

Analytical curriculum vitae of the Department of Nursing

Sokrates Sokratous, Assistant Professor, School of Health Science, Department of Nursing,

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Sokrates Sokratous processes a Diploma in General Nursing (Nursing School, Cyprus, 1989-1993), Degree in Nursing with Education (Anglia Polytechnic University, UK, 1993-1994), Postgraduate Diploma in Education (Anglia Polytechnic University, 1994), Degree in Primary Education (University of Athens, Greece, 2000-2003), Postgraduate Diploma in Mental Health Nursing (Nursing School, Cyprus, 2004-2005), Master in Management in Health (Open University, Cyprus, 2006- 2009), Ph.D. in Mental Health Nursing (Cyprus University of Technology, 2010 - 2014). He joined the Department of Nursing, Health Sciences, University of Technology in 2008 as a Lecturer and then as a senior Lecturer in Mental Health Nursing. Today he is Assistant Professor. He is a Erasmus coordinator for the Nursing Department of CUT. Previously he employed at School of Nursing in Nicosia, Ministry of Health, as a Lecturer in Nursing (1994 - 2008).

Professional experience

1. 1994-1997: Nicosia and Larkana General hospitals in Cyprus, departments of Emergency and Accidents department, Orthopedics and Geriatric Departments.
2. 1994-2007: School of Nursing in Nicosia, Ministry of Health, as a Lecturer in Nursing, Cyprus.
3. 2008-2010: Cyprus University of Technology, School of Health Sciences, Department of Nursing, Lecturer.
4. 2010 - 2015: Cyprus University of Technology, School of Health Sciences, Department of Nursing, Senior Lecturer.

5. 2015 - today: Cyprus University of Technology, School of Health Sciences, Department of Nursing, Assistant Professor.

Academic Qualifications

1. Diploma in General Nursing (Nursing School, Cyprus, 1989-1993).
2. Degree in Nursing with Education (Anglia Polytechnic University, UK, 1993-1994).
3. Postgraduate Diploma in Education (Anglia Polytechnic University, 1994).
4. Degree in Primary Education (University of Athens, Greece, 2000-2003).
5. Postgraduate Diploma in Mental Health Nursing (Nursing School, Cyprus, 2004-2005).
6. Master in Management in Health (Open University, Cyprus, 2006- 2009).
7. Ph.D. in Mental Health Nursing (Cyprus University of Technology, 2010-2014).

Research interests

His research interests fall within the sphere of mental health (e.g depression). His research interest is focused on the detection of mental disorders in children, adolescents and post-teenage, young adults, and the elderly aimed at early diagnosis, intervention and improving their quality of life.

At the same time, his research devoted to the evaluation and improvement of public sector mental health services for people affected by severe mental disorders, serious emotional disturbances and/or addictions. Specifically, his research focuses on working in diverse areas, including public policy, epidemiology, neurobiology, and the treatment of addictive disorders.

His research interest is also focused on the assessment of Vocational Health Professionals' health, in relation to their working conditions at individual and organizational level, aiming at improving the quality of health care provided.

Teaching courses

1. Undergraduate study program

Mental Health Nursing I

Mental Health Nursing II

First aid

Basic Principles of Teaching and Learning in Nursing studies

Thesis

Head of Clinical Coordination for Students in the Mental Health lesson I.

Clinical coordination for all students.

2. Postgraduate study program

Mental Health Nursing I

Mental Health Nursing II

Addictive disorders and Related mental health disorders

Mental Health disorders in Children and Adolescents

Postgraduate thesis

Head of Clinical Coordination of Postgraduate Students in Mental Health Nursing.

Other academic responsibilities

1. Coordination and administrative work in a Clinical area for clinical education of students of School of Nursing in Limassol and Paphos General hospital, Cyprus.
2. Clinical assessment and evaluation work of Nursing School Students.
3. State examiner appointed (Ministry of Health) for Mental Health Issues (for five years)
4. Counselling and guidance of students.
5. Guidance and academic assistance to students to complete their research dissertation.
6. Writing teaching materials for academic used in Nursing students.
7. Writing teaching materials for academic used for CUT students.
8. Teaching CUT students' in Surgery Laboratories.
9. Teaching CUT students' in First Aid Laboratories.

10. Co-ordination and administrative work for the clinical practice of CUT students in Limassol and Paphos (Basic and Mental health Nursing studies).
11. Examiner in nurses (special courses) CUT students thesis.
12. Examiner in undergraduate and postgraduate CUT students' thesis.
13. Co-ordination and administrative work for the clinical practice of CUT postgraduate students in Mental Health studies.
14. Coordinator in Postgraduate Specialization Programs in Mental Health (2010 - today).
15. Erasmus coordinator for 5 years.

Professional or Other Activities

1. State Examiner appointed by the Ministry of Health for Mental Health Nursing Issues.
2. Organization, participation and presentation issues in national and international conferences for Nursing.
3. Member of the American College of Surgeons - PHTLS Course (Emergency Pre-hospital Care).
4. Administrative and Nursing work in geriatric institutions/rehabilitations centres (voluntary work).
5. Voluntary teaching in First Aid to a saint John ambulances institute.
6. Blood donations for Nursing students.
7. Member of the Central Academic Council of Nursing (until 2009).
8. Member of Consultative Committees for Student Assessment (until 2009).
9. Member of the Nurses Trade Union Commission for 12 consecutive years (until 2008).
10. Member of advisory Committees in CUT.

Publications

In Greek journals (With Judges)

1. Socratous, S. (2010). The Process and the Importance of Incitement as a Critical Component in the Activation of Nursing Capabilities in a Public Hospital Cyprus Nursing Chronicles, 8 (1), p.39-49.

2. Charalambous, A & Sokratous, S. (2010). Descriptive Analysis of the Health System of Cyprus on the basis of the main welfare state theories (Nursing).
3. Charalambous, A & Sokratous, S. (2010). Comparative Analysis of Primary Health Care Services provided under the Health Systems of Cyprus and Greece and Introductory Measures for Improving Services in Cyprus (Archives of Greek Medicine).
4. Charalambous, A & Sokratous, S. (2010). Globalization, Health and Health Policy (Nursing).
5. Sokratous, S. (2010). Comparison of Public and Private Hospitals, *Cypriot Nursing Chronicles*, 8 (1), p.39-49.
6. Sokratous, S. (2009). Detection of Depressive Symptomology in Children: An Epidemiological Approach, Masters Dissertation, Open University of Cyprus, Cyprus.

In national and International Journals - English Speeches (With Judges)

1. Sokratous S. (2010). Managerial efforts for implementing a program in Home Care for old age people from a public hospital. *Cyprus Nursing Chronicles*, 8(1), p.39-49
2. Sokratous S, Merkouris, A, Middleton, Karanikola, M. (2013). The association between stressful life events and depressive symptoms among Cypriot university students: a cross-sectional descriptive correlational study, *BMC Public Health*, 13:1121.
3. Sokratous S, Merkouris, A, Middleton, Karanikola, M. (2014). The prevalence and socio-demographic correlates of clinically significant depressive symptoms among Cypriot university students: a cross-sectional descriptive co-relational study (*BMC Psychiatric*: 14, PMC: 4147177)
4. Sokratous S, Merkouris, A, Middleton, Karanikola, M. (2014). Mental Health among Cypriot university students: a cross-sectional descriptive correlational study (*BMC Nursing- in progress*).

5. Sokratous S, Zilides C, Panagi D, and Karanikola M (2017). Prevalence of depressive symptoms among schoolchildren in Cyprus: a cross-sectional descriptive correlational study. *Child Adolesc Psychiatry Ment Health* (2017) 11:7 DOI 10.1186/s13034-017-0145-8

References for Conferences

1. 19 Cyprus Nursing and Midwifery Conference 2012: **The association of social-demographic factors in depression with university students**, Paphos Cyprus.
2. 4th Congress of Psychiatry 2013: **Investigation of Depressive Symptoms in University Students**, September 27-29, Larnaca, Cyprus.
3. 10 Commonwealth Nursing Congress 2014: **Depressive symptoms and stressful life events among university students in Cyprus**, Larnaka, Cyprus.
4. 9th Greek Child Psychiatric Congress: **Depression among primary school children in Cyprus**, September, 2016, National Academy of Athens, Athens, Greece.
5. Greek Interdisciplinary Congress, Sleep-Alert: Wellbeing, Functionality, Safety 2018: **Exploring the relationship between self-reported health and sleep quality in healthcare professionals**, 23-25 November, Athens, Greece.
6. EPA 2020: **Qualitative inquiry into the strategies of grieving parents whose offspring completed suicide**, Madrid, Spain on 28-31 March 2020.