

# ***CURRICULUM VITAE***

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## **EDUCATION**

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### **Ph.D Community – Family Nursing/ Public Health (2015)**

Cyprus University of Technology (CUT)  
Faculty of Health Science  
Department of Nursing

**Project title:** ‘An investigation into the health status of mothers in single parent families in Cyprus’

### **MA Healthcare Management (2010)**

Open University of Cyprus  
Faculty of Economics and Management

Dissertation Title: “Researching and assessing patient satisfaction for healthcare services provided in the four urban hospitals in Cyprus”

### **DIPLOMA in Community Nursing (2006)**

School of Nursing, Nicosia, Cyprus

### **BSc (Hons) Professional Studies in Nursing (1995)**

Anglia University (United Kingdom/Cambridge)  
Faculty of Health & Social Work

### **DIPLOMA of General Nursing (1994)**

School of Nursing, Nicosia, Cyprus

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## ACADEMIC EXPERIENCE

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- 2002 – 2009** Nurse Educator in Postgraduate Programs  
School of Nursing Nicosia, Cyprus
- 2009- today** Special Teaching Staff in Undergraduate and Postgraduate Programs  
General Nursing  
Cyprus University of Technology

## PROFESSIONAL EXPERIENCE

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- 1995-1997** Nursing Officer at Larnaca General Hospital (Cyprus-Public Sector) – Clinical experience in Accident and Emergency Department
- 1997-2002** Nursing Officer at Limassol General Hospital (Cyprus-Public Sector) – Clinical experience in Intensive Care Unit

## KNOWLEDGE AND QUALIFICATIONS

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- 2003-2004** Certificate in Teacher’s Education Training of Pedagogical Institute of Cyprus  
Pedagogical Institute of Cyprus
- 2005** Member of the American College of Surgeons – PHTLS Course
- 2002** BLS and ALS Provider Course

## PUBLICATIONS AND CONFERENCE PRESENTATIONS

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### A. PUBLICATIONS

**Rousou, E.** (2009) The repercussions of globalisation in the health sector and the role of international organisms in the configuration of political health. *Cyprus Nursing Chronicles*, 10(2), pp:7-15

Charalambous, A. & **Rousou, E.** (2010) The factors contributing to ‘epidemiological transition’ and its consequences in the organization of health care services and the development of health policy. *Archives of Hellenic Medicine*, 27(6), pp: 926-983

**Rousou, E.** (2011) Conflict management between nursing and medical staff working in Accident and Emergency Departments of the Public Hospitals in Cyprus: a research study. *Cyprus Nursing Chronicles*, 12(1), pp: 36-50

**Rousou, E.,** Kouta, C., Middleton, N. and Karanikola, M. (2013) Single mothers' self-assessment of health: a systematic exploration of the literature. *International Nursing Review*, 60(4):425-434.

**Rousou, E.,** Kouta, C., Middleton, N. and Karanikola, M. (2015) *Prevalence, socio-demographic correlates and association of social support with poor self-rated health and depressive symptomatology among single mothers in Cyprus: a descriptive cross-sectional study.* BMC nursing [Accepted September 2015]

## B. CONFERENCE PRESENTATIONS

Vasiliou M., Rousou, E. (2015) Poster Presentation: Is cultural competency necessary for Cypriot community nurses?. In: *4<sup>th</sup> ETNA international conference: 'Reclaiming compassion as the heart of nursing'*, Budapest 29-30 June, 2015. European Transcultural Nurses Association.

Rousou, E., Kouta, C., Middleton, N. (2014) An investigation into the health status of mothers in single parent families in Cyprus. In: *21<sup>st</sup> Cyprus nurses and midwifery association conference*, Agia Napa, 14-15 November, 2014. Commonwealth Nurses Federation (CNF) and Cyprus Nurses and Midwives Association.

Rousou, E., Kouta, C., Middleton, N. (2014) Single mothers' health in Cyprus: depressive symptomatology in relation to their socioeconomic status. In: *1<sup>st</sup> International Conference of Community & Public Health Nursing, 'Research, Education and Practice'*, Athens, 14-16 November, 2013

Rousou, E., Kouta, C., Middleton, N. (2013) Single motherhood and health. In: *10<sup>th</sup> European Conference of the Commonwealth Nurses Federation*, 15-16 March 2013. Commonwealth Nurses Federation (CNF) and Cyprus Nurses and Midwives Association.

Rousou, E., Kouta, C., Middleton, N. (2012) Single parenthood and health: Systematic review of the literature. In: *19<sup>th</sup> Pancyprian Conference of Nursing and Midwifery*, 30<sup>th</sup> November – 1<sup>st</sup> December, 2012. Cyprus Nurses and Midwives Association.

Rousou, E., Pavlakis, A. (2011) Conflict management between nursing and medical staff working in Accident and Emergency Departments of the Public Hospitals in Cyprus. In: *18<sup>th</sup> Pancyprian Conference of Nursing and Midwifery*, 25-26 November, 2011. Cyprus Nurses and Midwives Association.

Rousou, E., Pavlakis, A. (2010) Conflicts between doctors and nurses in Accident and Emergency Departments. In: *5<sup>th</sup> Symposium of Emergency Nursing*, 9<sup>th</sup> October, 2010, Limassol, Cyprus

Rousou, E. (2009) Guidelines for tracheostomy care. Limassol General Hospital, 20<sup>th</sup> March, 2009

Rousou, E., Gregoriou, P. (2004) Nursing as healing in Intensive Care Units. *1<sup>n</sup> Symposium of Emergency Nursing*, 8<sup>th</sup> March, 2004, Nicosia, Cyprus.