulation disorders, attention deficit/hyperactivity disorders and mild intellectual disability in elementary schools.
- Informal and formal communication assessment.
- Delivery of one-to-one and group therapy; designed home therapy programmes.
- Accurate documentation of sessions in medical files and reports.
- Effective communication with children, parents, and other professionals.
- Worked as part of a multidisciplinary team comprised of social workers, special education teachers, occupational therapists, and psychologists.

**Charitable Association for the Support of People with Dementia – “Ithaca”**

Sep 2020 – Dec 2020

Speech Therapist (Internship)

- Informal and formal communication assessment and management of adults with dementia and mild cognitive impairment.
- Facilitated one-to-one and group communication therapy session.
- Accurate and timely documentation of sessions and reports.
- Development of resources including therapy materials and communication boards.

**University Rehabilitation Clinic of the Cyprus University of Technology**

Sep 2019 – May 2020

Speech Therapist (Internship)

- Experience working with a diverse paediatric caseload including children with childhood apraxia of speech, voice disorders, orofacial myofunctional disorders, and speech delay to assess and deliver therapy for communication disorders (speech, language, fluency).
- Accurate and timely progress note writing.
- Development of resources including therapy materials, games, home programmes and communication boards.

**Professional Development**

ESSD 2023 13<sup>th</sup> Annual Congress – Deglutition: What a junction! (28 Nov – 02 Dec), Toulouse, France

The Role of Oral Musculature in Swallowing and the Therapeutic Benefits of IOPI Aug 2023

Electrical Stimulation in the Normal and Impaired Swallow Aug 2023

Certified Rater and Member of MoCA – Cognitive Assessment #CYDEMMA710660316-01 Jun 2023

Modified Barium Swallow Impairment Profile (MBSImP) Training Feb 2023

HSE Mandatory Training – Tallaght University Hospital and Beacon Hospital Jan 2023

Speech Management for Children with Cleft Lip & Palate: State-of-the-art – Overview of Cleft Palate & Cleft Palate Speech” (Cleft Palate and Craniofacial Conditions Committee) Jan 2022

School for Caregivers of People with Dementia – Alzheimer 2020 (Athens Alzheimer’s Association) Nov – Dec 2020

Therapeutic Approaches of Children with Clefts and Craniocerebral Abnormalities – Newer Views and Data Seminar Nov 2019

**Posters**

Dimitriou, M. & Kenny, C. (2023, November 28 – December 02). Investigating what bolus items are used internationally by clinicians during VFSS and how contrast agent weight-to-volume (w/v) is calculated: An International Survey [E-poster presentation]. ESSD 2023 13<sup>th</sup> Annual Congress, Toulouse, France.

**Language Proficiency**

Greek – Native Language

English – Fluent

IGCSE: Grade C(c) – Grade 2 in Oral/Aural

Nov 2016

IELTS CEFR C1 – Overall Band Score 7.5

Dec 2021

Russian – Basic

Elementary (A1)

July 2014

Basic Level

Sept 2015

## **IT Proficiency**

ECDL – M3: Word Processing  
– Computer Essentials

Sept 2013  
Aug 2014

Microsoft Office – Advanced user

## **Professional Affiliations**

Cyprus Registration Council for Speech-Language Pathologists – Member #761  
Registered member of the Cyprus Association of Speech-Language Pathologists  
Registered member of the European Society for Swallowing Disorders (ESSD)

Jul 2021 – Current  
Jul 2021 – Current  
Sept 2023 – Current

## **Referees**

**Dr. Ciaran Kenny**

[ciaran.kenny@tcd.ie](mailto:ciaran.kenny@tcd.ie)

Assistant Professor

Clinical Speech, and Language Studies

Trinity College Dublin, Ireland