

**Acrobatics on the pandemic rope:
Balancing for “normality” in the midst
of “abnormality”**

Tuesday 02/02/2021 | 18:00

Within the Learning Development Network’s activities, the Center of Student Development presents the online seminar:

***Acrobatics on the pandemic rope:
Balancing for “normality” in the midst of “abnormality”***

COVID19 Pandemia.

A debriefing a year later, after swimming in constantly everchanging surroundings. The need to combine so many roles in a limited environment, feels so surreal. The feelings and sensations are bizarre. How do we combine our responsibilities, how do we bounce back and how do we take care of ourselves?

(GR Language)

Speaker:

Georgia Frangou, Registered Clinical Psychologist, Counseling Officer at Center of Student Development, University of Technology

[Link: Click here to join the meeting](#)